

## PSHE Curriculum 2024-2025

	Health and Wellbeing		Living in the Wider World		Relationships	
	Autumn 1 Healthy Lifestyles	Autumn 2 Keeping Safe	Spring 1 Rights & Responsibilities	Spring 2 Money & Enterprise	Summer 1 Families & Friendships	Summer 2 Healthy Relationships
EYFS	What are feelings?	How do we keep safe?	What is our community?	What is money?	Who is important to us?	What is a good friend?
Year1	How do we keep healthy? (Hand washing and Teeth hygiene)  What are feelings?	How do our families keep us safe?  What are good secrets/ bad secrets?	Why are rules important in our community?  What is our environment? (Locally)	Where does money come from?  What am I good at?	What is the same and different about us?  How does my behaviour affect others?	Who is special to us?  What is the same and different about people in our life?
Year2	How do we keep healthy? (Sun safety and Personal Hygiene)  What are big/ small feelings?	How do we keep safe?  What is private?	What groups and communities am I part of?  What is our environment?(Globally)	How do people manage money?  What jobs do people do?	What makes us special?  What is diversity?	What makes a good friend?  What is fair, unfair, kind and unkind?
Year3	What influences us in making healthy choices?  How do our feelings affect our behaviour?	What do we do in an emergency?  What is personal space?	What is the difference between my local community and the global community?  How can we look after our environment?	Enterprise task (with Year 6) TBC  What is the link between work and money?	What makes a family?  What does bullying mean?	What does a healthy relationship look like?  Why is it important to be equal in relationships?

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Year4	<p>How do we keep ourselves healthy?</p> <p>What is resilience?</p>	<p>How can we keep safe in a local area?</p> <p>How can we manage our own risks?</p>	<p>How do rules and laws protect us?</p> <p>What can we do to respect and protect our environment?</p>	<p>What does it mean to look after our money?</p> <p>What jobs can we do?</p>	<p>What makes us unique?</p> <p>What is discrimination?</p>	<p>How do we treat others with respect?</p> <p>How can we be a good friend?</p>
Year5	<p>How do we recognise when we are not healthy?</p> <p>What are helpful/unhelpful thoughts?</p>	<p>How do we keep safe in different environments?</p> <p>How can we protect ourselves?</p>	<p>How are rules and laws made?</p> <p>What can we do to respect and protect our environment?</p>	<p>How do people manage money?</p> <p>What are our job aspirations?</p>	<p>What is puberty?</p> <p>How do we challenge stereotypes?</p>	<p>What are different relationships in my life?</p> <p>How do we negotiate and compromise?</p>
Year6	<p>What choices positively and negatively affect our health?</p> <p>How do our thoughts, feelings and behaviours influence each other?</p>	<p>How do we keep safe in the wider world?</p> <p>What do I do in an emergency? (First Aid)</p>	<p>What are human rights and what are children's rights?</p> <p>What can we do to respect and protect our environment?</p>	<p>Enterprise task (with Year 3) TBC</p>	<p>What changes happen in my life?</p> <p>How do we respond to peer pressure?</p>	<p>What makes a happy and healthy relationship?</p> <p>What are the characteristics of a positive, respectful relationship?</p>