



**Core Theme 1 – Created and Loved by God** (this explores the individual) The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

KS2		Come and See	A Journey in Love	Bounce Back	Science	CLC	Computing
Education in virtue	2.1.1.1. Respectful of their own bodies, character, and giftedness		God loves us in our differences <b>Y4 p.39-45</b> God loves me in my changing and development <b>Y5 p.46-55</b> The wonder of God's love in creating new life <b>Y6 p.56-58</b>	Always look for and use your strengths <b>Y3 U10</b> Self-respect is important too <b>Y4 U2</b> It's important to have self-respect <b>Y6 U2</b>			
	2.1.1.2. Appreciative for blessings	Homes <b>Y3</b> Ourselves <b>Y5</b> Loving <b>Y6</b>	<b><i>Across all units in A Journey in Love</i></b>	Being thankful and grateful <b>Y4 U5</b> Being thankful and showing gratitude <b>Y6 U5</b>			
	2.1.1.3. Grateful to others and to God	Homes <b>Y3</b> Called <b>Y4</b> Ourselves <b>Y5</b> Loving <b>Y6</b>	<b><i>The Spiritual strand in all units of A Journey in love.</i></b>	Being thankful and grateful <b>Y4 U5</b> Being thankful and showing gratitude <b>Y6 U5</b>		British wildlife unit – <b>Year 4</b> – Being grateful for the wildlife that God gave us.	
	2.1.1.4. Self-disciplined and able to delay or forego gratification for the sake of greater goods	Sacrifice <b>Y5</b> Death and New Life <b>Y6</b>					
	2.1.1.5. Discerning in their decision making	Choices <b>Y3</b>	<b><i>Across all units in A Journey in Love</i></b>	Being Responsible <b>Y3 U1</b>			The Online Community <b>Y4</b>



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	2.1.1.6. Determined and resilient in the face of difficulty	Giving All <b>Y3</b>		<b>All year groups</b> <b>Unit 3 People Bouncing Back</b> Train your brain for success <b>Y3 U10</b>			
	2.1.1.7. Courageous in the face of new situations and in facing their fears	Giving All <b>Y3</b>		<b>All year groups</b> <b>Unit 4 Courage</b>			
Religious understanding of the human person	2.1.2.1. We are special people made in the image and likeness of God	Homes <b>Y3</b> People <b>Y4</b> Called <b>Y4</b> Ourselves <b>Y5</b>	God loves us in all our differences <b>Y4 p. 39-45</b> God loves me in my changing and development <b>Y5 p.46-55</b>	It's okay to be different <b>Y4 U1</b>			
	2.1.2.2. We are children of God with an innate dignity	Homes <b>Y3</b> Promises <b>Y3</b>	God loves us in all our differences <b>Y4 p. 39-45</b> God loves me in my changing and development <b>Y5 p.46-55</b>	Self-respect is important too <b>Y4 U2</b> It's important to have self-respect <b>Y6 U2</b>			
	2.1.2.3. God has created us for a purpose (vocation)	God's People <b>Y4</b> Life Choices <b>Y5</b> Vocation and Commitment <b>Y6</b>	<b>Across all units in A Journey in Love</b>				
	2.1.2.4. Life is precious and their body is God's gift to them	Homes <b>Y3</b> People <b>Y4</b>	<b>Across all units in A Journey in Love</b>	Nobody is perfect <b>Y6 U3</b>			
	2.1.2.5. Prayer and worship are ways of nourishing their relationship with God	<b>All Topics</b>	<b>Across all units in A Journey in Love</b>				



	2.1.2.6. Sacraments often coincide with different natural stages in life, for example Baptism often occurs near birth for Catholics	Promises <b>Y3</b> Called <b>Y4</b> Death and New Life <b>Y6</b>	To celebrate the joy and happiness of living in friendship with God and others <b>Y3 p.34-38</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>				
Me, my body, and my health	<b>Me</b>						
	2.1.3.1. Everyone expresses their uniqueness in different ways and that being different is not always easy	Homes <b>Y3</b> People <b>Y4</b> Ourselves <b>Y5</b>	How we live in love <b>Y3 p.29-38</b> God loves us in all our differences <b>Y4 p. 39-45</b> God loves me in my changing and development <b>Y5 p.46-55</b>	The courage to be yourself <b>Y3 U4</b> It's okay to be different <b>Y4 U2</b> It's okay to be different <b>Y6 U2</b>			
	2.1.3.2. Strategies to develop self-confidence and self-esteem		To show knowledge and understanding of emotional relationship changes <b>Y5 p. 46-49</b>	<b>All year groups</b> <b>Unit 3 People</b> <b>Bouncing Back</b> <b>Unit 10 Success</b>			
	2.1.3.3. Each person has a purpose in the world	God's People <b>Y4</b> Life Choices <b>Y5</b> Mission <b>Y5</b> Vocation and Commitment <b>Y6</b>	To celebrate the uniqueness and innate beauty of each of us. <b>Y4 p.44-45</b>				
	2.1.3.4. That similarities and differences between people arise from several different factors (See protected characteristics of the Equality Act 2010, Part 2, Chapter 1, sections 4-12)		God loves us in all our differences <b>Y4 p. 39-45</b>	The courage to be yourself <b>Y3 U4</b> It's okay to be different <b>Y4 U1</b> It's okay to be different <b>Y6 U1</b>			



<b>My body</b>						
2.1.3.5. Their body will change and develop as they grow		God loves me in my changing and development <b>Y5 p.46-55</b> Explain how human life is conceived <b>Y6 p.59-62</b>		Animals Inc. Humans <b>Y3 Sc3/2.2</b> Animals Inc. humans <b>Y6 SC6/2.2b</b>		
2.1.3.6. About the growth and development of humans and the changes experienced during puberty		God loves me in my changing and development <b>Y5 p.46-55</b>				
2.1.3.7. The names of the main parts of the body, including identifying and correctly naming genitalia (e.g., penis and vagina)		God loves me in my changing and development <b>Y5 p.46-55</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>				
<b>My Health</b>						
2.1.3.8. How to make informed choices that have an impact on their health		God loves me in my changing and development <b>Y5 p.46-55</b>	Self-respect is important too <b>Y4 U2</b> It's important to have self-respect <b>Y6 U2</b>	Animals Inc. Humans <b>Y3 Sc3/2.2</b> Animals Inc. Humans <b>Y4 Sc4/2.2</b> Animals Inc. humans <b>Y6 SC6/2.2b</b>		
<b>Emotional well-being</b>						
2.1.4.1. Their emotions may change as they approach and as they grow and move through puberty		God loves me in my changing and development <b>Y5 p.46-55</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>				



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Emotional well-being and attitudes	2.1.4.2. To extend their vocabulary to deepen their understanding of the range and intensity of their feelings		<b>Across all units in A Journey in Love</b>	<b>All Year Groups Unit 6 - Emotions</b>			
	2.1.4.3. What positively and negatively affects their physical, mental, and emotional health (including the media)		To celebrate the uniqueness and innate beauty of each of us. <b>Y4 p.45</b> God loves me in my changing and development <b>Y5 p.46-55</b> Show an understanding of how being made in the image and likeness of God informs decisions <b>Y6 p.63</b>	<b>All units across Bounce Back</b> Nobody is Perfect <b>Y6 U3</b>	Animals including Humans <b>Y3 Sc3/2.2</b>		
	2.1.4.4. To recognise how images in the media do not always reflect reality and can affect how people feel about themselves		To show knowledge and understanding of the physical changes in puberty <b>Y5 p.50-52</b>	Nobody is Perfect <b>Y6 U3</b>			False Photography <b>Y5</b>
	<b>Attitudes</b>						
	2.1.4.5. That some behaviour is unacceptable, unhealthy, or risky		How we live in love <b>Y3 p.32-33</b> To describe how we should treat others <b>Y4 p.42-43</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>	Being foolish and showing off is not being brave <b>Y4 U4</b> Brave, stupid or thrill-seeking? <b>Y6 U4</b> Don't give in to peer pressure <b>Y6 U9</b>	Animals including Humans <b>Y3 Sc3/2.2</b>  The Human Body – Keeping Healthy: Dangers of drugs, smoking and alcohol – <b>Yr 6</b>		<b>Online Safety Units taught in all Year groups</b>



	2.1.4.6. Strategies to build resilience to identify and resist unacceptable pressure from a variety of sources		To describe and give reasons how friendships make us feel happy and safe <b>Y3 p.30</b> To describe how we should treat others <b>Y4 p.42-43</b> God loves me in my changing and development <b>Y5 p.46-55</b>	<b>All year groups</b> <b>Unit 3 People Bouncing Back</b> <b>Unit 10 Success</b>			
Life cycles and fertility	<b>Life cycles</b>						
	2.1.5.1. How a baby grows and develops in its mother's womb	Visitors <b>Y3</b>	The wonder of God's love in creating new life <b>Y6 p.56-68</b>				
	2.1.5.2. To recognise the differences that occur at each stage of a human being's development (including childhood, adolescence, adulthood, older age)		God loves me in my changing and development <b>Y5 p.46-55</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>		Animals including humans <b>Sc5/2.2a</b>		
	<b>Fertility</b>						
	2.1.5.3. The nature and role of menstruation in the fertility cycle		God loves me in my changing and development <b>Y5 p.46-55</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>				



2.1.5.4. How human life is conceived in the womb, including the language of sperm and ova		God loves me in my changing and development <b>Y5 p.46-55</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>				
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**Core Theme 2 – Created to love others** (this explores an individual's relationships with others) God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

KS2		Come and See	A Journey in Love	Bounce Back	Science	CLC	Computing
Education in virtue	2.2.1.1. Loyal, able to develop and sustain friendships	Choices <b>Y3</b> Building Bridges <b>Y4</b> Unity <b>Y6</b>	How we live in love <b>Y3 p.29-38</b> To show knowledge and understanding of emotional relationship changes <b>Y5 p.46-49</b>	<b>All Year Groups Unit 7 Relationships</b>			
	2.2.1.2. Compassionate, able to empathise with the suffering of others and the generosity to help others in trouble	Energy <b>Y3</b> New Life <b>Y4</b> Giving & Receiving <b>Y4</b> Sacrifice <b>Y5</b> Death & New Life <b>Y6</b>	How we live in love <b>Y3 p.29-38</b> To describe how we should treat others <b>Y4 p.42-43</b>	<b>All Year Groups Unit 2 Social Values</b> Developing empathy <b>Y3 U6</b> Developing empathy <b>Y5 U6</b>			
	2.2.1.3. Respectful, able to identify other people's personal space and respect the ways in which they are different		How we live in love <b>Y3 p.29-38</b> To describe how we should treat others <b>Y4 p.42-43</b> To show knowledge and understanding of the physical changes in puberty <b>Y5 p.50-52</b>	The courage to be yourself <b>Y3 U4</b> It's okay to be different <b>Y4 U1</b> People feel frightened and brave about different things <b>Y5 U4</b> It's okay to be different <b>Y6 U1</b>			



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	2.2.1.4. Forgiving, developing the skills to allow reconciliation in relationships	Choices <b>Y3</b> Building Bridges <b>Y4</b> Freedom and Responsibility <b>Y5</b> Healing <b>Y6</b>	How we live in love <b>Y3 p.29-38</b>	Developing empathy <b>Y5 U6</b> Dealing with friendship problems <b>Y6 U7</b>			
	2.2.1.5. Courteous in their dealings with friends and strangers	Homes <b>Y3</b> Visitors <b>Y3</b> Unity <b>Y6</b>	How we live in love <b>Y3 p.29-38</b> To describe how we should treat others <b>Y4 p.42-43</b>	<b>All Year Groups Unit 2 Social Values</b>			Online Communication <b>Y3</b> The Online Community <b>Y4</b>
	2.2.1.6. Honest, committed to living truthfully and with integrity	Choices <b>Y3</b> Building Bridges <b>Y4</b> Stewardship <b>Y5</b> Common good <b>Y6</b>	How we live in love <b>Y3 p.29-38</b>	<b>All Year Groups Unit 1 Core Values</b>			
Religious understanding of human relationships: loving others	2.2.2.1. Christians belong to the Church family which includes the school, parish, and diocese	Promises <b>Y3</b> Journeys <b>Y3</b> Community <b>Y4</b> Called <b>Y4</b>	<b>Through all units in A Journey in Love</b>				
	2.2.2.2. Families are the building blocks of society and where faith, wisdom and virtues are passed onto the next generation	Homes <b>Y3</b>	To develop a secure understanding of stable and caring relationships <b>Y6 p.56-58</b>				
	2.2.2.3. The importance of forgiveness and reconciliation in relationships and some of Jesus' teaching on forgiveness	Choices <b>Y3</b> Building Bridges <b>Y4</b> Freedom and Responsibility <b>Y5</b> Healing <b>Y6</b>	God loves us in all our differences <b>Y4 p.30</b>				
	2.2.2.4. The sacrament of marriage involves commitment and self-giving. It is a formal, lifelong commitment	Life Choices <b>Y5</b>	The wonder of God's love in creating new life <b>Y6 p.56-68</b>				





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Personal Relationships	2.2.3.1. How to maintain positive relationships and strategies to use when relationships go wrong	Homes <b>Y3</b> Choices <b>Y3</b> Building Bridges <b>Y4</b>	How we live in love <b>Y3 p.29-38</b> To describe how we should treat others <b>Y4 p.42-43</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>	<b>All Year Groups</b> <b>Unit 7</b> <b>Relationships</b>			Online Communication <b>Y3</b> The Online Community <b>Y4</b>
	2.2.3.2. There are different types of relationships including those between acquaintances, friends, relatives, and family	Homes <b>Y3</b> People <b>Y4</b> Freedom and Responsibility <b>Y5</b> Unity <b>Y6</b>	How we live in love <b>Y3 p.29-38</b> God loves me in my changing and development <b>Y5 p.46-55</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b>	<b>All Year Groups</b> <b>Unit 7</b> <b>Relationships</b>			
	2.2.3.3. Marriage represents a formal and legally recognised commitment	Life Choices <b>Y5</b>	The wonder of God's love in creating new life <b>Y6 p.56-68</b>				
	2.2.3.4. For the Church, marriage has a special significance as one of the sacraments	Life Choices <b>Y5</b>	The wonder of God's love in creating new life <b>Y6 p.56-68</b>				
	2.2.3.5. The characteristics of a healthy family life.	Homes <b>Y3</b> People <b>Y4</b> Freedom and Responsibility <b>Y5</b> Loving <b>Y6</b>	The wonder of God's love in creating new life <b>Y6 p.56-68</b>				



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	<p>2.2.3.6. How to make informed choices in relationships and that choices have positive, neutral, and negative consequences</p>		<p>To describe how we should treat others <b>Y4 p.42-43</b> To show knowledge and understanding of emotional relationship changes <b>Y5 p.46-49</b> The wonder of God's love in creating new life <b>Y6 p.56-68</b></p>	<p><b>All Year Groups</b> <b>Unit 7</b> <b>Relationships</b> Being foolish and showing off is not being brave <b>Y4 U4</b> Brave, stupid or thrill-seeking? <b>Y6 U4</b> Don't give in to peer pressure <b>Y6 U9</b></p>			
	<p>2.2.3.7. An awareness of bullying (including cyber-bullying) and how to respond</p>		<p>To describe and give reasons how friendships make us feel happy and safe <b>Y3 p.29-30</b> To describe how we should treat others <b>Y4 p.42-43</b></p>	<p><b>All Year Groups</b> <b>Unit 9 Being Safe</b></p>			<p>What Is Cyberbullying? <b>Y3</b> Cyberbullying <b>Y4</b> Cyberbullying <b>Y6</b></p>
	<p>2.2.3.8. About harassment and exploitation in relationships, including physical, emotional, and sexual abuse and how to respond</p>		<p><b>Across all units in</b> <b>A Journey in Love</b></p>				
	<p>2.2.3.9. To recognise and manage risk, to develop resilience and learn how to cope with "dares" and other ways in which people can be pressurised</p>		<p>To describe how we should treat others <b>Y4 p.42-43</b></p>	<p>Being foolish and showing off is not being brave <b>Y4 U4</b> Brave, stupid or thrill-seeking? <b>Y6 U4</b> Don't give in to peer pressure <b>Y6 U9</b></p>			
<b>Keeping safe</b>							
	<p>2.2.4.1. To recognise their increasing independence brings increased responsibility to keep themselves and others safe</p>		<p>To describe how we all should be accepted and respected <b>Y4 p.39-41</b></p>	<p>Being Responsible <b>Y3 U1</b> Being Responsible <b>Y5 U1</b></p>			<p><b>Online Safety Units taught in every year group</b></p>



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Keeping Safe and People who can help me	2.2.4.2. How to use technology safely		<i>Across all units in A Journey in Love</i>	<i>All Year Groups Unit 9 Being Safe</i>			<i>Online Safety Units taught in every year group</i>	
	2.2.4.3. That not all images, language and behaviour are appropriate						<i>Online Safety Units taught in every year group</i>	
	2.2.4.4. To judge what kind of physical contact is acceptable or unacceptable and how to respond		<i>Across all units in A Journey in Love</i>					
	2.2.4.5. Importance of seeking and giving permission in relationships		To describe how we should treat others <b>Y4 p.42-43</b> God loves me in my changing and development <b>Y5 p.46-55</b>					
	<b>People who can help me</b>							
	2.2.4.6. That there are a number of different people and organisations they can go to for help in different situations and how to contact them		To describe and give reasons how friendships make us feel happy and safe <b>Y3 p.29-30</b> God loves me in my changing and development <b>Y5 p.46-55</b>					
	2.2.4.7. How to report and get help if they encounter inappropriate materials or messages		To describe and give reasons how friendships make us feel happy and safe <b>Y3 p.29-30</b>	<i>All Year Groups Unit 9 Being Safe</i>				
	2.2.4.8. To keep asking for help until they are heard							



### Core Theme 3 – Created to live in community – local, national & global

(this explores the individual's relationships with the wider world) Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

KS2		Come and See	A Journey in Love	Bounce Back	Science	CLC	Computing
Education in virtue	2.3.1.1. Just, understanding the impact of their actions locally, nationally, and globally	Stewardship Y5 Common Good Y6 <b>Other faiths weeks</b>			<b>All year groups Environmental topic Summer Term</b>		The Online Community Y4
	2.3.1.2. Self-giving, able to put aside their own wants to serve others locally, nationally, and globally	Self-Discipline Y4					
	2.3.1.3. Prophetic in their ability to identify injustice and speak out against it locally, nationally, and globally	Special Places Y3 God's People Y4 Stewardship Y5 Common good Y6			<b>All year groups Environmental topic Summer Term</b>	Immigration: What's our answer? Y6	
Religious understanding of human communities	2.3.2.1. God is Trinity – a communion of persons	<b>All units within Come and See</b>	<b>All units within A Journey in Love</b>				
	2.3.2.2. The key principles of Catholic Social Teaching	<b>All units within Come and See</b>	<b>All units within A Journey in Love</b>				
	2.3.2.3. The Church is the Body of Christ	Common Good Y6 Mission Y5 Unity Y6	<b>All units within A Journey in Love</b>				
	2.3.3.1. That there are some cultural practices which are against British law and universal rights (e.g., honour-based violence and forced marriage, human trafficking etc.)						



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Living in the Wider World	2.3.3.2. That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers						
	2.3.3.3. That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread				Animals including Humans <b>Y3 Sc3/2.2</b>  <b>Micro-organisms – Yr 6</b> To understand that there are very small organisms called micro-organisms which can be harmful to our health.		
	2.3.3.4. About the range of national, regional, religious, and ethnic identities in the United Kingdom and beyond and the importance of living in right relationship with one another	Stewardship <b>Y5</b> Common good <b>Y6</b> <b>Other faiths weeks</b>				Immigration: What's our answer? <b>Y6</b>	