

P.E Overview 2024/25

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental Movement Skills	Dance	Gymnastics	Fundamental Game Skills	Athletics	Team Games
Year 1	Gymnastics (floor)	Dance (themed)	Gymnastics (apparatus)	Dance (innovated)	Athletics	Team Games
	Invasion Skills and Games		Target Skills and Games		Striking and Fielding Games	
Year 2	Gymnastics (floor)	Dance (themed)	Gymnastics (apparatus)	Dance (innovated)	Athletics	Team Games
	Invasion Skills and Games		Target Skills and Games		Striking and Fielding Games	
Year 3	Basket Ball	Dance (themed)	Gymnastics (floor & apparatus)	Tennis	Athletics	Rounders
	Swimming					
Year 4	Gymnastics (floor)	Dance (themed)	Gymnastics (apparatus)	Dance (innovated)	Athletics	Team Games
	Tag Rugby		Hockey		Tennis	Cricket
Year 5	Gymnastics (floor)	Dance (themed)	Gymnastics (apparatus)	Dance (innovated)	Athletics	Team Games
	Basket Ball		Handball		Tennis	Rounders
Year 6	Gymnastics (floor)	Dance (themed)	Gymnastics (apparatus)	Dance (innovated)	Athletics	Team Games
	Tag Rugby		Hockey		Tennis	Cricket

O.A.A to be delivered throughout the year and as part of Outdoor Learning opportunities.

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Invasion Games	Athletics and Fitness	Striking and Fielding
Gymnastics (floor and apparatus)	Dance (taught and interpretive)	Team Games
Sending and Receiving (KS1)	Net and Wall Games (KS2)	Fundamental Movement Skills (EYFS)

Gymnastics (floor)	Children will learn, perform and hold various shapes and forms, create their own sequences and explore ways to link shapes together through transition.
Gymnastics (apparatus)	Children will apply their learning from previous units and incorporate them whilst using apparatus. Children will apply balancing skills and explore 'landings', 'take offs' and learn about paired balance (UKS2)
Dance (themed)	Children will explore dance choreography through various themes, learning about choreographic concepts, formation, pulse, rhythm, motif and props.
Dance (innovated)	Children will apply both dance and gymnastic skills into a small group dance using a particular song, building up their choreography over the course of several weeks.
Team Games	Additional opportunities to apply all previously learnt sporting skills in a variety of sporting games, such as Dodge Ball, Football Rounders, Bench Ball, Football Cricket as well as games from previously taught units.