



Unlocking the Potential for Everyone to Flourish in the love of Christ.

'But I am like an olive tree flourishing in the house of God.' Psalm 52:8



St Peter's Church of England Primary PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>Self Confidence and Self Awareness</p> <p>What makes me me?</p> <ul style="list-style-type: none"> Similarities and differences Valuing difference Developing self-confidence and self-awareness Identity Growing and changing 	<p>Self Confidence and Self Awareness</p> <p>What makes me happy?</p> <ul style="list-style-type: none"> Feelings Positive and negative emotions Mental health Belonging Healthy lifestyles 	<p>Managing Feelings and Behaviour</p> <p>How should we treat each other?</p> <ul style="list-style-type: none"> Respecting self and other British values Anti-Bullying Online safety Responsibility 	<p>Managing Feelings and Behaviour</p> <p>How do I feel?</p> <ul style="list-style-type: none"> Behaviour How does my behaviour affect others? Consequences of my behaviour Feelings Coping with my emotions 	<p>Relationships</p> <p>How can I be a good friend?</p> <ul style="list-style-type: none"> Friendship Developing positive relationships Anti-Bullying Resolving conflict 	<p>Relationships</p> <p>Who can I trust?</p> <ul style="list-style-type: none"> Keeping safe Families Safe relationships Consent Online safety What to do if you don't feel safe Making choices
Year 1 / Year 2 Cycle A	What makes a good friend?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 1 / Year 2 Cycle B	What is the same and different about us?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	