

LEARN TAEKWONDO

with Northern Taekwondo the North West's leading Martial Arts Organisation.



St Bernadette Catholic Primary After School Taekwondo Club

We are pleased to announce our new taekwondo class starting Tuesday 1st March from 3.30 pm until 4.15 pm exclusively for children of St Bernadette Catholic Primary School; classes are taught by Grand Master Lee Heyes 8th Dan in the small school hall.

The Classes will be charged at £6 per child per class charged per half term period.

There is also a Martial Arts licences fee, which is an introductory price of £20.00 for the year.

Northern Taekwondo is run by Grand Master Lee Heyes former British Lightweight Champion, Executive Director of the National Governing Body, Fully insured, CRB Cleared, first aid trained with over 38yrs experience in Taekwondo.

Your child will benefit from Increased self confidence, Street awareness, Self defence, Improved balance and co-ordination, Development of self discipline, Positive Mindset, Manners and a healthy lifestyle, Progress through the belts and become a taekwondo black belt.

If your Child is interested in taking part, please call Grandmaster Master Lee or Master Laura on 07779275207 or email lheyese@aol.com.

This is an excellent opportunity and places are limited and will book up fast!

- Increased Self Confidence ● ALL Ages and Abilities Welcome
- Increase Fitness ● Self Defence ● Healthier Life Style
- Friendly Family Fun Classes ● Develops Self Discipline and Manners
- Improves Balance and Co-ordination



CLASSES ALL ACROSS THE FYLDE COAST - PLEASE VISIT OUR WEBSITE FOR ALL CLASS TIMETABLES

Call Master Lee 8th Dan on: 07779 275207

Website: www.northerntaekwondo.co.uk

Member of the British Taekwondo Council. Governing body for Taekwondo in the UK

