



St Bernadette's Catholic Primary School

'Doing our best for God'

Date: Wednesday, 28 April 2021



Dear Parents/Carers,

We are very pleased to inform you that during this Summer Term, children from Years 2, 3, 4, 5, and 6 will be taking part in our new 'Forest School' sessions. Year's Reception and Year 1 will start their sessions in September. Kate Topping, a teacher and qualified Forest School leader, will be running the sessions. Our Forest School sessions will be organised in 6-week blocks and last approximately 1 hour. They will take place in the school grounds, within a designated area, that the children will be taking ownership of. The safety and the welfare of the pupils participating in Forest School is paramount and therefore all tasks are age-appropriate and risk assessments will be carried out for all activities prior to taking place.

Forest School started in Scandinavia. It provides the space where people can develop socially, emotionally and physically through play, following individual and preferred learning styles. For more information, please visit <http://www.forestschoolassociation.org/>.

At St Bernadette's, we aim to nurture our children so that they can reach their full potential. We believe that this holistic experience, especially with the times that we are in, will enhance their wellbeing, and equip them with the skills to become confident in their own abilities: in the classroom, outdoors and beyond. We are hoping the sessions will provide our children with the time and space necessary to develop the tools and skills to become resilient, independent and inquisitive learners. We are so fortunate to have such a wide outside space so the children are able to experience the natural environment and to have fun. It is vital that the children have a purpose to their learning so they will achieve far more.



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Head Teacher: Mrs Alexis Satterthwaite



As Forest School is an all year round and all-weather activity, it is important that the correct clothing is worn by children and adults alike. More information will be sent out shortly to inform you when the sessions will take place and what the children will need in order to take part.

We look forward to working with your children and hope they will be able to share their wonderful experiences with you.



Yours faithfully,

Alexis Satterthwaite

Head Teacher