



Working, Learning, Caring together in God's love.

RSE Frequently Asked Questions

Following parental consultation, feedback and queries about the RSE curriculum we have compiled a list of FAQs about the subject content and delivery of RSE. If you are still unable to find the answer to a question about the RSE curriculum, please speak to your child's class teacher or email your question to rse@st-annes-jun.manchester.sch.uk where the PSHE subject leads will get back to you as soon as possible.

What does RSE stand for?	RSE is an acronym, it stands for Relationship and Sex Education.
What's RSE all about?	<p>We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.</p> <p>These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.</p>
Will my child in EYFS have RSE lessons?	Yes, however at this age the content of the lessons focusses on recognising ourselves and people and how we are similar or different to our friends.
My child is in Key Stage 1 (years 1 & 2) don't you think they are too young to have RSE lessons?	No, in Key Stage 1 the children are taught about the relationship element of RSE. They build on their learning from EYFS and learn about families (Eg. Big Families, single-parent families, blended families) and also look at how we belong to groups and a community as well as a family.

My child is in year 4, what will they be taught?	On our school website you can find the overview of the PSHE curriculum, which lets you know the content of what your child will be learning and when in all year groups.
Will my child be taught about periods?	Your child will be taught about menstruation, along with the bodily changes of puberty from Year 5 onwards. This aligns with similar Year 5 Science statutory curriculum content covering the gestation period of different types of animals.
Do I have the right to withdraw my child from RSE lessons?	<p>Parents continue to have a right to request to withdraw their child from sex education delivered as part of RSE in year 6 and secondary schools, which should be granted up to three terms before their child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school should make arrangements for this to happen.</p> <p>There is no right to withdraw from Relationships Education at primary or secondary as the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.</p>
How do I withdraw my child from a sex education lesson?	We invite parents to make an appointment with Mrs Ball (RSE lead) to discuss the steps around withdrawal. A form will be completed during this meeting if felt needed.
Who will teach RSE to my child?	Your child will be taught RSE by their class teacher.
I want to be able to teach my child about sex education first but I don't know where to start, can you help me?	You can always ask your child's class teacher for support regarding any of the RSE curriculum. The class teacher can confirm when a particular subject area will be covered and where appropriate sign-post you to websites and books that can support you as a parent.
Do you use a scheme of work to teach RSE?	We use a resource called 'Life to the full' to teach RSE at St Anne's. You have parent access to the learning portal using the following log in: user: st-anne-m8 password: mary-mum
What would happen if a child had a question about something they are learning about during an RSE lesson?	The children may ask a question about something they are learning about in RSE. Their class teacher will answer the question in an age appropriate way. If the question relates to something that will be taught in subsequent years the teacher will explain this to them (on occasions it may be necessary to inform parents of the question in case they want to answer this themselves.)

I would like to share my views about RSE. How can I do this?	<p>We have been as open as possible with parents about the RSE content at St Anne's.</p> <p>We have contacted parents via a letter, held a Google Meet and provided parents with a feedback form.</p> <p>If you have any further questions you can always approach your child's class teacher or contact a member of the SLT team.</p> <p>rse@st-annes-jun.manchester.sch.uk</p>
I am concerned about my child learning about the subject of abuse. What will they be taught?	<p>Children will be taught sensitive subjects at an age appropriate level but will learn about types of abuse across the curriculum. For example in KS1, they may cover the Pantosaurus NSPCC campaign aimed at keeping younger children safe. In KS2, they'll learn about what constitutes a healthy relationship and how to identify when a relationship is unhealthy. Online abuses are also covered with regard to cyberbullying.</p>

Useful Links:

Relationships and sex education (RSE) and health education – Government Guidance

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Buzz Manchester Health and Wellbeing Service www.buzzmanchester.co.uk

Public Health England <https://riseabove.org.uk/> (Support on issues relevant to young people.)

National Children's Bureau

www.ncb.org.uk/news-opinion/news-highlights/getting-relationships-and-sex-education-right-disabled-young-people

NSPCC lesson resources

<https://learning.nspcc.org.uk/research-resources/2019/relationships-and-sex-education-statutory-guidance>

Stonewall LGBT inclusivity <https://www.stonewall.org.uk/>

The Proud Trust <https://www.theproudtrust.org/>

SRE Books as recommended by Manchester Healthy Schools

1. You and your body -(Usbourne Press)
2. Me, Myself and I -Louise Spilsbury
3. Moving On Up -Molly Potter
4. Sex and Relationships Education (7-9 years) -Molly Potter
5. Sex and Relationships Education (9-11 years) - Molly Potter

6. Puberty Book -Wendy Darvill
7. Puberty Susan - Elliot Wright
8. Puberty and Your Body - Alison Cooper
9. Puberty - Leon Gray