

# Intimate Care Policy St Peter's C of E

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## 1. Aims

This policy ensures that:

- Intimate care is carried out respectfully, safely, and in line with agreed plans.
- Children's dignity, rights, and well-being are protected.
- Staff are trained and supported to deliver intimate care appropriately.
- Parents are informed and involved in decisions regarding their child's intimate care.

## 2. Definition of Intimate Care

Intimate care refers to tasks involving direct or indirect contact with or exposure of private parts of the body, including:

- Changing nappies, underwear, continence pads, or sanitary wear.
- Assisting with toileting.
- washing.
- Administering certain medical treatments (e.g., suppositories).

It may also include personal care such as:

- Feeding.
- Changing outer clothing.
- Administering medication.
- Hair care and hygiene support.

## 3. Legal and Statutory Framework

This policy complies with:

- EYFS Framework 2025, Section 3 – Safeguarding and Welfare Requirements.
- Keeping Children Safe in Education (2025).
- Equality Act 2010 – ensuring no discrimination based on care needs.

#### **4. Parental Involvement**

If a child has a recognized medical condition and intimate care is needed, parents must give written consent for intimate care procedures.

An Intimate Care Plan will be developed for children with complex needs.

Parents will be informed of any intimate care provided daily.

In emergencies, care will be provided to ensure the child's comfort, with parents informed afterward.

#### **5. Staff Roles and Responsibilities**

Only staff with enhanced DBS checks will provide intimate care.

Visitors and volunteers are not permitted to carry out intimate care.

Staff will receive training in intimate care tasks, safeguarding, and manual handling.

#### **6. Procedures and Facilities**

If a child has a recognized medical condition where intimate care is needed Care will be provided in designated changing areas to maintain dignity.

Staff will use appropriate protective equipment and supplies.

Parents are expected to supply personal items for their child's care.

#### **7. Safeguarding and Good Practice**

Staff must:

- Treat children with dignity and respect.
- Involve children in their own care where possible.
- Be responsive to children's reactions and preferences.
- Record and report any concerns.
- Lone working is permitted unless the task requires two people.

#### **8. Monitoring and Review**

The policy will be reviewed annually.

Intimate Care Plans will be reviewed biannually or when a child's needs change.

Staff practice will be monitored to ensure consistency and safety.

L Turner Sep 25