

St Teresa's Catholic Primary School Curriculum Overview 2025/26 – Year 1

	Subject	Autumn 1 8 weeks	Autumn 2 7 weeks	Spring 1 6 weeks	Spring 2 6 weeks	Summer 1 6 weeks	Summer 2 6 weeks	
	English	Conquering a Monster – The Three Little Pigs	Adventure Story– Little Charlie	Warning Story – Peter and the Wolf	Finding Tale – Goldilocks	Meeting Tale – Sharing a Shell	Rags to Riches Tale – Jack and the Beanstalk	
		Grammar focus: simple sentences, capital letters, full stops.	Grammar Focus: Compound sentences using co-ordination conjunctions.	Grammar focus: types of sentences (statements, questions and exclamations), punctuation (full stop, capital letters, exclamation marks and question marks).	Grammar focus: Prepositions, -ly openers.	Grammar Focus: Sentence openers (while, when, where), simple and compound sentences.	Grammar focus: Begin to form complex sentences using subordinate conjunctions.	
		Losing story -	Non-chronological report –	Letters –	Recount -	Instructions –	Poetry –	
		Grammar focus: Simple sentences with adjectives, determiners	Grammar focus: Compound sentences using co-ordinating conjunctions, plural noun suffixes.	Grammar focus: types of sentences (statements, questions and exclamations), punctuation (full stop, capital letters, exclamation marks and question marks).	Grammar focus: Prepositions, -ly openers.	Grammar focus: Sentence openers (while, when, where), simple and compound sentences.	Grammar focus: alliteration, similes.	
	Maths		1	Mastering Number throughout the year				
		Place Value (within 10) Addition and Subtraction (within 10)	Addition and Subtraction cont. (within 10)	Place Value (within 20) Addition and Subtraction (within 20)	Place Value (within 50) Length and Height	Multiplication and Division Fractions	Place Value (within 100) Money	
			Shape		Mass and Volume	Position and Direction	Time	
	Religious Education	Creation and Covenant How did the world come to be?	Prophecy and Promise Why is the story of how Jesus was born important?	Galilee to Jerusalem Why is baby Jesus special?	Desert to Garden Why is Easter important for Christians?	To the ends of the Earth What is the Holy Spirit?	Dialogue and Encounter Is everyone Catholic?	



St Teresa's Catholic Primary School Curriculum Overview 2025/26 – Year 1

Science	Animals inc humans - animals	Animals inc humans -	Materials	Plants	Plants	Seasonal Changes	
		humans					
Computing	Begin each half term with an Online Safety Re-cap						
	Online Safety (Unit 1.1)	Pictograms (Unit 1.3)	Maze explorers (Unit	Animated Story Books	Coding (Unit 1.7)	Technology outside	
	Grouping and Sorting (Unit 1.2)	Lego Builders (Unit 1.4)	1.5)	(Unit 1.6)		school (Unit 1.9)	
History		Toys in the Past incl.		St Teresa's School:	The Great Fire of		
		Margarete Stief:		Childhood – Similarity	London: Historical		
		Childhood – Similarity		and Difference/Sources	Figures, Places and		
		and Difference/ Sources		and Evidence	Events – Cause &		
		and Evidence			Consequence/Historical		
					Significance		
Geography	The Local Area of St Teresa's		Study of London –			Hot and Cold Places –	
	Human & Physical		Locational Knowledge –			Human & Physical	
	Geography – Geographical		Place Knowledge			Geography	
	Skills and Fieldwork						
Art		Painting: Guiseppe		Drawing: Elizabeth		Printing: Alma Thomas	
		Arcimboldo		Catlett			
DT	Nutrition: Smoothies		Mechanisms: Sliders and		Structures: Free-		
			Levers		Standing Structures		
PE	FMS – Catching and Bouncing	Gymnastics	Dance – Fire Fire	FMS – Underarm throw	Athletics	FSM – Jack and the	
	a ball					Beanstalk	
Music	Charanga MMC	Charanga MMC	Charanga MMC	Charanga MMC	Charanga MMC	Charanga MMC	
	My Musical Heartbeat	Dance, sing and play	Exploring sounds	Learning to listen	Having fun with	Let's perform together!	
					improvisation		
PSHE	<u>myHappyminds</u>	<u>myHappyminds</u>	<u>myHappyminds</u>	myHappyminds	myHappyminds	<u>myHappyminds</u>	
	Meet Your Brain	Places	Appreciate	Relate	Engage	Ourselves – growing and	
	Respect and Behaviour	Celebrate	Healthy Lifestyles	Families and Positive	Responsibilities and	changing	
				Relationships	Communities	Transition	