**Overview of PSHE Content – Nursery**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1****Keeping Safe**  | **Autumn 2****Living in the Wider World**  | **Spring 1** **Mental & Emotional Health**  | **Spring 2****No Outsiders****Equality Act 2010** | **Summer 1****Relationship and Sex Education****(Ten:Ten**) | **Summer 2****Healthy Lifestyles** |
|  | **self-regulation** | **managing****self** | **building relationships** | **self-regulation** | **managing****self** | **building relationships** | **self-regulation** | **managing****self** | **building relationships** | **1) Mommy, Mamma and Me by Leslea Newman and Carol Thompson**To celebrate my family **2) Red Rockets and****Rainbow Jelly by Sue Heap and Nick Sharratt**To understand that its OK to like different things  | 1**) You’ve got a friend in me**To learn how their behaviour affects other people and that there is appropriate and inappropriate behaviour**2) Forever Friends** To recognise when they have been unkind to others and say sorry.**3) Safe Inside and Out**To learn about safe and unsafe situations indoors and outdoors, including online.**4) My body, My rules**To learn about the idea of bodily privacy (including the NSPCC PANTS message that ‘privates are privates’) and the importance of talking to their ‘special people’ if anything troubles them. **5) Me, You, Us** To learn that they belong to various communities, such as home, school,parish, the wider local area, nation and the global community | **self-regulation** | **managing****self** | **building relationships** |
| Nursery | Children will separate from main carer to come into nursery.- individual transition to support children | Children will know the class rules:- Looking eyes- Listening ears- Hands in lap Children will know to wash and dry their hands before eating and after using the toilet. | Children will know how to play alongside each other. | Children will know what adults can help them in nursery- asking for help to zip up coats, build a train track, access climbing equipment safely. | Children will know how to look after resources using the rhyme ‘Choose it, use it, put it away’. Children will know to drink water to be healthy. | Children will know how to play partner games. | Children will become confident with visitors in nursery- farm visit, school nurse | Children will know examples of healthy food- exploring fruit and vegetables including beans, tomatoes and tortilla wraps | Children will share resources and play in a group. | Children will show confidence in visiting St Anne’s church. | Children will know how to independently use the toilet. | Children will know how to listen to a friend and agree a compromise |