



This poster is to help you decide what could be a 'problem' and where to get help and support.

Has someone touched you and made you feel uncomfortable or has someone touched you somewhere where they shouldn't?  
You must tell someone at school so we can help.  
***Don't keep it a secret***

Has someone said something to you that upsets you or have you heard something that you do not like?

***Don't keep it a secret***

Has someone hit, punched or smacked you or hurt you in any way? You must tell someone at school so we can help you.

***Don't keep it a secret***

Here to help....  
**Don't keep  
it a secret**

You have the right to feel safe and happy.  
Don't keep sad feelings to yourself.

Examples of people you can tell are:  
Your teacher  
Teaching Assistant in your class  
DSLs  
Any adult in school  
Lunchtime Organisers  
***Don't keep it a secret***

Has someone asked you if you want a tablet or to smoke a cigarette, or have a drink of something and you do not know what it is?  
*Do not eat, drink or smoke what they are giving you. You must tell someone at school so we can help.*  
***Don't keep it a secret***

Has anyone sent you unkind messages or threatened you on your phone, i-pad or other electronic device?  
Have you seen anything that has upset or worried you?  
Has someone online asked you to do anything that made you feel uncomfortable?  
You must tell someone at school so we can help.  
***Don't keep it a secret***

Is someone hurting you, threatening you or calling names on a repeated basis?  
You must tell someone at school so we can help you.  
***Don't keep it a secret***