



# St Edmund Arrowsmith Catholic High School

*Prepare the way of the Lord*

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Dear Parent/Carer

I am writing to inform you that in September 2022, our school will once again be taking part in a programme facilitated by the Anna Freud Centre and the University of Manchester, to promote wellbeing in young people.

Last year we joined 93% of mainstream secondary schools in Greater Manchester participating in the 'BeeWell' initiative which helped individual schools to gain a better understanding surrounding the current wellbeing of their students and what they could do to address any significant concerns.

### **So what does this mean?**

In summary, two year groups (Y9 and Y10) have been selected to take part in the initiative and students from both of these year groups will complete a survey about their wellbeing. Student responses are anonymised, and the school is given general feedback about the cohort which will allow us to examine if we could do more to support students with issues such as stress, anxiety or emotional regulation. The feedback we received last year enabled us to compare our results to other schools in Greater Manchester as well as highlighting how Greater Manchester as a region can best respond to the needs of young people. **Just to emphasise, no specific reference will ever be made to your son/daughter within the report**, the data produced will be anonymised by the University of Manchester when the survey takes place.

I have enclosed a copy of the '**Parent and Carers Information Sheet**' provided by the University of Manchester and the Anna Freud Centre, which will hopefully answer any questions that you may have about the initiative. This document also highlights where you can find further information if you require it.

I trust that all of the enclosed information will answer any queries, however please feel free to contact me at school if you require any further details.

Yours faithfully

*D Cullen*

**D CULLEN**  
Associate Assistant Headteacher