


KS1 DT		Cycle B- Year 1/2 - Spring - Food - Healthy sandwiches	
Design		Make	Evaluate
<ul style="list-style-type: none"> • Use pictures and words to convey what they want to design/make. • Propose more than one idea for their product. • Use kits/reclaimed materials to develop more than one idea. • Model ideas with kits, reclaimed materials. • Select appropriate technique explaining: First... Next... Last.... • Explore ideas by rearranging materials. • Select pictures to help develop ideas. • Use drawings to record ideas as they are developed. • Add notes to drawings to help explanations. • Describe their models and drawings of ideas and intentions. 		<ul style="list-style-type: none"> • Discuss their work as it progresses. • Select materials from a limited range that will meet the design criteria. • Select and name the tools needed to work the materials. • Explain what they are making. • Explain which materials they are using and why. • Name the tools they are using. • Describe what they need to do next. 	<ul style="list-style-type: none"> • Explore existing products and investigate how they have been made. • Decide how existing products do/do not achieve their purpose. • Talk about their design as they develop and identify good and bad points. • Note changes made during the making process as annotation to plans/drawings. • Say what they like and do not like about items they have made and attempt to say why. • Discuss how closely their finished product meets their design criteria and how well it meets the needs of the user.
Key Learning		Vocabulary	Chef- Teresa Cutter
<ul style="list-style-type: none"> • Develop food vocabulary using taste, smell, texture and feel. • Cut, peel, grate, chop a range of ingredients • Works safely and hygienically • Group familiar food products e.g fruits and vegetables • Explain where food comes from • Understand the need for a variety of foods in a diet • Measure and weigh food items, non-statutory measures. 		<ul style="list-style-type: none"> • fruit and vegetable names, • names of equipment and utensils, • sensory vocabulary e.g. soft, juicy, crunchy, sweet, sticky, smooth, sharp, crisp, sour, hard, flesh, skin, seed, pip, core, slicing, peeling, cutting, squeezing, • healthy diet, • choosing, • ingredients • nutrients 	 <p>Teresa Cutter is known around the world as The Healthy Chef, Teresa Cutter is a classically trained chef, nutritionist and fitness instructor.</p>
National Curriculum links:			
<ul style="list-style-type: none"> • Develop the creative, technical and practical expertise needed to perform everyday tasks confidently and to participate successfully in an increasingly technological world • Build and apply a repertoire of knowledge, understanding and skills in order to design and make high-quality prototypes and products for a wide range of users • Critique, evaluate and test their ideas and products and the work of others • Use the basic principles of a healthy and varied diet to prepare dishes 			

<ul style="list-style-type: none">Understand where food comes from			
Design	Make	Evaluate	Technical knowledge
<ul style="list-style-type: none">Design purposeful, functional, appealing products for themselves and other users based on design criteriaGenerate, develop, model and communicate their ideas through talking, drawing, templates, mock-ups and, where appropriate, information and communication technology	<ul style="list-style-type: none">select from and use a range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing]select from and use a wide range of materials and components, including construction materials, textiles and ingredients, according to their characteristics	<ul style="list-style-type: none">Explore and evaluate a range of existing productsEvaluate their ideas and products against design criteria	<ul style="list-style-type: none">Build structures, exploring how they can be made stronger, stiffer and more stableExplore and use mechanisms [for example, levers, sliders, wheels and axles], in their products.