

## **PE Subject Impact Statement (2019-2020)**

Subject Leader: Graeme Hadwin

### **Actions (September 2019 - 23rd March 2020)**

This year with the use of the PE and Sports Grant we have further implemented changes to PE and School Sport at St Silas and increased the pace of the change towards excellence in PE and sports provision for all children in school.

- Pre-covid, we have worked with a greater range of partners both at the school and externally in order to work with the children and staff to increase the effectiveness of PE in lessons (Catherine Crewe Gymnastics, Blackburn Rovers, Lancashire County Cricket Club, Wigan Warriors).
- We have worked with Amaven in monitoring our children's baseline fitness testing for Years 1-6, this was interrupted due to the national lockdown.
- We have continued to provide high quality CPD in Years R, 2, 3, 4 and 5 with our partners working alongside our teachers in order to raise levels of confidence when delivering high quality PE and sports.
- We have continued to increase the level and quality of gymnastics provision through using a national level external gymnastic coach to provide expertise and CPD for staff, and quality lessons for children.
- We have continued to increase the level of participation in competitive sports through participation in an authority-wide sports association.
- We have continued to increase the level of sports provision in school through the establishment of lunchtime sports for Years 3 and 4 as well as Year 5 and 6 and have provided lunchtime sports coaches from Blackburn Rovers to work with welfare staff and deliver quality sessions.
- We have continued to work on raising the number of participants in PE and sport.
- We continue to use Year 6 children as Sports and Play Leaders to work with Key Stage 1 and Reception children in playing sports and establishing skill in our lunch and break times.
- We have continued to build on our range of PE and sports equipment in line with requirements and based on curricular and extra-curricular and long term needs by collating equipment and refreshing when necessary.
- We continue to operate our open door policy with support from the PE subject leader (a sports specialist) and other skilled staff for professional developmental conversations.
- We have continued to work with staff in highlighting good practice and praising children in our celebration assemblies.
- We have worked with welfare and teaching assistants in developing well-being and physical activity at break times through zoned activities and a dance club.
- We have provided physical activity equipment for use at lunchtimes within our physical activity zones.

### **Impact (September to 23rd March 2020)**

As confidence in PE teaching continues to improve, delivery has become much more professional, skillful and targeted, seen through planning and observation from coaches and the in school PE specialist.

Children are continuing to become better at PE and general levels of fitness across school are increasing.

Level of engagement by pupils continues to increase as pace and skills learned in all lessons has increased.

Children continue to want to play competitive sports at lunchtime with the sports coaches. School profile in the LA raised as the school is seen as a participating school at most of the inter-school events. The school has been placed at gymnastics local competitions and cluster competitions.

Self-esteem of children has increased as the children have become more competent in sports and PE and as the children become fitter their participation becomes competitive. Parental knowledge of well-being and healthy lifestyle choices has increased through our multimedia delivery system.

### **Evidence**

The number of children taking part in Year 5 and 6 lunch time sports has continued to increase – sports attract a higher quantity of children each day. We have rolled out lunch time sports to Year 3 and 4. Informal sports are also played in Key Stage 1 and EYFS. The school has taken part in LA tournaments – KS1 multi-sports, boccia, gymnastics, girls' and boys' football.

More key stage 1 children actively take part in sports related activity at lunchtime with the zonal play system operating at lunchtime and with the lunchtime dance club.

Number of CPD sessions in PE has increased in Gymnastics, Dance, Cricket and Rugby. Additional CPD for welfare continues to be available from the lunch-time sports coaches (BRFC).

Different sports and activities are played at lunchtimes throughout the week and are highly successful (the numbers present have increased).

An interactive video system to encourage physical activity and well-being has again been purchased. This information delivery method continues to be used to show how parents can improve and maintain the health and well-being of their children.