

## Home Learning Schedule – EYFS

Before 8am	Wake up routine	Get dressed Make your bed and tidy your bedroom
8am - 9am	Breakfast Wash your face and brush your teeth Morning walk/ calm activity	Yoga, family walk, stretches, story time
9am - 10am	Learning time	English task
10am – 11am	Chore time	A. Help to clean the bathroom B. Help to sort the washing C. Tidy your bedroom
11am – 12pm	Learning time	Maths task
12pm – 1pm	Lunch and play	Eat lots of fruit and vegetables to help keep you healthy and remember to drink lots of water.
1pm – 2pm	Learning time	'Other' task – creative, understanding the world, physical development
2pm – 2.30pm	Creative time	Lego, drawing, crafting, play music, cook, bake etc.
2.30pm – 3.15pm	Quiet time	Reading, puzzles etc