

Social Stories, information leaflets and videos

The links below provide a range of social stories in a variety of media and aimed at different developmental levels. There are also information videos and leaflets to support understanding of coronavirus, school closures, social distancing and how to wash hands effectively. There is a lot of information around at the moment, most of which can be quite scary. These links have been chosen because they provide factual information in a way that children and young people can understand but provide positive messages about what people can do. Explaining to young people what they can do can be a way to ease anxiety around situations they do not have control over. If you have difficulty accessing the links let us know and we can provide a copy.

Best wishes

CAD 5-19 Support Team

Widgit have worked with **Sheffield NHS** to produce symbolised information leaflets and symbol supported social stories regarding Coronavirus.

<https://www.sheffieldchildrens.nhs.uk/patients-and-parents/coronavirus-resources-for-children-and-families/>

Belfast health and social care trust: An animated video providing an explanation of coronavirus for children.

<http://www.belfasttrust.hscni.net/about/3267.htm>

Brain pop: video about Coronavirus and some related activities. Not for younger viewers however older pupils or those that need a more detailed description may benefit. **Recommend adults viewing first.**

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Carol Gray social stories

Coronavirus and pandemics

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus-1.pdf>

Watching a Pandemic on TV

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Watching-a-Pandemic-on-Television-by-Carol-Gray.pdf>

I Can Help

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/COVID-19-I-Can-Help-1.pdf>

Learning about Coronavirus: Dr Siobhan Timmins – Aimed at older children/ young adults

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Learning-About-the-Corona-Virus-by-Dr.-Siobhan-Timmins-1.pdf>

There is always a schedule – social story and activity sheet

<https://carolgraysocialstories.com/wp-content/uploads/2020/04/There-is-Always-a-Schedule-1.pdf>

<https://carolgraysocialstories.com/wp-content/uploads/2020/04/Discovered-Schedule-Activity-Sheet.pdf>

ELSA support social stories: What is coronavirus?, school is closing, social contact and someone I know has coronavirus

<https://www.elsa-support.co.uk/coronavirus-story-for-children/>

<https://www.elsa-support.co.uk/our-school-is-closing-for-a-while/>

<https://www.elsa-support.co.uk/social-contact-story/>

<https://www.elsa-support.co.uk/someone-i-know-has-coronavirus-story/>

LGFL – symbol supported social stories at various levels.

<https://www.lgfl.net/covid19socialstories>

Freddy, school and the Coronavirus

<https://www.acamh.org/app/uploads/2020/03/Freddy-school-and-the-coronavirus.pdf>

Mencap: Various easy read documents suitable for older teenagers/ young adults – lots of information included but clear and simple language. Scroll down to easy read information and click on the headings.

<https://www.mencap.org.uk/advice-and-support/health/coronavirus-covid-19/>

Links below include easy read Government advice, updates and Prime Minister's letter.

<https://www.mencap.org.uk/sites/default/files/2020-03/24th%20March%20Cv19%20Gvt%20Advice.pdf>

<https://www.mencap.org.uk/sites/default/files/2020-03/Info%20about%20covid19%2031st%20March.pdf>

<https://www.mencap.org.uk/sites/default/files/2020-04/Prime-Minister-Letter-Easy-Read.pdf>

Illinois Autism Partnership – Coronavirus and social distancing stories. Versions for both younger and older students.

<https://www.easterseals.com/chicago/explore-resources/autism-resources-1.html>

PAAutism: Coronavirus, social distancing, handwashing and isolation social stories and animations. Also available in Russian, Chinese, Spanish and Arabic.

<https://paautism.org/resource/coronavirus-resources/>

Mindheart: Story booklet available in multiple languages.

<https://www.mindheart.co/descargables>

Eden Primary: Simple picture story that can be saved as an image.

<https://edenprimary.org.uk/inclusion/send-information-board/zor-picture-story-re-school-closure/>

The autism educator – What is Coronavirus?

<https://littlepuddins.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf>

What is Corona virus? *factsheet*

https://1bfa4b51-198e-427f-b304-9de47117ed68.filesusr.com/ugd/977339_6dab5ddc804f4c8baa477825ecfd3b7a.pdf

What is social distancing? *factsheet*

https://1bfa4b51-198e-427f-b304-9de47117ed68.filesusr.com/ugd/977339_0c6c48c184cf40738341baf9a2af1db6.pdf

Autism speaks: Social story about flu but still relevant and includes a handwashing routine template.

https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf

Autism and the Corona virus: 20 tips from Dr Peter Vermeulen

https://search3.openobjects.com/mediamanager/biborough/directory/files/covid_19_advice_from_peter_vermeulen_march_2020.pdf

Hand washing videos and visual support

Video and song to the tune of 'If you're happy and you know it'

https://www.youtube.com/watch?v=zxlQn7KaCNU&feature=emb_title

Video with simple language (key words) and no background music or song. Also a hand-washing routine visual is available to download below the video.

<https://starautismsupport.com/washing-hands-supports>

Sensory Spectacle: Alternative hand washing ideas and considerations for those with sensory difficulties regarding hand washing.

<https://www.sensorspectacle.co.uk/spd-covid-19>

If the child/ young person has sensory difficulties you may need to consider the following in relation to handwashing: liquid vs. solid soap, fragrance, water temperature, antibacterial gel/ spray, use of hand lotion afterwards

Nanogirl science: Video demonstrating a simple experiment to show why we need to use soap when washing our hands.

<https://www.youtube.com/watch?v=HKP5Uilpu3E>

Learning to wash hands carefully: Social story

<https://siobhantimmins.uk/wp-content/uploads/2020/03/Social-Article-Learning-to-wash-hands-carefully.pdf>