

Primary Curriculum Framework for
Relationships Education,
Relationships and Sex Education
and Health Education at St Teresa's
Catholic Primary School

Revised May 2021

Diocese of Hexham and Newcastle Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education

In March 2017 the Catholic Bishops' Conference of England and Wales published *Learning to Love: An Introduction to Catholic Relationship and Sex Education (RSE) for Catholic Educators*. This framework has been informed by *Learning to Love*. In a Catholic school all teaching about love and sexual relationships and the Catholic Church's teaching about what it is to be truly human in Christ and what it means to live well in relationship with others must be rooted in Gospel values (from which British values are derived). This curriculum framework is being offered to help schools deliver quality Relationships Education, Relationships and Sex Education and Health Education adhering to guidance from the Department for Education which states:

'To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships... High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society'.

(Relationships Education, Relationships and Sex Education and Health Education DfE February 2019)

Structure

This Relationships Education, Relationships and Sex Education and Health Education curriculum framework, is offered as guidance, to be adapted by schools as required. It covers EYFS, KS1, lower KS2 and upper KS2 and it is based on five core themes within which there will be some overlap. It is adaptable to the age and ability of the pupils. The five themes are:

Moral (this explores the individual)

Children will learn: about the Christian belief to love self, made in the image and likeness of God, and an understanding of the importance of respecting, valuing and understanding themselves as the basis for personal relationships.

Spiritual (this explore the individual's approach to the world and relationships through their relationship with God)

Children will learn: about the Christian belief in a personal relationship with God which will guide their relationships with others.

Physical (this explores the individual's response to the world as they change and develop physically)

Children will learn: about how they change and grow, the changes that will take place in their body and rooted in the command to love, the basis of all Christian life.

*They will learn the facts about human reproduction, how love is expressed sexually and how sexual love plays an essential and sacred role in procreation

Emotional (this explores the individual's relationships through their emotional responses and how to deal with them)

Children will learn: about the changes which happen in life, how to manage their feelings and behaviour rooted in Gospel values.

Social (this explores the individual's relationships with others in the local community and the wider world)

Children will learn: how human beings live in the wider community, including how to keep safe in situations with others and how to spread the Gospel for the good of individuals and the wider world.

This curriculum framework refers to resources being used across our Diocesan schools including *Come and See*, *Life to the Full* and *Journey in Love*. It shows how and where the learning takes place using these resources. [Page numbers are shown for the *Journey in Love* 2006 and 2020 editions.]

In addition, the framework shows where issues concerning safety and behaviour, for example cyber bullying, are covered in the curriculum. There are some other suggested resources on the back page of this document.

***parents have the right to withdraw their child from this aspect**