

Autumn/Winter Menu

Week 3

Monday			
Hot Heroes Choice 1	Hot Heroes Choice 2	Extra Choice	Just Desserts
Pork & Carrot Meatballs Vegetarian Meatballs Mild Chilli & Sweet Pepper Sauce Mixed Rice Salad Selection	Salmon & Sweet Potato Fishcake Herby Potatoes Vegetable Medley	Filled Jacket Potato Salad Selection	Chocolate Traybake & Custard Jelly & Fruit Yoghurt Fruit Selection & Milk
Tuesday			
Hot Heroes Choice	Hot Heroes Choice 2	Extra Choice	Just Desserts
Savoury Mince & Dumplings Mashed Potatoes Green Beans & Carrots	Pasta Tubes & Tomato Sauce Homemade Dough Balls Salad Selection	Filled Jacket Potato Salad Selection	Vanilla Shortbread & Fruit Wedges Jelly & Fruit Yoghurt Fruit Selection & Milk
Wednesday			
Hot Heroes Choice	Hot Heroes Choice 2	Extra Choice	Just Desserts
Roast Chicken or Roast Quorn Fillet & Gravy Roast Potatoes Seasonal Vegetables	Tomato & Mascarpone Pasta Homemade Herby Bread Salad Selection	Filled Jacket Potato Salad Selection	Oaty Flapjack Jelly & Fruit Yoghurt Fruit Selection & Milk
Thursday			
Hot Heroes Choice	Hot Heroes Choice 2	Extra Choice	Just Desserts
Chicken Curry Vegetarian Curry Mixed Rice Naan Bread	Vegetarian Sausage Roll Paprika Potatoes Garden Peas or Baked Beans	Filled Jacket Potato Salad Selection	Lemon Cookie & Fruit Wedges or Jelly & Fruit Yoghurt Fruit Selection & Milk
Friday			
Hot Heroes Choice	Hot Heroes Choice 2	Extra Choice	Just Desserts
Golden Crumb Fish Fingers Oven Baked Chips Garden Peas or Baked Beans	Homemade Margarita Pizza Oven Baked Chips & Sweetcorn	Selection of Sandwiches Oven Baked Chips Vegetable Sticks & Dips	Cupcake or Jelly & Fruit Yoghurt Fruit Selection & Milk