



#### Click Clever. Click Safe.

Internet safety guidelines for children to follow and learn.



# The internet is amazing when used safely and correctly.



Here are some simple rules that will help you make sure it stays amazing so that it plays a healthy part of your life.



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### Zip It

Really think twice about everything that you say online. Don't give away your real name, address or even which school you go to or which clubs you are in.



#### Back to Click Clever Click Safe

#### Block It

- If something looks odd, it probably is!
- Block and delete emails from anyone you don't know.
- Do not open any attachments from people you don't know as it could be a nasty virus!
- If anyone sends you a nasty email or message, don't get into a discussion, just block them and then tell an adult.
- This applies to all devices that use the Internet, e.g. Games consoles (Xbox or PlayStation) and tablets (iPad).

#### Back to Click Clever Click Safe



## Flag It

Flag up anything that is not right.

This means tell someone you trust – they might be able to help get something done about it.

These things might include:

- Cyberbullying
- Someone asking to meet you in real life
- Anything that upsets or worries you
- Anything you think might be illegal

Back to Click Clever Click Safe



### Cyber Bullying

Cyberbullying is no different to bullying in real life. You don't need to put up with it!

- If someone says something that upsets you, tell someone you trust about it, such as a teacher or parent and block the bully.
- Remember that typing something nasty in a message to someone is just as upsetting as saying it to their face. Think before you send!
- Keep evidence to show your trusted adult. You might even need to do a screenshot.

#### Meeting People Offline

- Never meet anyone from the Internet without an adult with you as this is very dangerous!
- Remember, people may not be who they say they are... anyone can upload a photo of someone else and call themselves by a different name with a made-up profile of their age and interests.
- Talk to a trusted adult about it if anyone has asked you to meet them in real life.



The main thing to remember is: Be smart and safe by making the right choices. If you are ever unsure, **ask for help and advice.** Do not deal with it alone!



Happy Surfing

Now create your own poster or leaflet, giving other children advice so that they too can keep safe online.

You could create this on paper or on a PowerPoint or Word document.

Remember: It is also important to keep safe when using a phone or a games console!