



# St Wilfrid's News

January 2024

## HAPPY NEW YEAR

Welcome back to our Spring Term. Its great to see all the children back in school refreshed after the Christmas break.

### Uniform Reminders

School Shoes should be worn for school – not trainers.

PE Kit – white T shirt and black joggers, leggings or shorts with a sweatshirt.

No cropped tops.

Our uniform policy states EARRINGS are not to be worn for school. Unless your child has just had their ears pierced, **earrings should not be worn for school**. They will be asked to take them out.

### After School Clubs

Our clubs this term are

Monday Flamenco Dancing for Year 5 and 6

Wednesday – Multi skills for Reception, Year 1 and Year 2

Thursday - Dodgeball for Year 3 and 4

We have some spaces in each club – if your child would like to join please contact the school office.

**REMINDER WE ARE A NUT FREE SCHOOL** – do not send your child into school with food that contains nuts.

### Cool Milk

We are part of the Coll Milk Scheme – if you would like your child to receive milk each day you can sign up here

[Parents – Cool Milk](#)

Diary Dates	
Week Beginning 15 <sup>th</sup> January	<b>INCLUSION WEEK</b> The children will be learning about British Values. Respect and , Tolerance, Rule of Law, Democracy and Individual Liberty. Author and illustrator Liz Million will be in on Tuesday 16 <sup>th</sup> working with the children.
Friday 26 <sup>th</sup> January	Holocaust Memorial Day Assembly led by some children from Year 5 & 6 2.45 in school hall. Everyone welcome.
Friday 2 <sup>nd</sup> February	NSPCC Numbers Day Come to school dressed as number. £1 donation for NSPCC
Friday 9 <sup>th</sup> February	Year 4 Class Assembly – 2.45pm all welcome <b>LAST DAY OF HALF TERM</b>
Monday 19 <sup>th</sup> January	<b>SCHOOL REOPENS AFTER HALF TERM BREAK</b>
Friday 8 <sup>th</sup> March	World Book Day
Monday 11 <sup>th</sup> March	Science Week
Friday 15 <sup>th</sup> March	Red Nose Day – Non-Uniform Day
Thursday 28 <sup>th</sup> March	<b>LAST DAY OF TERM</b> before Easter break
Monday 15 <sup>th</sup> April	<b>SCHOOL REOPENS FOR SUMMER TERM</b>



## School Life

### First Steps

We have started the new term by reading the story of the Gingerbread Man. The children have been able to retell the story and then we made our very own Gingerbread Men. They were delicious!



### Pupil Parliament

We are part of Bishop Hogarth Trust of 35 schools. This week we took part in the first meeting of the Trust Parliament. Each school nominated a pupil who will act as a Member of Parliament over the coming year and help the adults make decisions about our schools.

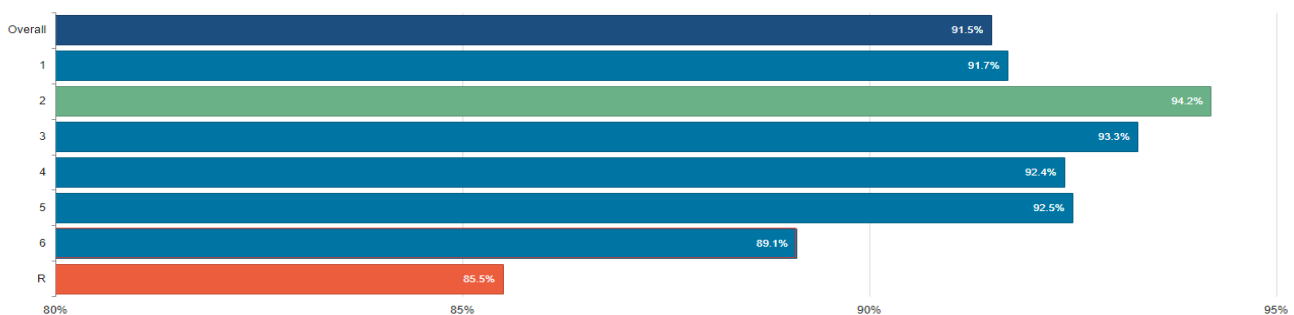
Isabel from Year 5 is our first MP and she did brilliantly representing our school at the meeting in Sedgefield this week.



### Attendance

Our school target for attendance is 95% at present we are only 92%. This needs to improve.

Overall



### Packed Lunches

Please be mindful of the items you put in your child's packed lunch. Find below guidance on what should be included.



**Healthy lunchbox**

Variety is key to healthy eating for your toddlers.

Planning meals and snacks to include a variety of food and drinks from these food groups each day will provide your little ones with the good balance of nutrients they need to flourish and thrive!

Pick one food type from each box and remember to mix it up each day:

- STARCHY CARBOHYDRATES**  
\*Choose Wholemeal/high fibre options where possible
- PROTEINS**  
\*e.g. Meat, fish, beans, pulses, tofu
- VEGETABLES**
- FRUIT**
- FOR STRONG BONES**  
\*e.g. milk, yoghurt, soya/pea milk
- REMEMBER A DRINK AND BE KIND TO YOUR TEETH**

<https://foundationyears.org.uk/wp-content/uploads/2017/11/Eat-Better-Start-Better1.pdf>

<https://www.nhs.uk/start4life/weaning/>

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### Healthy Snack

At break times the children are allowed to bring in a **healthy** snack. This should be fruit or a cereal bar. NOT bags of sweets, lollies or chocolate.