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21 January 2026

Relationships and Sex Education (RSE) Policy – Parental Consultation

Dear Families,

As a Catholic school, we are committed to working in close partnership with parents to support the spiritual, moral, social and cultural development of our pupils. The Church teaches that parents are the first and most important educators of their children, particularly in matters relating to relationships, sex and health education.

In line with our statutory responsibilities, the school has recently reviewed its Relationships and Sex Education (RSE) Policy. The purpose of this review was to ensure the policy remains up to date, accurately reflects current practice within the school, and continues to align with Department for Education guidance and our Catholic ethos. There have been no substantive changes to the content, delivery, or resources used as part of our RSE provision.

At St Wilfrid's RC College, Relationships and Sex Education is delivered through the award-winning 'Life to the Full' programme by Ten Ten, which we have used since 2020. This programme is widely recognised for its high-quality, age-appropriate resources and is taught in partnership with the Department for Education and the Catholic Education Service. We remain confident that this programme continues to be the best fit for our pupils and our community. Ten Ten place a strong emphasis on the vital role of parents in supporting their children's learning. Parents are encouraged to engage with the Ten Ten Online Parent Portal, which provides an overview of lesson content, summaries of each session, links to key resources, and suggestions for discussion, reflection, activity and prayer at home.

The Parent Portal can be accessed via:

<https://www.tentenresources.co.uk/parent-portal/>

You will need the following login credentials for our school:

Username: st-wilfrid-ne34

Password: south-bank

To support openness and transparency, the reviewed RSE policy will be available on the school website. We welcome any feedback you may wish to offer as part of this consultation. If you would like to share comments, ask questions, or discuss any aspect of the policy further, please direct your feedback to Mr P. Given at pgiven@st-wilfrids.org by Monday 26th January 2026..

In line with statutory guidance, parents continue to have the right to request that their child is withdrawn from some or all aspects of sex education that do not form part of the National Curriculum (such as content covered in Science). If you wish to discuss this process, or the curriculum more generally, please contact your child's Head of House in the first instance.

Thank you for your continued support and for working in partnership with us to ensure the best possible education for your child.

Yours faithfully,

Mr P. Given
Senior Assistant Headteacher



Bishop Chadwick
Catholic Education Trust