



A DAY IN THE LIFE OF A YEAR 7 ST WILFRID'S STUDENT PART 2

Dear Year 6 pupils,

This week our Transition Ambassadors want to share with you a little bit about their year seven best bits. This includes curriculum highlights, celebrating beautiful books, lunch time, and extra curricular opportunities. During your transition days you will get to experience taster sessions of lots of our subjects, but hopefully our ambassadors sharing their experience will help introduce you to life at St Wilfrid's in advance of your visit to us.

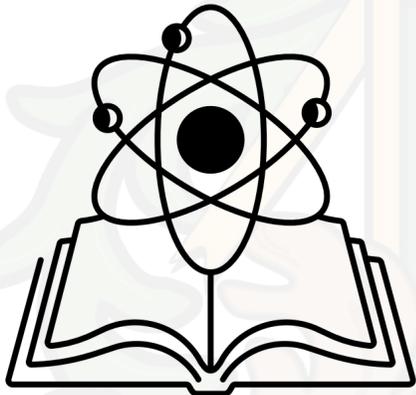
Yours Faithfully,
Mrs. Thompson
Transition Coordinator





CURRICULUM HIGHLIGHTS

Transition Ambassador: Kaarachi



“My favourite subjects are physics and art because I love expressing myself through drawings and I like to know how the world works. I think you will love learning about energy stores in physics because it’s an interesting lesson on how there’s so much energy in our world.”

Transition Ambassador: Thomas



“My favourite subject is science because of the practical experiments we get to do in class. This year I’ve enjoyed lunches the most, the paninis are so delicious. I think you will love P.E in year 7, the sports hall is huge.”

Transition Ambassador: Maizie

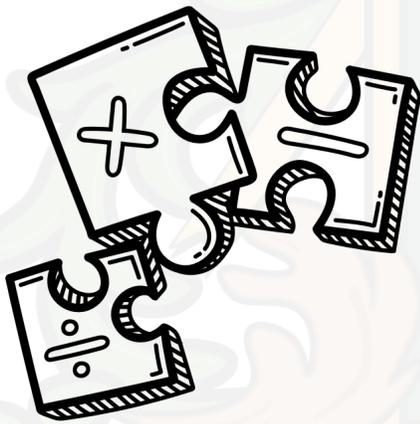


“My favourite subject is P.E because you get to try out lots of different sports. This year I’ve enjoyed art the most as I got to use lots of art materials that I’d not tried before. I think you will love learning about Design Technology in year 7, especially when you get to try cookery.”



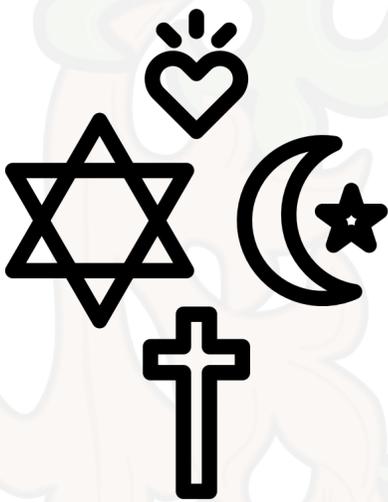
CURRICULUM HIGHLIGHTS

Transition Ambassador: Eddie



“My favourite subject is mathematics because I love solving puzzles. This year I’ve enjoyed P.E the most as I’ve had the opportunity to attend many events and represent the school. I think you will love learning about history in year 7, it’s so interesting.”

Transition Ambassador: Manny



“My favourite subject is RE because I enjoy learning about other religions and why people believe what they do as it impacts the way they live their lives. This year I’ve really enjoyed I’ve enjoyed history the most because I find it interesting learning about the past and what they used to do to solve illnesses.”

Transition Ambassador: Darcy



“My favourite subject is English, I especially loved reading ‘A Prince Of Mist.’ This year I’ve enjoyed active lunches the most, if the weather is good we get to go outside. I think you will love science in year 7, you get to handle acids and alkalines!”



ST WILFRID'S STANDARD

Transition Ambassador: Matilda

“In lessons we all follow the St. Wilfrid’s Standard to make sure our work is presented beautifully. Throughout the year there are events where we can take our books and show our work to earn certificates and prizes.

In the front of all of our books we have a picture of our St Wilfrid’s Standard, this helps us check our work and makes the expectations really clear.

“I’m really proud of my English book. I’ve loved making sure my work is really neat and working to the best of my ability.”

ST WILFRID'S STANDARD

We are prepared and equipped to learn.

In our school bag, we have...

- Pupil planner
- Reusable water bottle
- Reading book

In our pencil case, we have...

- Black or blue pen
- Pencil
- Ruler
- Green pen
- Scientific calculator

This is how we present our books:

We write the date and title and underline using a ruler.

We always start sentences with capital letters.

We use subheadings to structure our work, if appropriate.

We correct any spelling, grammar or punctuation mistakes.

We always write in black or blue pen.

We always respond to feedback in green pen.

We use a pencil and ruler for diagrams.

We always write in our best handwriting.



LUNCH TIME



**CHADWICK'S
KITCHEN**

CHADWICK'S KITCHEN SECONDARY MENU

WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Meatball Pasta Served with Garlic Bread and Seasonal Vegetables	Lasagne Served with Garlic Bread and Seasonal Vegetables	Roast Of the Day Yorkshire Pudding Roast Potatoes and Seasonal Vegetables	Chicken Korma Served with Rice and Seasonal Vegetables	Fish and Chips Served with Beans Peas Curry Sauce/Gravy
Main 2	Cajun Chicken Wrap Served with Wedges and Seasonal Vegetables	Roasted Vegetable Flatbread Served with Wedges and Seasonal Vegetables	Posh Dog in a Bun Served with Potatoes Wedges and Seasonal Vegetables	Beef and Veg Steak Grill Served with Potatoes and Seasonal Vegetables	Selection of Pizza's
Veggie	Cauliflower and Chickpea Curry Served with Rice/ Seasonal Vegetables	Crispy Topped Vegetable Pie Served with Seasonal Vegetables	Vegetable Tortilla Stack Served with Roast Potatoes/ Seasonal Vegetables	Macaroni Cheese Served with Salad Or Seasonal Vegetables	Selection of Panini's
Pasta	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces
Sandwiches Potato	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches
Dessert	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts

2024/2025

St. Wilfrid's prides itself on our outstanding school meals service provided by Chadwick's Kitchen and is delighted to offer our students an award winning dining experience.

Take a look at the example standard sample menu. What would you choose for lunch?





LUNCH TIME

Transition Ambassador: Maimuna

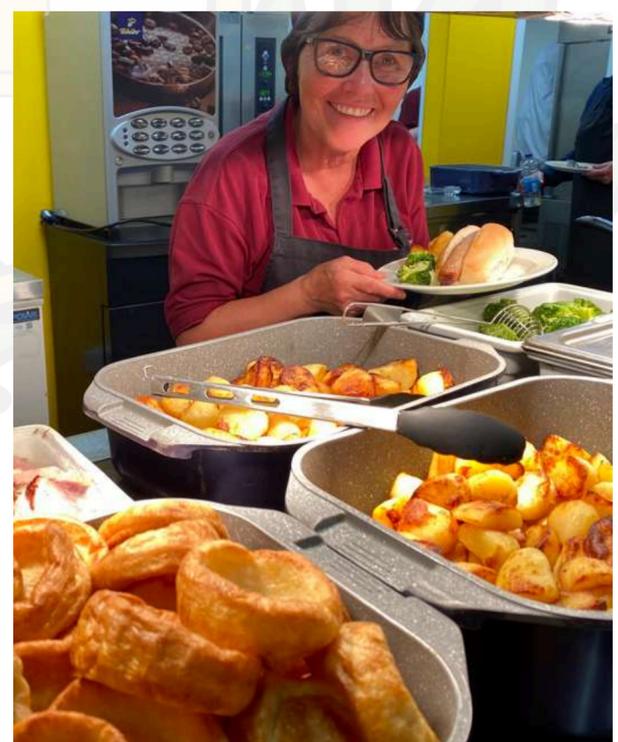
“ At lunch time there are so many choices. Our school chefs are truly amazing. My favourite is the pasta, but the hot meal of choice changes each day.

The staff at lunch time are really helpful, we pay at the till using our fingerprint. You will get your fingerprint taken on Transition Day in July, so you will be ready for September.

At St Wilfrid's we **Respect** our environment, we make sure to clean up after ourselves, returning our tray and clearing away any litter. Our lunch time supervisors remind us of our responsibilities and make sure our dining hall is a lovely place to sit and have lunch.

Some pupils also bring packed lunch, there are plenty of benches to sit and eat whatever you choose. After we have finished eating we make our way to our yard for some fresh air.

I can't wait for you to try our famous school lunches, on Transition Day you will have to let me know what your favourite is!”





EXTRA CURRICULAR OPPORTUNITIES

Enrichment is a vital component of our culture and way of life at St. Wilfrid's. There are an exciting range of opportunities to excel and explore beyond the classroom through our rich and diverse extra-curricular and enrichment offer including (but not limited to):

- A diverse range of sports
- British Sign Language
- Chess club
- Choir,
- Orchestra
- Rock band
- Computer Science Club
- Cookery Club
- Eco Club
- John Paul II Award
- Spelling Bee
- Sports Leadership
- STEM club
- The Duke of Edinburgh's Award
- World Religion Club





AMBASSADOR ADVICE

Xander: "I came on transition day without anyone from my primary school and I made friends on day 1!"

John: "Nothing is impossible, the word itself is I'm possible."

Lily: "Everyone is welcome no matter who you are."

Gabriella: "The teachers are very nice, and really take care of us."

Darcy: "You will find your family at St. Wilfrid's."

Lucy: "Secondary school is great, don't be afraid to ask anyone for help."

Praise: "St. Wilfrid's is the best place to achieve your goals. You are pushed to be the best version of yourself."

Niamh: All the staff are so kind and really helpful."

Matilda: "Struggle is the first step to success."

Kaarachi: "If you are worried about fitting in, just remember that everyone here was in your shoes once."

Thomas: "The food here is amazing!"

Ayma: "I always thought that it would take a miracle for me to learn the whole school map, but it only took one week and I knew the school like the back of my hand."

Scarlett: "You might be nervous but you will love it here, and don't worry I can help show you around."



TELL US ABOUT YOURSELF

Our Transition Ambassadors have tried to tell you everything they think you need to know about their experiences at St Wilfrid's. We hope their support and information has helped you.

To help us in starting to get to know you please complete the tasks below.

Don't forget to bring all of your tasks along to your Transition Days in July.

My Name is...

My favourite subject is...

I am most worried about...

I am looking forward to...

I think I will need support with... Insert pic of Ambassador

Outside of school I love to...

On my Transition Days I hope I get the opportunity to...

My first day will be...