

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese 	Phat Pasty Pork Sausage Roll with Potato Wedges 	Roast Chicken, Stuffing, Roast Potatoes & Gravy 	Spaghetti Bolognaise 	Fish Fingers or Salmon Fish Fingers with Chips & Ketchup 
OPTION 2	Coconut Curry and Rice 	Mild Mexican Chilli with Rice 	Roast Quorn, Roast Potatoes & Gravy 	Smokey Bean Burger with Wedges & Tomato Sauce 	Cheese & Bean Pasty with Chips & Tomato Ketchup 
DESSERT	Banana Mousse 	Orange Drizzle Cake 	Fruit Platter 	Apple Flapjack 	Jelly with Mandarins 

*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN