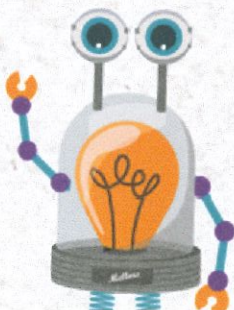


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT CHOICE	Vegetarian bolognaise & pasta	Pepperoni pizza with garlic bread & salad	Quorn Nuggets with Potato Wedges	Beef/Quorn burger in a bun with salad	Fish Finger & chips
COLD CHOICE	Cheese sandwich	Ham sandwich	Cheese sandwich	Ham sandwich	Tuna sandwich
SALAD SELECTION	Cucumber sticks	Carrot sticks	Cucumber sticks	Carrot sticks	Cucumber sticks
DESSERT OF THE DAY	Shortbread biscuit or Yoghurt	Chocolate muffin or Yoghurt	Flapjack or Yoghurt	Caramel Biscuit or Yoghurt	Jelly or Yoghurt
FRESH FRUIT	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY

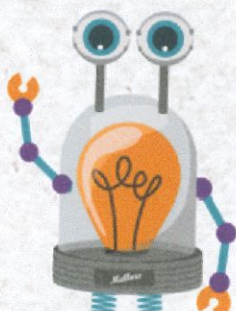


- CHEF'S CHOICE

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT CHOICE	Cheese Pizza & Wedges	All Day Breakfast	Pasta Bake with Garlic Bread	Chicken Fillet on a roll with salad	Fish of the day & chips
COLD CHOICE	Tuna sandwich	Ham Sandwich	Cheese sandwich	Ham sandwich	Tuna Sandwich
SALAD SELECTION	Cucumber sticks	Carrot sticks	Cucumber sticks	Carrot sticks	Cucumber sticks
DESSERT OF THE DAY	Shortbread biscuit or Yoghurt	Chocolate chip muffin or Yoghurt	Gingerbread biscuit or Yoghurt	Strawberry whip or Yoghurt	Ice cream or Yoghurt
FRESH FRUIT	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit



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