



Parents and Carers,

As a part of your child's education at St Anne's RC Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the coming half term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

Here at St Anne's we use 'Life to the Full', a programme in Relationships and Health Education based on the Department of Education guidance which became statutory during the academic year 2020/21. This programme is rooted in a Christian understanding of the human person, based on "[A Model Catholic RSE Curriculum](#)" provided by the Catholic Education Service.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

In addition there will be an online parent platform so that you, as parent and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform please visit:

www.tentenresources.co.uk/parent-portal

-School Username: **st-anne-m8**

-School Password: **mary-mum**

Please find enclosed a short document that will help to give you an overview of the structure and content of the programme. Also, Below you will find the lessons your child will be receiving. To view the content of these lessons you can log onto the online portal, follow the links to your child's year group and click on the lesson in bold.

In your child's class they will be covering the following learning:

Year 5	Do you want a piece of cake?	Understand what consent and bodily autonomy means
	Physical contact	To know that they are entitled to bodily privacy; NSPCC – PANTS session.
	Types of Abuse	Children will be introduced to the term 'abuse' and discuss the different kinds of abuse, including sexual.



		Children will be asked to think of trusted adults that they can talk to about any issues they may face.
Girls Bodies <i>These sessions are to be run in tandem to one another.</i>		About the unique growth and development of humans, and the changes that girls will experience during puberty. About the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life.
Boys Bodies		About the unique growth and development of humans, and the changes that boys will experience during puberty.

Life to the Full is intended to be a partnership between home, school and church. We know that you already do a fantastic job and we see our new programme, **Life to the Full**, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported. If you have any questions or concerns regarding the content of the RSE teaching and resources used, please do not hesitate to get in touch.

Kind Regards,

Mrs Ball