

## Autumn/Winter Menu

### Week 1

|   |   |  |  |
|---|---|--|--|
| <b>Monday</b>   |   |  |  |
| <b>Hot Heroes Choice 1</b>  | <b>Hot Heroes Choice 2</b>  | <b>Extra Choice</b>  | <b>Just Desserts</b>   |
| Big Brunch<br>Pork Sausage<br>Vegetarian Sausage<br>Free Range Omelette<br>Crispy Potatoes &<br>Baked Beans | Pasta Twists with Tomato<br>Sauce<br>Dough Balls<br>Salad Selection               | Filled Jacket Potato with<br>Salad Selection                                     | Toffee Traybake &<br>Custard<br>Jelly & Fruit Yoghurt<br>Fruit Selection & Milk        |
| <b>Tuesday</b>  |   |  |  |
| <b>Hot Heroes Choice</b>  | <b>Hot Heroes Choice 2</b>  | <b>Extra Choice</b>  | <b>Just Desserts</b>   |
| Loaded Mild Beef<br>Nachos<br>Vegetable Chilli<br>Nachos<br>Mixed Rice<br>Salad                             | Lancashire Butter Pie<br>Vegetable Medley or<br>Baked Beans                       | Filled Jacket Potato with<br>Salad Selection                                     | Marble Shortbread &<br>Fruit Wedges<br>Jelly & Fruit Yoghurt<br>Fruit Selection & Milk |
| <b>Wednesday</b>  |   |  |  |
| <b>Hot Heroes Choice</b>  | <b>Hot Heroes Choice 2</b>  | <b>Extra Choice</b>  | <b>Just Desserts</b>   |
| Roast Chicken Fillet<br>Roast Quorn Fillet<br>with<br>Roast Potatoes<br>Seasonal Vegetables &<br>Gravy      | Tomato & Mascarpone<br>Pasta<br>with<br>Homemade Herby Bread<br>Salad Selection   | Filled Jacket Potato with<br>Salad Selection                                     | Raspberry Bun<br>Jelly & Fruit Yoghurt<br>Fruit Selection &<br>Milk                    |
| <b>Thursday</b>   |   |  |  |
| <b>Hot Heroes Choice</b>  | <b>Hot Heroes Choice 2</b>  | <b>Extra Choice</b>  | <b>Just Desserts</b>   |
| Beef Burger in a bun<br>Vegetarian Burger in a<br>bun<br>Paprika Wedges<br>Sweetcorn<br>Tomato Ketchup      | Mac 'n Cheese<br>Crusty Bread<br>Salad Selection                                  | Filled Jacket Potato with<br>Salad Selection                                     | Vanilla Cookie & Fruit<br>Wedges<br>Jelly & Fruit Yoghurt<br>Fruit Selection & Milk    |
| <b>Friday</b>   |   |  |  |
| <b>Hot Heroes Choice</b>  | <b>Hot Heroes Choice 2</b>  | <b>Extra Choice</b>  | <b>Just Desserts</b>   |
| Golden Crumb Fish<br>Fingers<br>Oven Baked Chips<br>Garden Peas<br>or Baked Beans                           | Homemade<br>Margherita Pizza<br>Oven Baked Chips<br>Garden Peas<br>or Baked Beans | Selection of Filled<br>Sandwiches<br>Oven Baked Chips<br>Vegetable Sticks & Dips | Chocolate Brownie<br>Jelly & Fruit Yoghurt<br>Fruit Selection &<br>Milk                |