

Dear Parents and Carers,

As we approach the new academic year, we would like to take this opportunity to share some information about our Personal, Social, Health and Economic (PSHE) education programme.

PSHE education plays an important role in supporting pupils' personal development, wellbeing and preparation for life now and in the future. It is the curriculum subject that gives children the knowledge, understanding, strategies and practical skills to live safe, healthy and productive lives to meet their full potential.

As part of PSHE education, we deliver Relationships and Health Education (RSHE) in line with the DfE statutory requirements. RSHE is designed to be age-appropriate, inclusive and respectful, and teaching takes place in a safe and supportive learning environment, underpinned by our school ethos and values.

Our PSHE policy

We encourage all parents and carers to read our draft PSHE policy, which will be sent out with this letter.

- our definitions for Relationships Education, how it is taught and who is responsible for teaching it
- how pupils' questions are handled in the classroom
- how parents can view curriculum materials
- the right to withdraw
- how content is made accessible to all pupils, including those with special educational needs or disabilities (SEND).

PSHE curriculum and materials

An overview of our PSHE education curriculum, along with examples of teaching materials used in lessons, can be viewed. This provides further detail about what pupils will learn in each year group.

Questions or queries

We recognise that parents and carers may have questions about PSHE education. If you would like to discuss any aspect of the curriculum, policy, materials or teaching methods, please contact the school office or email school at bursar@st-peters.lancs.sch.uk by Friday 17th July 2026.

We value working in partnership with parents and carers and appreciate your continued support in helping our pupils grow into confident, healthy and respectful young people.

Yours sincerely,

Mrs K Gardner