

Parents and Carers

Would you be interested in joining other parents on a
Positive Parenting Course?

At

St Bernadette's Catholic Primary School

It's relaxing and enjoyable.

You'll find support, have some laughs, find new friends,
become confident in your parenting skills,
see the difference in your children.
You will be making a difference .

The course leaders are :

Denise Duke - Senior Family Support Worker

&

Alice Freshney -School Nurse

Though the course will run for six weeks we understand that some people may not be able to attend every week due to work & family commitments. Please indicate which sessions you are able to attend



Who can attend?

Mothers, Fathers, Grandparents and all other carers.
Your child does not have to be a pupil at St Bernadette's for you to attend

Where?

St Bernadette's Catholic Primary School.
Devonshire Road, Bispham, Blackpool, FY2 0AJ
Tel: 01253 353641
Email: denise.duke@st-bernadette.blackpool.sch.uk

When?

Wednesday 24th February 2016 - 9.15am -11.15am
Wednesday 2nd March 2016 - 9.15am -11.15am
Wednesday 9th March 2016 - No session
Wednesday 16th March 2016 - 9.15am -11.15am
Wednesday 23rd March 2016 - 9.15am -11.15am
Wednesday 30th March 2016 - 9.15am -11.15am
Wednesday 4th April 2016 - 9.15am -11.15am

Week 1—registration -introduction to the sessions.
Week 2—Emotional needs of the child'
Week 3—Normal development & sensible expectations
Week 4—Setting boundaries and discipline
Week 5—Active listening and 'I' messages
Week 6—Encouragement and Play
Respectful Communications

How?

Return this form to: Denise Duke at school or come to the introduction session on 24th February

Registration Form

I can attend all the sessions.*

I can attend the following sessions *: 24th Febuary, 2nd, 16th, 23rd, 30th March, 6th April 2016. (*please delete where appropriate)

Signed.....

PRINT NAME

ADDRESS.....

.....

POSTCODE.....

TELEPHONE NUMBER

Comments from previous course participants



I would recommend "Positive Parenting" to my friends.



I would recommend to anyone, I feel it has given me a better understanding.



The sessions have been friendly, informal and informative.
I only wish that we had been offered this before.



The sessions have been very interesting and I would recommend it to friends.



It was fun