

Autumn/Winter 2023/2024:

4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

LUNCH WEEK 1 MF/



MATN FVFNT

MONDAY

Chicken Fajita Wrap & Whole Grain Rice (Halal Chicken)

TUESDAY

Mild Chicken Curry with Whole Grain Rice (Halal Chicken)

WEDNESDAY

Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)

THURSDAY

BBQ Drizzle Pizza with Baked Potato Wedges

FRIDAY

Golden Fish Fingers or Salmon Fingers with Chips



Vegetarian Dish

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

Cheesy Broccoli Pasta Bake

Homemade Cheese and Leek Sausages with Roast Potatoes

Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice

Pizza Margherita with Chips



RAINBOW ALLEY **Vegetables and Salads**

Mixed Salad

Green Beans

Broccoli

and Gravy

Peas

Baked Beans



Topped Pasta



Filled Jacket



Pudding

Toffee Sponge and Custard

Daily salad bowl and freshly baked bread available every day

Crispy Skin Jacket Potatoes

Hot Pasta topped with Homemade Tomato Sauce

with Cheese or Beans

Jelly & Fruit Slices **Tropical Pineapple** Crumble and Custard

Orange Cookie

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

WEEK 2



MATN FVFNT

MONDAY

All Day Breakfast Brunch Sausage, Egg, Hash **Brown and Beans** (Halal Chicken Sausage)

TUESDAY

Pizza Margherita with Baked Potato Wedges

WEDNESDAY

Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)

THURSDAY

Chicken **Chow Mein Noodles** (Halal Chicken)

FRIDAY

Golden Fish **Fingers** with Chips



MEAT-FREE MAGIC **Vegetarian Dish**

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

Baked Beans

Golden Vegetable Fingers with Baked **Potato Wedges**

Super Veggie Pie Vegetable, Lentil and Onion Pie with Roast Potatoes

Mexican Bean Wrap with Whole Grain Rice

Cheesy Sweetcorn Pizza with Chips



RAINBOW ALLEY **Vegetables and Salads**

Green Salad

Carrots

Daily salad bowl and freshly baked bread available every day

Sweetcorn

Baked Beans



Topped Pasta

Filled Jacket

Pudding

Banana Sponge Cake and Custard **Hot Pasta topped with Homemade Tomato Sauce**

Crispy Skin Jacket Potatoes

with Cheese or Beans

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01,12/02





MATN FVFNT

MONDAY

Hot Dog with Baked Potato Wedges (Halal Chicken Sausage)

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

WEDNESDAY

Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)

THURSDAY

Pizza Day! Veggie Supreme Pizza with Baked **Potato Wedges**

FRIDAY

Golden Fish **Fingers** with Chips



MEAT-FREE MAGIC **Vegetarian Dish**

Vegetarian Shepherd's Pie

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

Baked Mac n Cheese

BBQ Drizzle Pizza with Baked Potato Wedges

Peas

Golden Vegetable Fingers with Chips

Baked Beans



Vegetables and Salads

Topped Pasta



Filled Jacket



Pudding

Green Beans

Watermelon

Wedge

Hot Pasta topped with Homemade Tomato Sauce

Carrots

Daily salad bowl and freshly baked bread available every day

Crispy Skin Jacket Potatoes

with Cheese or Beans

Chocolate Crunch and Custard

Oaty Apple Crunch Slice Strawberry Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day