

Parent Guide

We are excited to share this content with you. If you are interested in finding more resources made especially for Parents, then check out these links to different areas of the **Twinkl Parents** hub.

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What is this resource and how do I use it?

This resource is designed to save you time by offering you a ready-made checklist of things that you'll need to tick off before your child starts school. Simply tick them off as you go and feel reassured that you've covered all bases.

What is the focus of this resource?

Organisation

Motivation

Further Ideas and Suggestions

Whether you're looking for resources for your child to do to help them prepare for school or you're looking for tips as a parent or carer, visit our [Starting Nursery or School](#) area.

Parents Blog



Parenting Wiki



Parenting Podcast



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Parents Hub

Starting School To Do List



Things to do before September

- Label new uniform and equipment that you plan to send with your child.
- Make sure your child is up to date with any health appointments, such as an eye test to ensure they have glasses ready if they need them.
- Book a haircut appointment.
- Note important term dates in your diary or calendar.
- Plan lunch box ideas if your child will be taking packed lunches.
- Schedule pick up and drop off plans and plan childcare accordingly.
- Establish a school routine shortly before the end of the holidays to get your child used to a set bedtime/get up time.
- Enjoy the summer holidays together.

Things to send your child to school with on their first day

- bag/book bag
- PE kit
- spare set of clothes
- coat, hat and gloves
- lunch box (if they are taking packed lunches)
- water bottle
- medical equipment (for example an inhaler)

Don't forget to take a photo of your child on their first day of school. It's a lovely keepsake and makes for a great comparison photo if you take another one at the end of their time in reception or even many years later on their last day at primary school.

Things to buy

School Uniform

- polo shirts
- jumpers
- socks/tights
- trousers/skirts/shorts/pinafores
- shoes
- autumn/winter coat
- woolly hat and gloves
- sun hat

PE Kit

- PE kit bag
- plimsolls or trainers
- shorts
- T-shirt
- hoodie
- jogging bottoms
- spare socks
- hair bobble (where needed)

Equipment

- book bag (often sold by the school) or small school bag
- water bottle
- lunch box

Things to do the night before they start school

- Pack your child's school bag and encourage them to help (this way they know where everything is).
- Pack up their lunch box.
- Get their school uniform ready for the morning.
- Set an alarm.

Top tip

Don't forget to take a photo of your child on their first day of school. It's a lovely keepsake and makes for a great comparison photo if you take another one at the end of their time in reception or even many years later on their last day at primary school.