| Challenge - choose 5 school challenges and 2 home challenges | Links to… | Completed evidence/date |
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| School (5) | | |
| Design a small individual prayer box. Show it to your class and tell them how and when you use it. | RE Cycle A  What is prayer? |  |
| Write or draw a prayer to give thanks to God for all that you have. Read it to your class. Encourage your friends to write their own prayers. Display on the prayer tree in class. | RE Cycle A What is Prayer? |  |
| Think about all the ways we can show respect and use our manners. Make signs and put up around school to thank people for behaving well, such as not dropping litter or not running on the stairs. | PSHE Cycle A How can choices make a difference to others and the environment? |  |
| Give thanks to God for giving you a healthy heart. Design a healthy meal and a healthy packed lunch. Show why you have chosen the foods you have and what food groups they come from. | PSHE Cycle B Why should we eat well and look after our teeth? |  |
| Some people show they are thankful for God’s generosity by passing this generosity on to others. Write about a time when you were generous to another person. How do you feel when you give or do something nice for someone else without expecting something in return. | RE Cycle B How does the presence of Jesus impact people’s lives?  Class Worship |  |
| In Luke 17: 11-17, Jesus heals 10 people who have leprosy but only one returns to say thankyou - a Samaritan. How important is it to appreciate the skills and hard work of others, especially those who regularly help you in school? Design a thankyou card for one of your teachers. Write inside the reasons you want to give thanks for everything they do. | RE Cycle A Why is Jesus described as the light of the world? |  |
| The Ten Commandments are a set of rules written to show Christian’s how to live their lives. Make a list of rules you would like to live by.<http://www.dltk-bible.com/%5C/exodus/moses_and_the_10_commands-cv.htm> | RE Cycle A Which rules should we follow? |  |
| Keep a record of the food you eat during one week. Where does your food come from? Learn about food miles and tell your class how far the food has travelled to Blackburn. What does this mean for the environment? | Geography Cycle B Investigating where food comes from. |  |
| Home (2) | | |
| For one week, try to find three different ways to use less water and energy at home. Keep a record of what you’ve done and how much less water and energy you have used. | Geography Cycle B Rivers |  |
| Find out what is happening to the bee population in Great Britain and what will happen if we don’t look after our bees. Research how we can help bees and what to do if we find one on the floor. Design a poster or set of instructions of how and why we should look after them. Look at websites such as [www.saveourbees.org.uk](http://www.saveourbees.org.uk) | Science Cycle B Living Things and their Habitats. |  |
| Find out about how much energy you use at home. What uses electricity and how can you contribute to reducing its usage? If you have a SMART meter installed try to find out what appliances are the highest consumers. Write an acrostic poem using the word ELECTRICITY or design a poster to show others how to reduce their energy consumption. | Science Cycle B Electricity |  |
| Write a thankyou letter to a member of your family/friendship group explaining why you are thankful for them. |  |  |