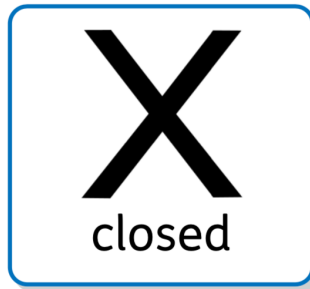
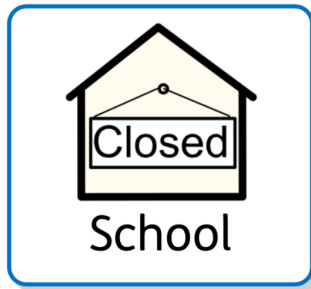


Back to school pack

**A guide to helping children
prepare to go back into**

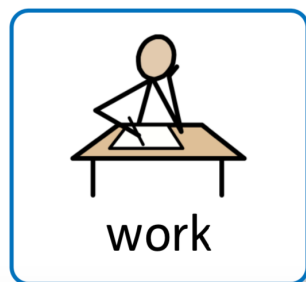




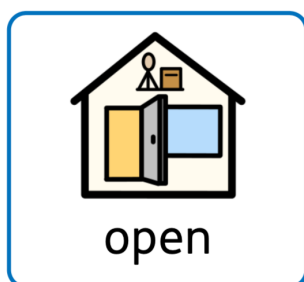
Schools have been closed.



I have stayed at home to stay safe.



I have been doing some learning. I have also been doing some good activities



My school will open at some point. The government will decide this



The government are waiting until we are safe from the virus.



prime minister



open

**The government
will tell us what
day we will go
back to school.**

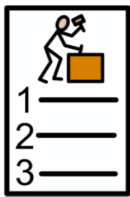


different



same

**School might be a
bit different but
many things will
be the same.**

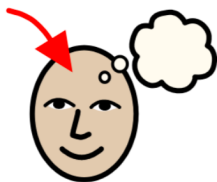


plan



school

**I can have a plan
to help when I go
back to school. A
teacher or adult
can help with
this.**



learning



home



great

**Now I can carry on learning at
home and playing at home.**

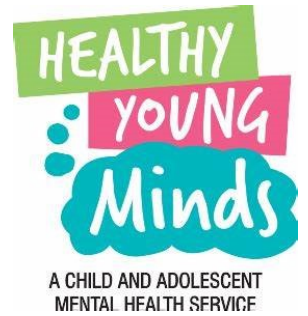
Well done!!!

On completing year ____
at home!

You've worked so hard
and you are now ready
to go into year ____!

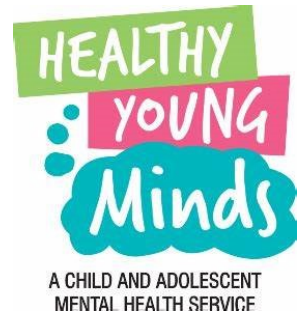


Going back to school



- **When I go back to school I will be in year _____.**
- **I might have a new teachers and a new classrooms. This makes me feel _____**
- **It's okay to feel _____ about going back to school. Many other children are feeling how you are feeling.**
- **Most of my friends will be going back to school and I will be able to see them again.**
- **Some things might be a little bit different at school but my teacher is very helpful and will help me to understand all of this.**
- **My teacher is called _____**

Information about going back to school



Things to find out or discuss with a parent or carer:

- **What time does school start and finish?**
- **How will I travel to school?**
- **What time will I have to set off in the mornings?**
- **What time will I have to wake up in the morning?**
- **How long will this take me?**
- **What does my uniform look like?**
- **How will I get home from school?**

Is there anything else I need or would like to know?

Who can I ask?

Who can support me?

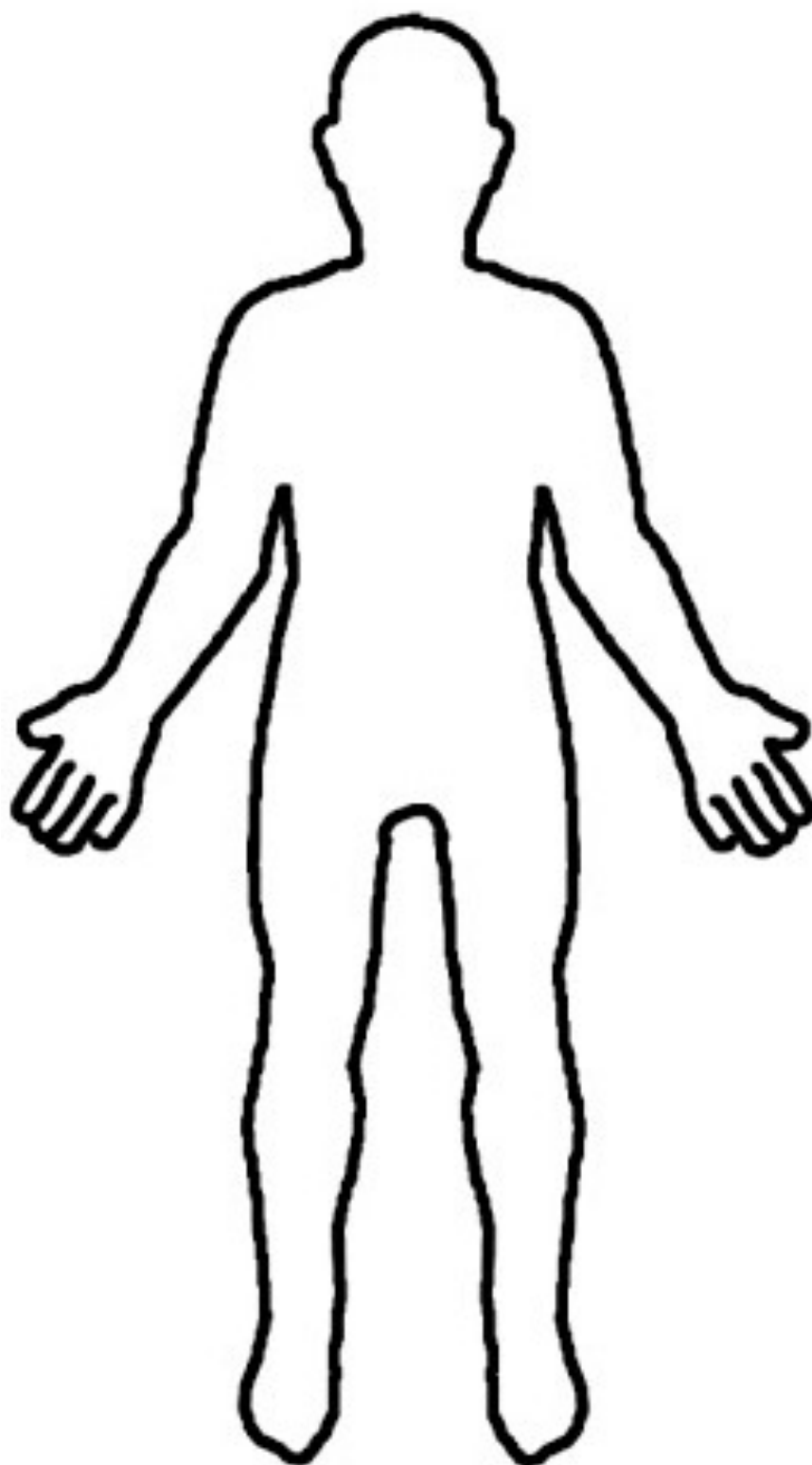
In this box below, write some people who you feel you can talk to:

How can these people support or help me when I go back to school?

What could I do myself to help me feel more prepared to go back to school?

My school uniform

Draw yourself below in your school uniform, this might be a new uniform if you are starting a new school.



Going back to school

Write down some things you are excited about going back to school and some things you are worried about.

I am excited about...

I am worried about...

Going back to school

It is okay to be worried or scared about going back to school or starting a new school. Things might be different to how they were before.

A lot of young people are worried about changes at school. This is okay.

Things might be different but you have people you can talk to about how you are feeling.

Even though you might be scared of some things, there are things you are excited about too.

