

CAD 5-19 Team – Resources to support SEND learners – Part 2
(Please also see original resource published 31st March)

Dear SENCOs/ Parents and carers,

Most schools are setting work for students and it is important that reasonable adjustments are maintained for pupils with SEND. Contact between schools and parents will help to provide feedback on the level and amount of work being provided for individuals with additional needs. Pacing will be important, particularly for SEND pupils who can tire more easily due to the energy it takes to process what is going on around them both in terms of general environment and learning. Learners are likely to need lots of breaks and flexibility on the amount of time focused on school work each day. It is more important to maintain a calm and happy environment than fill every day with 5-6 hours of learning.

Below are some further web links offering **free** resources, activities, games and information. Some websites may require a log in but most are free for the period during which schools are closed (please check individual websites).

Some of these websites have a specific SEND focus or area whilst others have activities grouped by age. For those with age recommendations please consider which activities are most appropriate for your children based on their developmental level rather than age. The websites below cover a range of needs and curriculum areas including activities to support young people who may be experiencing increased worry and anxiety at this time. As learning moves online there is also a section to support with online safety and virtual tours of places of interest.

The novelty of not going to school may wear off quickly for some while for others the change in routine can be difficult to understand and adapt to. If it helps to be organised and provide routine we have included some further links with templates to create your own schedules and pre-made examples that you can use.

The resources included are there as a guide, not all resources will be appropriate for all children so please preview websites and resources to share those that are appropriate for your children.

Most importantly, please remember that although formal lessons like English and maths are important they are not the only way to learn! It is equally, if not more important at this time to spend time with your children and young people; sharing life skills around the home, maintaining physical activities, having fun and allowing for relaxation time (for parents and teachers as well as children!).

Best wishes

CAD 5-19 Support Team

Learning activities

Twinkl: They are continuing to update their home learning hub with schedules and lesson ideas and have a parent's page for additional support. Enter offer code for premium access (Offer code: UKTWINKLHELPS).

<https://www.twinkl.co.uk/resources/covid19-school-closures>

Live Lessons from Twinkl teachers

https://www.youtube.com/channel/UCMY4o8_rPjmFoatx7F4TvHQ

ReadingWise: Free resources to support reading comprehension. Schools will need to register in order to be given a whole school username and password which can then be shared with pupils. Access will currently expire on 31st May. Included is an online interactive Roald Dahl pack (story section and questions can be read aloud on screen), classics pack and a link to a phonics resource.

<https://readingwise.com/coronavirus-support>

<https://readingwise.com/blog/homelearning-with-readingwise>

Classroom secrets: Home learning packs by age group and supporting activities including fine motor skills practise and memory games.

<https://classroomsecrets.co.uk/free-home-learning-packs/?fbclid=IwAR3TBFi91-dQa06dGztyZ5leTPyBQlod4jEnVUhH3-ENo8GW93ruVU7CpAo>

Crickweb: Educational games across age ranges and curriculum areas

<http://www.crickweb.co.uk/>

Word United: Videos and worksheets including hand washing sequences, simple sensory activities, emotions board game, communication cards, fine motor skills activities and more. Can be filtered by topic and includes an SEN filter.

<https://wordunited.com/resources/>

Western approaches: History lessons live from a WWII bunker, video clips and activities.

https://www.youtube.com/channel/UCE1PzOWM3L4z9wZGFfHSUdw/feed?disable_polymer=1

National Geographic kids: Games, fact sheets, learning activities across various subjects

<https://www.natgeokids.com/uk/>

<https://www.natgeokids.com/uk/teacher-category/primary-resources/>

Legoland California: Weekly Lego challenges, wordsearches, mazes and colouring sheets

<https://www.legoland.com/llcbuildingchallenge/>

ASDAN: Free resources and lesson plans from pre-entry level and entry level, up to level 2 (GCSE) can be downloaded after completing a short form. Includes resources for learners with SEND focused on life skills and experiences which can be completed at home. Other units include English, maths, animal care and employability.

<https://www.asdan.org.uk/resources/free-resources>

Minecraft: Information regarding how to access Minecraft education resources * teachers and learners require a valid Office 365 Education account to access – some elements are available without this.

<https://education.minecraft.net/blog/microsoft-extends-access-to-minecraft-education-edition-and-resources-to-support-remote-learning/>

NASA: pictures, videos, games and activities about NASA and it's missions.

<https://www.nasa.gov/kidsclub/index.html>

BBC Bitesize – Games, lessons, activities and quizzes across a variety of ages and topics.

<https://www.bbc.co.uk/bitesize>

From 20th April offering daily lessons in English, maths and other core subjects through bitesize, iPlayer and Red button and will also contain a section for pupils with SEND.

<https://www.bbc.co.uk/bitesize/articles/zn9447h>

Online books/ stories/ music activities

Oxford owl: Free ebook library, storytelling videos and activities for English and maths including home learning ideas. From 3+

<https://home.oxfordowl.co.uk/reading/>

Storyline Online: Stories read by celebrities

<https://www.storylineonline.net/>

Singing hands: Makaton signed nursery rhymes, songs and stories.

https://www.youtube.com/user/SingingHandsUK/videos?disable_polymer=1

The Sensory Projects: Links to live streaming TACPAC sessions, massage stories and sensory stories.

http://www.thesensoryprojects.co.uk/covid19-resources?utm_source=

Soundabout live: fun songs and music activities for children to join in with using instruments or household items.

<https://www.youtube.com/channel/UCz kf-oB7V5tTguM36Km5WAA/featured>

Mr Tumble: Makaton supported videos and songs.

<https://www.bbc.co.uk/cbeebies/shows/something-special>

Communication and Interaction

Twinkl: Communication cards, PECS cards and visual support resources (Offer code: UKTWINKLHELPS)

<https://www.twinkl.co.uk/resources/specialeducationalneeds-sen-cognition-and-learning/specialeducationalneeds-sen-cognition-and-learning-visual-resources/sen-communication-cards>

Widgit: Symbol supported tasks and activities, including recipes and arts and crafts – updated regularly.

<https://www.widgit.com/resources/popular-topics/index.htm>

In addition access to **WIDGIT online** remains free (**Code: WIDGIT30**) with templates to create symbol resources such as visual timetables, schedules, flashcards, word mats, bingo cards and worksheets (templates found in the create a grid option. Also offers speech to text option (only in Google Chrome). Examples and tutorials on website – contact team if additional support required.

<https://bit.ly/2QGH1f7>

Illinois Autism Partnership School closure toolkit: Now and next visuals, task boards, schedules and images for sensory movement and academic activities – may not all relevant but good range and choice.

https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6552095_2.pdf?0.11589340381807767

The Communication Trust: Activities to support communication an interaction.

https://www.thecommunicationtrust.org.uk/media/3166/postcards_school_age_final.pdf

Social, Emotional and Physical Wellbeing

THRIVE approach: A Facebook site has been set up which is open to everyone. Posts for activities and ideas for wellbeing in addition to weekly activity updates added to the files section.

<https://www.facebook.com/groups/145621073473221/>

NHS: Every mind matters tips for anxiety, suitable for older pupils or parents who are worried or anxious about Coronavirus and isolation.

<https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/>

Young minds: Articles aimed at teenagers and young adults about anxiety, wellbeing and coping with coronavirus and isolation. General coping strategies and articles linked to specific mental health difficulties. Also offer advice for parents supporting young people.

<https://youngminds.org.uk/blog/>

<https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>

Headspace: Free guided meditations

<https://www.headspace.com/covid-19>

A few thoughts on Corona Virus: Dr Siobhan Timmins – Guidance for adults on supporting positivity to reduce anxiety.

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/A-few-thoughts-on-the-Corona-Virus.pdf>

Government guidance around supporting mental health and wellbeing: Provides specific sections for learning disabilities, autism and how children at different ages may react.

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak#helping-children-and-young-people-cope-with-stress>

University of Oxford and University of Reading: Guidance on supporting young people with worries about COVID-19.

<https://www.rcslt.org/-/media/docs/Covid/uk-england-advice-for-children-and-young-people.pdf?la=en&hash=B7AEBAAB7914AEF9ED9F3E7F678F3E8EE7C77C0C>

Amazing kids: Animation based on young people talking about autism and their experiences.

<https://youtu.be/VAogdfYPstU>

Understood: Activity ideas to support social and emotional skills and the second link contains ideas for hyperactive learners.

<https://www.understood.org/en/school-learning/learning-at-home/games-skillbuilders/social-emotional-activities-for-children>

https://www.understood.org/en/school-learning/learning-at-home/games-skillbuilders/cabin-fever-indoor-activities-for-hyperactive-kids?_ul=1*1u0k3xl*domain_userid*YW1wLV9hVzUtX2xDeFUtZI9zVmVzeVdLRHc.

Sadler's Wells theatre: family dance workshops and movement activities aimed at pupils 2-6 years old but fun for any age to join in.

https://www.youtube.com/playlist?list=PLAC0ZTI5pkuzlbdGtV_-bimq6JL5ArVit

Indoor ball games: suitable for various ages and most made from household items.

<https://frugalfun4boys.com/indoor-ball-games-kids/?fbclid=IwAR1RJruyuGeRd-C9ZLAEbhJZ8rUxetoZSzAsEtsnI2SN9TTCIWFRtKdZW4>

Tumble Tots: Physical activities and live sessions to follow with action songs

<https://www.tumbletots.com/wp-content/uploads/2020/03/Tumble-Tots-at-Home-Activity-Grid.pdf>

<https://www.youtube.com/playlist?list=PLPy56tmTI89AIYwablw5FPhkJKJNvpjPQ>

Change 4 life: Accessible and indoor physical activities.

<https://www.nhs.uk/change4life/activities/accessible-activities>

SEN Resources Blog: Videos with activities to promote learning through play.

<https://www.youtube.com/channel/UCpkztoFHIgP4jpJDKWNWaHA>

Paths to literacy: An Early Tactile Activity for Young Visually Impaired Children

<https://www.pathstoliteracy.org/strategies/whats-my-purse-early-tactile-literacy-routine>

PMLD/ Complex needs

Little Amber: Free musical activity cards for children with Complex Needs and/or visual impairment

<https://www.ambertrust.org/littleamber/app/>

Active Learning Spaces: Advice and activities to create an active learning environment at home for children with Complex Needs and/or visual impairment. Links to activity ideas can be found if you scroll to the bottom of the linked page.

<http://www.activelearningspace.org/families/families-overview>

Sensory app house: Range of free sensory apps for sensory stimulation and relaxation, including digital painting and photo fun

<http://www.sensoryapphouse.com/>

Ash Field Academy: Home learning suggestions for pupils with PMLD.

<https://primarysite-prod-sorted.s3.amazonaws.com/ash-field-academy/UploadedDocument/92a358817cd1467aa98a6f9f4e433dda/home-learning-guide-for-pmlD-pupils.pdf>

Online Safety

Most give parental advice with a few containing activities for young people to complete themselves.

Thinkuknow: Advice on using parental controls, safety activities updated fortnightly.

<https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/>

Childnet: Advice on parental controls, parent toolkit, advice for talking to children about staying safe online and a specific topic board regarding supporting young people with SEND online.

<https://www.childnet.com/parents-and-carers>

<https://www.childnet.com/parents-and-carers/hot-topics/supporting-young-people-with-send-online>

NSPCC: parental controls, talking to children about internet safety, online gaming advice, understanding the risks of different online content and how they can be used safely.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

Virtual tours

Lots of virtual tours available across zoos, museums and even theme parks. The websites below list a selection of these but many more are available by searching online.

<https://www.goodtoknow.co.uk/family/best-virtual-tours-for-kids-536089>

<https://kidsactivitiesblog.com/135714/virtual-field-trips/>

UK and US zoo live streams: https://www.holidaypirates.com/travel-magazine/13-zoos-that-offer-live-streams-see-giraffes-koalas-pandas-tigers-penguins-more_35765

Google Earth and Google Earth education: Explore places across the globe; guided questions, lesson plans and activities available.

https://www.google.co.uk/intl/en_uk/earth/

https://www.google.com/intl/en_uk/earth/education/resources/

Virtual farm videos:

https://www.facebook.com/pg/AnimalFarmAdventurePark/videos/?ref=page_internal

Virtual photo and video tours of aircraft: <https://www.eyerevolution.co.uk/aircraft/>

Roller Coasters: <https://www.youtube.com/watch?v=9vwAu5cEIM8&feature=youtu.be>