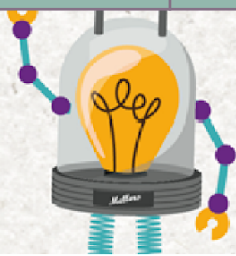


Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot choice	Chicken Sausage, Hash Brown & Baked Beans	Cajon Chicken Pasta Bake	Roast Chicken Dinner with Trimmings	Spicy Chicken Pizza	Homemade Chicken Pie
Vegetrain choice	Quorn Burger in a Bun with Ketchup	Crunchy Vegetable Pasta Bake	Cheese & Tomato Quiche	Margarita Pizza	Crispy Fish Finger Fillets
Jacket Potato Sandwich/T-Cake	Jacket with Fillings Sliced Cheese T-Cake	Jacket with Fillings Cheese Melt Panni	Jacket with Fillings Tuna Mayo T-Cake	Jacket with Fillings Chicken Tikka Wrap	Jacket with Fillings Grated Cheese T-Cake
vegetables/salad	Hash Browns Seasonal Vegetable Salad Bar	Garlic Bread Seasonal Vegetable Salad Bar	Roast Potatoes Seasonal Vegetable Salad Bar	Potato Wedges Seasonal Vegetable Salad Bar	Chips Seasonal Vegetable Salad Bar
Dessers of the day	Homemade Cookies or Yoghurt	Ice Cream & Mandarins or Yoghurt	Cake & Custard or Yoghurt	Home Bake or Yoghurt	Jelly & Fruit or Yoghurt
Fresh fruit	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors

FREE

5
A DAY

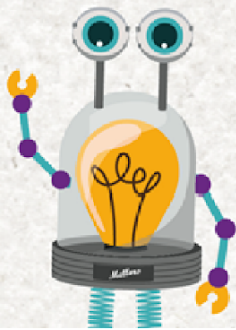
- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors

MEAT
FREE

- MEAT FREE MONDAY

5
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE