



Loving God and each other
We work together to be the best that we can be

Intent Statement for Social, Emotional and Mental Health (SEMH)

Moral Purpose

Our moral purpose is based on our vision:

Loving God and each other
We work together to be the best that we can be

Our values of service, love, belonging and thankfulness are the foundations of all work supporting children and their families.

We believe that through working together with parents or carers, the wider community and other professionals we can make a difference to our children's lives. We are determined to make a difference to the lives of children and help them to be the best that they can be. Whatever issues our children, their families, the school, or the community face, we always support, react and pull together.

Our moral purpose can therefore be summarised below -

- collaboration
- determination
- service

Mental Health Definition

"Mental health is a state of well-being in which an individual realises his or her own abilities, can cope with the normal stresses of life, can work productively and is able to make a contribution to his or her community."

World Health Organisation, 2018

What supporting Positive Mental Health means to us:

- The child stays at the centre of every conversation.
- We prioritise those who need our help most, but we promote positive mental health with everyone.
- We embed social, emotional and mental health awareness across the curriculum
- Children and young people are taught skills to build resilience and manage everyday stressors
- Staff wellbeing, resilience and mental health is a key focus
- We have a highly trained Family Worker and SENCO who lead on evidence-based practice for all our interventions.

How we ensure best practice:

- Records are kept up to date.
- Staff read and understand section one of Keeping Young people Safe in Education.
- Staff know our behaviour, Mental Health and Wellbeing Policy, attendance and safeguarding policies and protocols.
- We monitor SEMH interventions and adjust where necessary
- Key Staff have external supervision.
- All staff have training.
- We ensure that everyone within the St Silas family feels like they belong by treating everyone with courtesy, respect and empathy.
- All members of the St Silas family are involved as appropriate.
- All members of staff continuously reinforce key messages.