

Year 1: Activities to do over the Easter Break

Games and Activities:

- Play hide and seek
- Make a den out of blankets and pillows
- Make a spy maze out of string (Consult this website for ideas and instructions: <https://www.mybaba.com/string-maze/>)
- Wash your family's car
- Blow bubbles
- Plant flowers
- Have a picnic in the garden
- Play a board game
- Video-call family members or friends who live far away
- Do a jigsaw puzzle
- Go on a treasure hunt around your house
- Have a family talent show
- Do a science experiment (Consult this website for ideas and instructions: <https://www.dayoutwiththekids.co.uk/blog/easy-cool-science-experiments-for-kids>)

Things to get you Moving:

- Have everyone in your family choose their favourite song and have a dance party in the living room
- Have a water fight
- Make an obstacle course inside
- Play football (outside in the garden *or* inside on the table using your hands and a scrunched up piece of paper)
- Diversity Dancing- they are now providing free weekly dance tutorials for all levels (Website: <https://20dv.co.uk/>)
- Play one of the '10 Minute Shake Up' games (<https://www.nhs.uk/10-minute-shake-up/shake-ups>)
- Continue to do any of the P.E activities and videos listed in the 'KS1 Extra Resources' document

Art, Craft and Cooking Activities:

- Decorate Easter Eggs (use this website for ideas: <https://www.dayoutwiththekids.co.uk/blog/easter-crafts-egg-decorations>)
- Make a fairy garden (Consult this website for instructions and ideas: <https://www.homedit.com/create-a-fairy-garden/>)
- Make a dinosaur garden (Consult this website for instructions and ideas: <https://www.dayoutwiththekids.co.uk/blog/dino-digs-how-to-create-a-dinosaur-garden-for-kids>)
- Make bird feeders (Consult this website for ideas and instructions: <https://www.dayoutwiththekids.co.uk/blog/early-bird-3-easy-bird-feeders-kids-can-make>)
- Use toilet rolls to make crafts (Consult this website for ideas and instructions: <https://www.dayoutwiththekids.co.uk/blog/rolls-of-fun-5-crafts-to-make-using-toilet-rolls>)
- Paint rocks to decorate your garden
- Make a rainbow to hang in your window in support of key workers and NHS staff
- Make parachutes for your toys with cloth and string
- Make tissue box monsters (Consult this website for ideas and instructions: <https://www.thebestideasforkids.com/tissue-box-monsters/>)
- Have a drawing competition
- Make Easter Egg nests (Consult this website for instructions: <https://www.bbcgoodfood.com/recipes/shredded-wheat-nests>)
- Make rice pop donuts (Consult this website for instructions: <https://www.bbcgoodfood.com/recipes/rice-pop-doughnuts>)
- Tune into ‘Kids Cook with Theo’ every Monday, Wednesday and Friday (<https://www.instagram.com/theocooks/> if you have Instagram, simply follow @thecooks. At about 4:00 you will get a notification that they are live and you will then be able to tune into their live feed. If you do not have an Instagram account, it is free to make one.)

Most importantly: have fun and stay safe!

Happy Easter from the Year 1 Team! 😊