



May News 2023

Reading

Reading is an essential skill. As your child develops their skills they need to practice – they need to practice at home. The children get reading time in school but need as much practice as possible. We have books in the school hall the children can take home as well as their class readers. A few pages each night can make a huge difference. We try to show the children how important reading is so please support us by hearing them read at home.

Attendance

Our school target is to have attendance of at least 95%, by the end of the Autumn term our figure was 92.3%. Here are the attendance figures for each class for the last term.

Attendance up to end of December – school target is 95%	
Reception	80.6%
Year 1	93.4%
Year 2	92%
Year 3	93.3%
Year 4	92.8%
Year 5	93.2%
Year 6	92.5%
Well done to Years 1, 3 and 5 who have slightly better attendance than other classes.	

Ice Cream Friday

As we are moving into Summer the children can buy and ice cream on Friday at break time for 50p.

Diary Dates	
Thursday 18 th May	Ascension Thursday
Friday 26 th May	Pentecost Liturgy in school 2.30pm all are welcome
27 th May- 4 th June	Half term
Sunday 11 th June	Family Mass
12 th -14 th June	Year 6 London Residential
Tuesday 27 th June	First Steps Sports Day
Wednesday 28 th June	Year 3 & 4 Sports Day
Thursday 29 th June	Year 1 & 2 Sports Day
Friday 30 th June	Year 5 & 6 Sports Day
Thursday 6 th July	Summer Fayre
Friday 7 th July	School Reports will be sent home
3 rd – 7 th July	Health and Wellbeing Week
Wednesday 12 th July	Leavers Mass
Friday 14 th July	Proms on the Playground
Tuesday 18 th July	Year 6 Leavers Assembly School Disco
Thursday 20 th July	Last day of Summer term
Tuesday 5 th September	First day of Autumn term



May News 2023

Green Team

Welcome to our newly formed 'Green Team'. As you are probably aware we have had our Earth Keepers in school for a number of years now, helping to look after our environment and educate the other children. We are saying newly formed as it has been a little while since we have been on the 'campaign trail'.

Our recent project has been the 'Big Battery Hunt'. We are taking part in a competition from the National Schools Partnership' to see which school can collect and recycle the most of batteries.

Our very keen battery monitors have counted all the batteries that we have recycled since Christmas which was an amazing 1075 - but we still need your help to recycle more.

Please send in your used batteries (any size or make) and we will recycle them from school.

Every year 6 million batteries are thrown away, that is over 20 Tonnes of battery waste in landfill. It can take over 100 years for them to decompose. The chemicals in the batteries pollute the soil which then affects plants and animals.

Help us to make our planet a better place for our children.



Clothes Collection Box

Please remember we have a clothes bank by the school gates. Anyone having a Spring clean, drop bagged unwanted clothes in the box. The items are recycled and we receive money for school fund.

Contact Details

Please ensure we have up to date phone and email contacts. If they change please inform school, thanks.



May News 2023

Class Dojo

We use Class dojo for messages, reminders, class information and celebrations. If you are unable to access it please contact school.

Illness/Absence

We all know this time of year there are a variety of ‘bugs’ going round and more children are absent from school due to illness. If your child is unwell and not able to come to school, please contact school either by phone, message on Dojo (to Miss Sands) or email office@stwilfrids.bhcet.org.uk .

Handwashing – avoiding spreading diseases

In school we are constantly reminding children to wash their hands and spraying hands with sanitiser through the school day. Please continue to encourage this behaviour at home. Particularly handwashing after the toilet.

So many pupils are forgetting to wash their hands after going to the bathroom.

Unwashed hands can carry unseen germs and then cause them to spread.

Same with coughs or colds - cough into and elbow not hand, blow nose into tissue then throw it into the bin. Then wash hands.

Clean tissues are available to the children in every class in school and they can bring their own to school if they are feeling unwell. Please find attached to this newsletter information and advice on hand hygiene, preventing the spread childhood diseases and what action to take if your child is unwell.

FREE THERMOMETERS

We have several boxes of digital thermometers available **free** from the school office.

Nursery Places



Is your child 3 years old and ready to start nursery – or do you have friends or family looking for a nursery place -we have nursery places available.

In nursery we nurture and enrich each unique, individual child through playful experiences in a warm, safe, fun and caring environment!

We offer 15 hour sessions which run each morning from 8.45am - 11.45am or an afternoon session each day from 12.15pm -3.15pm.

We also offer 30 hour sessions for those entitled which allows your child to attend Monday to Friday for the school day, term time only.

If you have a child of nursery age or know anyone who would be interested in their child attending please go to the main school office to complete an application form.

Coronation Celebrations

Thanks to Bishop Auckland Town Council who sent us a celebration box with stickers, crowns and snacks.



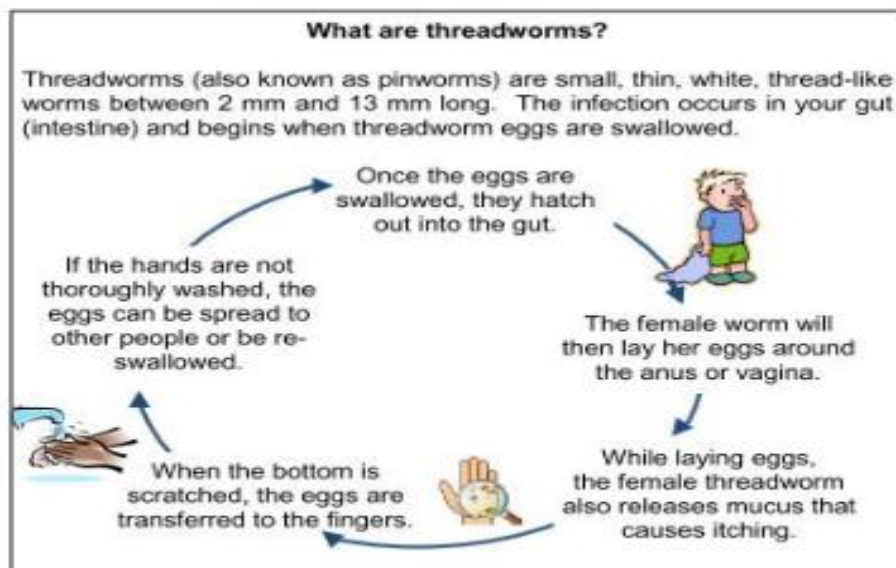
Make sure you wash your hands...



Join the Clean Team...stop the spread of germs!

May News 2023

Threadworm



What are the symptoms of threadworm?

- Intense itching around the anus (or the vagina in girls), particularly at night.
- Disturbed sleep as a result of the itching, which can lead to irritability.

Severe or persistent threadworm infections can cause:

- Loss of appetite
- Weight loss
- Skin infection (if bacteria get into the scratches caused by itching)
- Difficulty getting to sleep or staying asleep.

Looking for threadworms

Threadworms are difficult to see because of their size and colour. The best time to try to find threadworms is at night when female worms come out to lay their eggs. If you are trying to see whether your child has threadworms, check about two to three hours after they have fallen asleep. The worms may be visible on your child's night clothes or bed sheets.

Threadworms can sometimes also be found in stools (faeces). Threadworm eggs are not visible to the naked eye.

How do you treat threadworms?

To successfully treat threadworms, all household members must be treated, even if they have no symptoms. The aim of treatment is to get rid of the threadworms and prevent re-infection. To do this, you can use one of the following methods:



May News 2023

1. Hygiene method

Strict hygiene measures can be used to clear up a threadworm infection and reduce the likelihood of re-infection.

The life span of threadworms is approximately six weeks, so it is important that the hygiene measures are followed for six weeks. Everyone in the household must follow the advice outlined below.

- Wash all night clothes, bed linen, towels and soft toys when you are first diagnosed. This can be done at normal temperatures but make sure that the washing is well rinsed.
- Thoroughly vacuum and dust the whole house, paying particular attention to the bedrooms. Continue to vacuum regularly and thoroughly.
- Carefully clean the bathroom and kitchen by damp-dusting surfaces and washing the cloth frequently in hot water. Continue to clean bathroom and kitchen surfaces regularly and thoroughly.
- Avoid shaking any material that may be contaminated with eggs, such as clothing or bed sheets. This will help prevent eggs being transferred to other surfaces.
- Do not eat food in the bedroom, because you may end up swallowing eggs that have been shaken off the bedclothes.
- Keep your fingernails short. Encourage other members of your household to do the same.
- Discourage nail-biting and sucking fingers. In particular, make sure that children do not suck their thumb.
- Wash your hands frequently and scrub under your fingernails, particularly before eating, after going to the toilet and before and after changing your baby's nappy.
- Wear close-fitting underwear at night and change your underwear every morning.
- Bath or shower regularly, particularly first thing in the morning. Make sure that you clean around your anus and vagina to remove any eggs.
- Ensure that everyone in your household has their own face flannel and towel. Do not share towels.
- Keep toothbrushes in a closed cupboard and rinse them thoroughly before use.

Children can easily pick up another threadworm infection from friends or at school, so maintaining good hygiene may help prevent another outbreak.



May News 2023

Choose the right service for your needs

SELF CARE

Grazed knee, sore throat, cough.

Ensure your medicine cabinet is well-stocked and visit www.selfcareforum.org for guidance on self care.

PHARMACIST



Diarrhoea, minor infections, headache, painful cough, runny nose, skin rashes. To find your local pharmacy visit www.nhs.uk/Service-Search

GP SURGERY/ HEALTH CENTRE/ 'OUT-OF-HOURS HEALTH SERVICES'

Continuing ear pain, fever, stomach pain, vomiting and other illnesses. To find your local GP surgery visit <http://www.nhs.uk/Service-Search>.
If your GP surgery or dentist is shut but you need assistance urgently, call NHS 111 who can book you an appointment if necessary.

NHS 111

If you need medical help fast but it's not an emergency – NHS 111 can help by giving advice and/or access to the most appropriate service such as dentist, pharmacy, community services and GP services. NHS 111 can also dispatch an ambulance if needed. NHS 111 is free from landlines and mobiles 24 hours a day, 7 days a week, 365 days a year.

VISIT AN URGENT CARE/ MINOR INJURIES WALK-IN CENTRE

They're mainly run by nurses who can treat minor illnesses and injuries on the spot. You don't need an appointment and they're open outside office hours.

To find your local centre visit www.nhs.uk/Service-Search

A&E or 999

Choking, chest pains, heavy bleeding, cannot breathe, serious burns.

To find your local A&E visit <http://www.nhs.uk/Service-Search> or call 999