Year 10 Examination Information



October 2023

KS4 Assessment Calendar

St Edmund Arrowsmith Catholic High School firmly believes that student progress is best achieved when teaching and learning, curriculum and assessment are all carefully integrated toward the goal of adequately preparing students for future examinations and beyond.

With this in mind, St Edmund Arrowsmith Catholic High School places significant value on assessment as a mechanism for informing teaching and learning, providing personalised support for students, and enabling all students to progress well in their acquisition of knowledge and skills.

The following document details the assessment calendar for pupils in each GCSE subject in Year 10 and Year 11. It not only provides information on the content of Y10 exams termly and yearly but also the important mock and trial testing in Year 11.

These formal and informal assessments will be like those used by exam boards to award the final GCSE/technical award. Students' knowledge and skills will be assessed to reinforce and identify areas of weakness and strength. This will feed into the planning and evaluation of the curriculum, as well as future sequencing and intervention programmes.

Pupils and parents should review this document regularly to ensure our young people are clear about testing and to remind them of units that they need to revise.

We hope you find this document useful as you walk with our young people through their GCSE journeys.

Subject	GCSE	Year 10	Year 10	Y11	Year 11
	What does the real GCSE	Assessment 1	Assessment 2	Assessment 1	Trial exam
	entail	(December)	(June)	(October)	(January)
Art	Coursework – 60% of grade:	The first assessment in December will	The second assessment in	The first assessment in October	The Trial Exam is the first
	A series of practical projects	be based on the mainly completed first	June will be based on the	will be based on the mainly	half of the actual exam
	that are all marked as one	project. It will be assessed against the	fully completed first and	completed first project. It will	project, including a small
Exam board-	large body of work and	objectives in column 2.	second projects, along with	be assessed against the	first outcome and is marked
AQA	assessed against four		supplementary work. It will	objectives in column 2.	against the AOs as with all
	assessment objectives that	Y10 Projects:	be assessed against the		other work. The trial exam
	are summarised below:		objectives in column 2.	In year 11 students will study	mark also considers the
		Project 1 – Self-directed theme		the "Church topic" where they	coursework up to that point.
	AO1 – Developing ideas by	exploring 3D and other artists. This		explore the theme of church	It includes a period of exam
	exploring ideas whilst	leads to a clay outcome. Project 2 –		and develop a project of their	condition, as with the real
	demonstrating understanding	Nature Vs Manmade or Identity.		own inspired by it.	exam.
	of other artists.	Students are given the opportunity to			
	AO2 – Refining work whilst	explore this theme while exploring			
	exploring ideas and	teacher directed artists. This leads to a			
	experimenting using relevant	2D outcome. Workshops – students will			
	media and techniques.	explore facets or media of the art			
	AO3 – Recording ideas	world, creating responses to these to			
	through drawing or other	demonstrate understanding. (These			
	methods.	projects will occur at different times			
	AO4 – Present a personal	depending on the teacher.)			
	outcome/project that ties				
	work together and				
	demonstrates understanding				
	of artists and art techniques.				
	Exam 40% of grade:				
	Another project that runs				
	from Jan-April. The exam				
	board sets 7 themes and the				
	student picks one. It				
	concludes in 10hrs of exam				
	condition making time. It is				
	marked against the same				
	assessment objectives.				

Biology	Biology Paper 1	<u>1 hour Biology Paper</u>	<u>1 hour 45 minute</u>	<u>1 hour 45 minute Biology</u>	<u>1 hour 45 minute</u>
	1hr 45 mins	Unit 1 – Cell Biology	Biology Paper	<u>Paper</u>	Biology Paper
Exam board-	Biology Paper 2	Unit 3 – Infection and Response	Unit 1 – Cell Biology	Unit 1 – Cell Biology	Unit 5 – Homeostasis
AQA	1 hr 45 mins		Unit 2 - Organisation	Unit 2 - Organisation	and Response
			Unit 3 – Infection and	Unit 3 – Infection and	Unit 6 – Inheritance,
			Response	Response	Variation and
			Unit 4 - Bioenergetics	Unit 4 - Bioenergetics	Evolution
					Unit 7 - Ecology
Chemistry	Chemistry Paper 1	<u>1 hour Chemistry Paper</u>	1 hour 45 minute Chemistry	1 hour 45 minute Chemistry	1 hour 45 minute Chemistry
	1hr 45 mins	Unit 1 – Atomic Structure and the	<u>Paper</u>	<u>Paper</u>	<u>Paper</u>
Exam board-	Chemistry Paper 2	Periodic Table	Unit 1 – Atomic Structure	Unit 1 – Atomic Structure and	Unit 6 – Rate and Extent of
AQA	1 hr 45 mins	Unit 2 – Bonding, Structure and the Properties of Matter	and the Periodic Table Unit 2 – Bonding, Structure	the Periodic Table Unit 2 – Bonding, Structure	Chemical Change Unit 7 – Organic Chemistry
		Unit 3 – Quantitative Chemistry	and the Properties of	and the Properties of Matter	Unit 8 – Chemical Analysis
			Matter	Unit 3 – Quantitative	Unit 9 – Chemistry of the
			Unit 3 – Quantitative	Chemistry	Atmosphere
			Chemistry	Unit 4 – Chemical Changes	Unit 10 – Using Resources
			Unit 4 – Chemical Changes	Unit 5 – Energy Changes	
			Unit 5 – Energy Changes		
Childrens'	60% coursework	Formative assessment	Formative assessment	Coursework	Coursework
Learning	40% written exam	Pupils complete end of topic tests at the	Pupils complete end of topic	Pupils will complete part of	Pupils will complete R058
		end of every unit of work and are	tests at the end of every	R058 which will be sent to the	which will be sent to the
Exam board -	Coursework is completed in 2 sections. The first one is	assessed on the completion of work booklets for each unit.	unit of work and are assessed on the completion	moderators – a percentage of this will be used combined with	moderators – a percentage of this will be used to
OCR	completed in Year 10 and the		of work booklets for each	the exam to give overall grade.	combined with the exam to
Cambridge	second completed in Year 11.	Coursework	unit.		give overall grade.
nationals		They will complete RO59 section 1		Mock exam	
	Tasks are released in July before Y10.	which are sent off to the moderator in May of year 10.	Coursework They complete RO59 in 4	They will sit an existing Cambridge National paper	Trial exam They will sit an existing
	Coursework	May of year 10.	sections which are sent off	Cambridge National paper exam paper and be allocated	Cambridge National paper
	RO58 – creating a safe	Exam	to the moderator in May of	the full length of time of 1 hour	exam paper and be
	environment and	Pupils will sit an exam based on unit 1	year 10.	and 15 minutes. This exam will	allocated the full length of
	understanding the nutritional	and unit 2 of the theory content.	Francis	cover units 1, 2 and unit 3.	time of 1 hour 15 minutes.
	needs of a child (25%) R059 – understanding the	In order to get a realistic grade the	Exam	In order to get a realistic grade	The exam will cover all units $1-4$.
	development of a child (25%)	overall grade given will be a 60/40 split		the overall grade given will be	1-4.

	Exam is based on 4 units which are completed throughout year 10 and 11 RO57 – Health and wellbeing for child development Unit 1 – preconception health and reproduction Unit 2 – antenatal care and preparation for birth. Unit 3 – postnatal check care and conditions for development Unit 4 – childhood illnesses and a child safe environment	of coursework completed so far (RO59) and exam.	Pupils will sit an exam based on unit 1 and unit 2 of the theory content. In order to get a realistic grade the overall grade given will be a 60/40 split of coursework (R059) and exam	a 60/40 split of the part coursework (both R059 and part of R058) and exam	In order to get a realistic grade the overall grade given will be a 60/40 split of coursework and exam (both R059 and R058) and exam.
Combined Science	Biology Paper 1 1hr 15 mins	<u>1 hour Biology Paper</u>	<u>1 hour 15 minute</u>	<u>1 hour 15 minute Biology</u>	<u>1 hour 15 minute</u>
		Unit 1 – Cell Biology Unit 3 – Infection and Response	<u>Biology Paper</u> Unit 1 – Cell Biology	<u>Paper</u> Unit 1 – Cell Biology	<u>Biology Paper</u> Unit 5 – Homeostasis
Exam board - AQA	Chemistry Paper 1 1 hr 15 mins	1 hour Chemistry Paper	Unit 2 - Organisation	Unit 2 - Organisation	and Response
		Unit 1 – Atomic Structure and	Unit 3 – Infection and	Unit 3 – Infection and	Unit 6 – Inheritance,
	Physics Paper 1 1 hr 15 mins	the Periodic Table	Response	Response	Variation and
	I nr 15 mins	Unit 2 – Bonding, Structure and	Unit 4 - Bioenergetics	Unit 4 - Bioenergetics	Evolution
	Biology Paper 2	the Properties of Matter	1 hour 15 minute	1 hour 15 minute	Unit 7 - Ecology
	1hr 15 mins	Unit 5 – Energy Changes	Chemistry Paper	Chemistry Paper	1 hour 15 minute
	Chemistry Paper 2	<u>1 hour Physics Paper</u>	Unit 1 – Atomic	Unit 1 – Atomic Structure	Chemistry Paper
	1 hr 15 mins	Unit 1 – Energy	Structure and the	and the Periodic Table	Unit 6 – Rate and
	Physics Paper 2	Unit 3 – Particle Model of	Periodic Table	Unit 2 – Bonding,	Extent of Chemical
	1 hr 15 mins	Matter	Unit 2 – Bonding,	Structure and the	Changes
			Structure and the	Properties of Matter	Unit 7 – Organic
			Properties of Matter	Unit 3 – Quantitative	Chemistry
			Unit 3 – Quantitative	Chemistry	Unit 8 – Chemical
			Chemistry	Unit 4 – Chemical	Analysis
				Changes	

			Unit 5 – Energy Changes <u>1 hour 15 minute</u> <u>Physics Paper</u> Unit 1 – Energy Unit 2 - Electricity Unit 3 – Particle Model of Matter	Unit 5 – Energy Changes <u>1 hour 15 minute Physics</u> <u>Paper</u> Unit 1 – Energy Unit 2 - Electricity Unit 3 – Particle Model of Matter Unit 4 – Atomic Structure	Unit 9 – Chemistry of the Atmosphere Unit 10 – Using Resources <u>1 hour 15 minute</u> <u>Physics Paper</u> Unit 5 - Forces Unit 6 - Waves Unit 7 – Magnetism and Electromagnetism
Computing Exam board- OCR	 Paper 1 – 1 Hour 30 Minutes – 50% of Grade Computer Systems Architecture, memory and storage Networks and security Ethical, legal and cultural and environmental impacts Paper 2 – 1 hour 30 minutes – 50% of grade Computational thinking, algorithms and programming Section A – combination of practical and theory questions Section B – Assesses pupil ability to write code using a high-level programming language 	Combination of Topics from Paper 1 and Paper 2 – 100% Exam – 1 hour Binary Conversions Binary Shift Binary Addition Hexadecimal Conversions Image Representation Sound Representation Compression Logic Gates Basic Programming Concepts (Sequence,selection,iteration, arrays) Variables Data types	Combination of Topics from Paper 1 and Paper 2 – 100% Exam – 1 hour 45 mins Data Representation (see assessment 1 list) Basic Programming Concepts Searching and sorting Algorithms Programming theory Advanced Programming(SQL, File handling, 2D Arrays) CPU, Memory and Storage Computer Networks	 2 x 1 hour paper Paper 1 - Computer Systems Computer Architecture Memory Storage Networks Security Data Representation Ethics Paper 2 - Computational Thinking, Variables, inputs, outputs Data types Sequence, Selection and iteration Arrays SQL File Handling Searching and sorting algorithms 	Trial Exam – 1 hour 45 mins Pupils will sit the exam in one session. The Trial exam will be split into two sections Section 1 – will cover any topic from paper 1 as mentioned previously in this document Section 2 – will cover any topic from paper 2 mentioned previously in this document.

Design	50% coursework	Formative assessment	Formative assessment	Coursework (NEA)	Coursework (NEA)
&Technology	50% exam	Pupils complete end of topic tests at	Pupils complete end of topic	They will also complete NEA	They will also complete NEA
Greennology	50% exam	the end of every unit of work.	tests at the end of every	coursework – contextual brief.	coursework – contextual
	Coursework briefs are	the end of every unit of work.	unit of work.	A percentage of this mark will	brief. A percentage of this
Exam board -	released in July of year 10	Coursework		be added to exam mark to give	mark will be added to exam
AQA		Pupils are to upskill in all material	Coursework	a realistic grade.	mark to give a realistic
	The NEA requires pupils to	areas.	Pupils are to upskill in all	They will have completed the	grade.
	design and make a product to	They will complete coursework which	material areas.	following sections	They will have completed
	solve a specific contextual	covers the following practical skills:	They will complete	• Section A – Research	the following sections
	challenge.	 Investigation 	coursework which covers	 Section B – Design 	Section A –
		 Drawing techniques 	the following practical skills:	brief and	Research
	The exam is broken down into		Practical	specification	 Section B – Design
	7 units	Exam	workshop skills	 Section C – Initial 	brief and
	Unit 1 – new and emerging	Pupils will sit an exam which will be	 2D design sills 	ideas	specification
	technologies	marked out of 50 and will be 1 hour	Exam	Total of 40 marks	Section C – Initial
	Unit 2 – energy, materials,	and 15 minutes long.	They complete 1 AQA past		ideas
	systems and devices	The exam will cover content from the	paper - full allocation time	Exam	Section D –
	Unit 3 – materials and their	following units:	of 2 hours. The exam will be	They complete 1 AQA past	Developing ideas
	properties unit 4 – common	 Unit 6 – designing principles 	marked out of 100.	paper - full allocation time of 2	Section E –
	specialist technical principles	 Drawing techniques 	It will include questions	hours. The exam will be	Realising (making
	Unit 5 – materials	Maths	from the following units:	marked out of 100.	Total of 70 marks
	Unit – designing principles		 Unit 1 – new and 	It will include questions from	
	Unit 7 – making principles	In order to get a realistic grade the	emerging	the following units:	Exam
		overall grade given will be a 50/50 split	technologies	 Unit 1 – new and 	They complete 1 AQA past
		of coursework and exam.	 Unit 2 – energy, 	emerging	paper - full allocation time
			materials, systems and devices	technologies	of 2 hours. The exam will be marked out of 100.
			 Unit 3 – materials 	 Unit 2 – energy, materials, systems 	It will include questions
			• Onit 3 – materials and their	and devices	from the following units:
			properties	 Unit 3 – materials 	• Unit 1 – new and
			 Unit 4 – common 	and their properties	emerging
			specialist	 Unit 4 – common 	technologies
			technical	specialist technical	 Unit 2 – energy,
			principles	principles	materials,
			 Unit 5 – materials 	 Unit 5 – materials 	systems and
			• Unit 6 – designing	 Unit 6 – designing 	devices
			principles	principles	

			 Unit 7 – making principles During the time of the exam pupils will receive a condensed revision list which will outline the specific unit details of which features on the exam. In order to get a realistic grade the overall grade given will be a 50/50 split of coursework and exam. 	 Unit 7 – making principles During the time of the exam pupils will receive a condensed revision list which will outline the specific unit details of which features on the exam. In order to get a realistic grade the overall grade given will be a 50/50 split of coursework and exam. 	 Unit 3 – materials and their properties Unit 4 – common specialist technical principles Unit 5 – materials Unit 7 – making principles Unit 7 – making principles During the time of the exam pupils will receive a condensed revision list which will outline the specific unit details of which features on the exam. In order to get a realistic grade the overall grade given will be a 50/50 split of coursework and exam.
English Exam board- EDUQAS	Paper 1 - 1hr 45 mins Component 1- Section A – comprehension exercise. Section B – narrative writing Paper 2 – 2hrs Component 2 Section A – Analysing non- fiction texts Section B- 2 transactional writing tasks	<u>10X1-5/ 10Y2/ 10EC1 & 2</u> Language Component 1, section B. Pupils will have been tested in class on section A in October.	10X1-5/ 10Y2/ 10EC1 & 2 Language Component 2, section B (pupils will have been tested on section A w/b 12 th February).	11X1-5/ 11Y2/ 11EC1 & 2 Language Component 1, section A. 11Y3-5 Language Component 1, section A.	 <u>11X1-5/ 11Y2/ 11EC1 & 2</u> Language Component 2 (full paper). Language Component 1B: March 2025. <u>11Y3-5</u> Language Component 2 (full paper). Language Component 1B: March 2025.

English literature Exam board- EDUQAS	Paper 1 – 2hrsComponent 1Section A Shakespeare –extract question and essayquestionSection B – Anthology –analysis of single poem.Comparison essay of twopoems.Paper 2 – 2 hrs 30 minsComponent 2Section A – Blood Brothers –essay question (45 mins)Section B – A Christmas Carol– essay question (45 mins)Section C – Unseen poetry	10Y3-5 Literature Component 2B: A Christmas Carol. Pupils will have been tested in class on section A (Blood Brothers) in October. 10X1-5/ 10Y2/ 10EC1 & 2 Pupils will have been tested in class on Literature Component 2A (Blood Brothers) in November.	10Y3-5Pupils will have been testedin class for the following:w/b 12th FebruaryComponent 1B, anthologypoetry;w/b 22nd April Component1A, Macbeth.Pupils in these classes willsit the GCSE in May/June202410X1-5/ 10Y2/ 10EC1 & 2Literature Component 1B,anthology poetry and 2B, AChristmas Carol.	<u>11X1-5/ 11Y2/ 11EC1 & 2</u> Literature Component 1A Macbeth extract analysis September 2024.	11X1-5/ 11Y2/ 11EC1 & 2 Literature Component 1(full paper).Literature Component 2A orB, A Christmas Carol/BloodBrothers tested in classFebruary 2025.Literature Component 2.March 2025 'Walkingtalking' exam (where thepupils are taken throughthe exam and completeonly some sections).
French and Spanish Exam board- AQA	Each element is worth 25% of the total mark. The syllabus is made up of a number of topics which are divided into 3 key Themes. Theme 1 and most of Theme 2 are covered in Year 10. The remainder of Theme 2 and Theme 3 are taught in Year 11. <u>Listening Paper</u> (45 mins Higher tier, 35 mins Foundation) Section A: Listen to spoken French / Spanish and answer	The first assessment in year 10 will test the vocabulary and topics covered so far. These will be from theme 1. You will be expected to understand texts about, and be able to write about: - Self, family and friends. - Marriage and relationships with others. - Technology (use of the internet and phones) - Free time This will be tested through 3 papers. Listening Paper 45 mins Higher tier, 35 mins Foundation) The paper will test the topics covered so	The end of year assessment tests understanding of the topics covered so far. These will be taken from themes 1 and 2. You will be expected to understand spoken and written texts about a variety of topics. You will also be required to write about the topics covered at the start of the year as well as: - Your home - Your local area / region	understanding of language from all of themes 1 and 2. You will be expected to understand spoken and written texts about a variety of topics. You will also be required to write about these topics. This will include all of the topics covered in year 10 as well as: - Holidays and travel - The environment - Social issues Listening Paper	The trial exam is a full set of past GCSE papers (Listening, Speaking, Reading and Writing) These will cover all of the topics studied throughout the course. <u>Listening Paper</u> (45 mins Higher tier, 35 mins Foundation) Section A: Listen to spoken FR/SP and answer in English. Section B: Listen to spoken FR/ SP and
	in English.	far from Theme 1.	Listening Paper	45 mins Higher tier, 35 mins Foundation)	Listen to spoken FR/ SP and answer in FR / SP.

Section B:	Reading Paper (1 hour Higher tier, 50	45 mins Higher tier, 35 mins	The paper will test the topics	
Listen to spoken French /	mins Foundation)	Foundation)	covered so far from Theme 1	<u>Reading Paper</u> (1 hour
Spanish and answer in French		The paper will test the topics	and Theme 2.	Higher tier, 50 mins
/ Spanish.	Writing Paper	covered so far from Theme 1		Foundation)
	1 hour	and Theme 2.	<u>Reading Paper</u> (1 hour Higher	Section A: Read FR / SP
Reading Paper (1 hour Higher	Foundation:		tier, 50 mins Foundation)	texts and answer questions
tier, 50 mins Foundation)	Describe a photograph in 4 sentences.	<u>Reading Paper</u> (1 hour		in English.
Section A: Read French /	Respond to a written task (4	Higher tier, 50 mins	Writing Paper	Section B:
Spanish texts and answer	sentences).	Foundation)	1 hour	Read FR / SP texts and
questions in English.	Translate 5 sentences into English.		Foundation:	answer questions in FR /
Section B:	Respond to 4 bullet points – including	Writing Paper	Describe a photograph in 4	SP.
Read French / Spanish texts	tenses and opinions (90 words)	1 hour	sentences.	Section C: Translate a shor
and answer questions in		Foundation:	Respond to a written task (4	passage) into English.
French / Spanish.	Higher:	Describe a photograph in 4	sentences).	, <u> </u>
Section C: Translate a short	Respond to 4 bullet points – including	sentences.	Translate 5 sentences into	Writing Paper (1 hour 15
passage) into English.	tenses and opinions (90 words)	Respond to a written task (4	English.	Higher tier, 1 hour
	Translate a passage into French or	sentences).	Respond to 4 bullet points –	Foundation)
Whiting Deney (1 hour 1)	Spanish.	Translate 5 sentences into	including tenses and opinions	3 extended written
Higher tier, 1 hour	Spanish.	English.	(90 words)	answers at higher tier and
Foundation)		Respond to 4 bullet points –	()	shorter tasks at foundation
3 extended written answers		including tenses and	Higher:	1 task is a translation into
at higher tier and 4 shorter		opinions (90 words)	Respond to 4 bullet points –	French or Spanish.
tasks at foundation.			including tenses and opinions	
1 task is a translation into		Higher:	(90 words)	Speaking Exam (10-12
French / Spanish.		Respond to 4 bullet points –	Translate a passage into French	minutes) Role Play
		including tenses and		Photo Card
Speaking Exam (10-12		opinions (90 words)	or Spanish.	General Conversation
minutes) Role Play		Translate a passage into	Respond to 2 bullet points,	Answer questions on
Photo Card		French or Spanish.	producing an answer of 150	pupil's chosen topic,
General Conversation		Respond to 2 bullet points,	words.	followed by questions on a
Answer questions on pupil's				second topic from the
chosen topic, followed by		producing an answer of 150		remaining two themes.
questions on a second topic		words.		
from the remaining two				
themes.				

Food & Nutrition	50% coursework 50% exam	Formative assessment Pupils complete end of topic tests at the end of every unit of work.	Formative assessment Pupils complete end of topic tests at the end of every unit	Coursework Pupils will complete NEA 1 – Food investigation task. This is	Coursework Pupils will complete NEA 2 – Food preparation task. This
Exam board-	Coursework is divided up between 2 NEA tasks which	Coursework	of work.	worth 15% of their overall GCSE and marked out of 30.	is worth 35% of their overall GCSE and marked out of 70.
AQA	get released in year 11. NEA 1 – Food investigation	Pupils are assessed on their skill level of dishes throughout the year. High level skill dishes include	Coursework Pupils are assessed on their skill level of dishes	This will be done over 10 hours. A percentage of this mark will be added to exam	This will be done over 20 hours and will encompass a 3-hour practical exam. A
	task 30 marks – 15% of overall coursework	 Butchering chicken Pastry making Deboning a fish 	throughout the year. High level skill dishes include - Butchering	mark to give a realistic grade. Exam	percentage of this mark will be added to exam mark to give a realistic grade
	Investigating the chemical and functional properties of ingredients and producing a report with research, investigations and results.	 Meringue Dough/enriched dough High quality presentation skills Pupils will cook and document a range of dishes which demonstrate high level 	chicken - Pastry making - Deboning a fish - Meringue - Dough/enriched dough	Pupils will complete 1 AQA past paper - full allocation time of 1 hour 45 Covering the following topics - Food nutrition and health	Exam Pupils will complete 1 AQA past paper - full allocation time of 1 hour 45 Covering the following
	NEA 1 – Food preparation task	practical skills.	- High quality presentation skills	Food scienceFood choice	topics - Food nutrition
	70 marks = 35% overall coursework Pupils are to plan, prepare, cook a dish that would suit a certain group or cuisine. They are to create a portfolio of evidence and complete a final exam of cooking 3 dishes Exam – 50% 1 hour 45-minute exam worth 100 marks	Exam Pupils will sit an exam which will be marked out of 80 and will be 1 hour and 30 minutes long. The exam will cover content from the topic food safety which has been covered during the first half term. In order to get a realistic grade the overall grade given will be a 50/50 split of coursework and exam.	Pupils will complete a mini NEA 2 which will encompass the demonstration of the high level practical skills. Exam Pupils will complete 1 AQA past paper - full allocation time of 1 hour 45 Covering the following topics - Food nutrition and	 Food safety Food provenance The paper is marked out of 100 and equates to 50% of overall GCSE. In order to get a realistic grade the overall grade given will be a 50/50 split of coursework (NEA1) and exam. 	and health - Food science - Food choice - Food safety - Food provenance The paper is marked out of 100 and equates to 50% of overall GCSE. In order to get a realistic grade the overall grade given will be a 50/50 split of
	Covers theory content on the following topics - Food nutrition and health - Food science - Food choice		health - Food science - Food choice - Food safety - Food provenance		coursework (NEA 1&2) and exam.

	- Food safety Food provenance		The paper is marked out of 100 and equates to 50% of overall GCSE. In order to get a realistic grade the overall grade given will be a 50/50 split of coursework (mini NEA) and exam.		
Geography	Paper 1 - 1 Hour 30 Minutes	Paper 1 – 60 minutes	Paper 1 – 90 minutes	Paper 2 – 60 minutes	Paper 1 and 2 – 120 minutes
	(35% of Grade) Physical Landscapes	<u>Coastal Landscapes</u>		Section A –	Paper 1 – 60 minutes
Exam board-	Coastal landscapes	(30 minutes)		Urban Landscapes	<u>raper 1</u> 00 minutes
AQA	Glaciated	Glaciated Landscapes			<u>Paper 2 –</u> 60 minutes
	Landscapes	(30 minutes)		1) Urbanisation – reasons	
	Challenge of Natural	1) Coasts – processes and		for the growth of cities 2) Challenges of growth –	
	 Hazards Living world – 	landforms (including skills)		includes photograph	
	Rainforests and	2) Erosional Landforms – Wave-cut		analysis	
	Deserts	platform, caves, arches, stacks		 Mumbai – reasons for growth 	
		 Hard Engineering Strategies Glaciation – processes and 		4) Challenges –	
	<u>Paper 2 –</u> 1 Hour 30 Minutes (35%)	landforms (including skills)		Mumbai/Dharavi	
	(55%) Human Landscapes	5) Depositional Landforms –		5) Opportunities –	
	Urban World (Cities)	Moraine, Drumlins, Erratics. 6) Economic and Social Impacts on		Mumbai/Dharavi 6) Urban Planning to	
	Economic World	Glacial Landscapes		improve the lives of	
	(Development)			urban poor in LIC/NEE	
	Resources			 London – reasons for urbanisation 	
	<u>Paper 3</u> – 1 Hour 30 Minutes			8) London – Challenges	
	(30%)			and Opportunities	
	Issues and Fieldwork				

Health and Social Care Exam board- OCR Cambridge Nationals	60% coursework 40% written examCoursework is completed in 2 parts. 1 completed year 10 and one in year 11.Tasks are released in July the year before start dateCoursework RO33 – Supporting individuals though life stage RO34 – Creative and therapeutic activity.RO32 – Principles in health and social care (exam)Exam is based on 4 units which are completed throughout year 10 and 11 Unit 1 – the right for services users in health and social care settings 	Formative assessment Pupils complete end of topic tests at the end of every unit of work and are assessed on the completion of work booklets for each unit. Coursework They will complete RO34 section 1 which are sent off to the moderator in May of year 10. Exam Pupils will sit an exam based on unit 1 and unit 2 of the theory content. In order to get a realistic grade the overall grade given will be a 60/40 split of coursework completed so far (RO34) and exam.	Formative assessment Pupils complete end of topic tests at the end of every unit of work and are assessed on the completion of work booklets for each unit. Coursework They complete RO34 in 4 sections which are sent off to the moderator in May of year 10. Exam Pupils will sit an exam based on unit 1 and unit 2 of the theory content. In order to get a realistic grade the overall grade given will be a 60/40 split of coursework (R034) and exam	Coursework Pupils will complete part of R033 which will be sent to the moderators – a percentage of this will be used combined with the exam to give overall grade. Mock exam They will sit an existing Cambridge National paper exam paper and be allocated the full length of time of 1 hour and 15 minutes, this exam will cover units 1, 2 and unit 3. In order to get a realistic grade the overall grade given will be a 60/40 split of the part coursework and exam	Coursework Pupils will complete R03: which will be sent to the moderators – a percentage of this will be used to combined with the examt give overall grade. Trial exam They will sit an existing Cambridge National pape exam paper and be allocated the full length of time of 1 hour 15 minutes The exam will cover all unit 1-4. In order to get a realisti grade the overall grade given will be a 60/40 split of coursework and exam

History	Paper 1 – 1 hour 15	Paper 2 – Weimar and Nazi	Paper 1 – 75 minutes	Paper 3 -	Trial Exam
	minutes (30% of overall grade).	<u>Germany</u>	Full Medicine Through	British Depth Study:	
Exam board- EDEXCEL	<u>Medicine Through Time.</u> Thematic study of changes	80 minutes	<u>Time</u> paper.	Elizabethan England, 1558- 1588.	Full paper 2 exam
	in medical treatment between 1250 and the	Recovery of Germany under Stresemann (Rentenmark,	1 hour 15 minutes. 30% of course content.	60 minutes	– <u>Cold War ar</u> Elizabethan England -
	present day. Historic environment study: Medicine on the	Dawes/Young Plan. Locarno Pact, League of Nations, Kellog-Briand) -		There are 3 questions on the paper:	1 hour 45 minutes.
	Western Front.	Home Learning Booklet L.6		(a) ' <u>Describe two features'</u> (4 marks),	40% of the course.
	Paper 2 – 1 hour 20 minutes (30% of overall grade). Weimar and Nazi Germany	Hitler's failed attempt to overthrow the Weimar Govt (Munich Putsch 1923) - <i>Home Learning Booklet L.11</i>		 (b) <u>'Explain why'</u> (12 marks) (c) <u>'How far do γou</u> agree?' (16 marks plus 4 	Exam in class time Full exam paper; Weim
	(1919 – 1939) Modern depth study on the political developments in Germany between the world wars.	The Nazi Party after Hitler's release from Prison. 1924-29 - <i>Home Learning Booklet L.12</i>		for SPaG).	and Nazi Germany. 1 hour 15 minutes. Completed over 2 lessons in class.
	Paper 3 – 1 hour 45 minutes (40% of overall grade). Component 1 – Period study International Relations and the era of the Cold War (1941-91) – 20% Component 2 – British Depth Study <u>Elizabethan England</u>				

Imedia	R093 – 1 hour 30 Minute –	Pupils will be working on R094 – Visual	R094 –internally assessed	R094 – Internally assessed unit	R094 – Internally assessed
	Exam – 40%	identity and Digital graphics internal	unit worth 25% will be	worth 25% - score converted	unit worth 25% - score
	The Media Industry – Sat in	assessment – This unit is worth 25% of	completed and marked	into a grade	converted into a grade
	June of year 11	their final grade. This will be marked	producing a score. This score	-	_
Exam board-		using the actual mark grid and a grade	will be sent to the exam	R099 or R097 (depending on	R099/R097 - Internally
OCR	R094– Visual identity and Digital Graphics – 25% - Internal assessment (external moderation) - Submission in May of year 10(Must be	will be pro-rated for work that is yet to be completed. R093 – The media industry – 1 hour	board along with a sample of work for moderation(in some circumstances the exam board may change the score). This score can be	option group) - This unit is worth 35% of their final grade. This will be marked using the actual mark grid and a grade will be pro-rated for section of	assessed unit worth 35% - score converted to a grade Both internally assessed units make up 60% of grade
	May of year 10(Must be completed by February of	examination	used to calculate a grade for	the project yet to be	units make up 00% of grade
	year 10)	Pupils will complete an assessment in	25% of the final grade and	completed.	R093 – The Media Industry
		the hall that will compromise of a	used as a projection for the		– Full paper – 1 hour 30
	Gaming Group • R099– Digital Games – 35% - Internal Assessment(External Moderation) submitted in May of year 11(pupils must complete this project by February of year 11)	range of short answer and extended questions from the topics study in R093: • Sectors of the media industry • Media industry products • Job roles • Production Phases Pre-production documents(mind maps, mood boards, work plans, visualisation diagrams)	other piece internally assessed project worth 35%. R093 – The media Industry – 40% of grade As per previous column the same topics will be assessed along with: • Media Codes Research Methods	 R093 – The media Industry – 1 hour 30 mins - 40% of grade As per previous column(s) the same topics will be assessed along with: Health and Safety Legislation File formats and properties Distribution methods 	mins – Any topics from those listed previously may be assessed.
	 Media and business group R097 – Developing interactive media 35% - Internal Assessment(External Moderation) submitted in May of year 11(pupils must complete this project by February of year 11) 				

Maths	Paper 1 (non-calculator) – 1hr	Pupils will sit 2 papers containing a	Pupils will sit 2 papers each	Pupils will sit 2 papers each	Pupils will sit 3 papers each
iviatii5	30 mins	combination of topics from in class	containing 80 marks and	containing 80 marks and lasting	containing 80 marks and
	Paper 2 (calculator) – 1 hr 30	Assessments 10, 11 and 12. This	lasting 1 hr 30 mins.	1 hr 30 mins.	lasting 1 hr 30 mins.
Exam board-	mins	Assessment will contain topics taught	Paper 1 (non-Calculator) -	Paper 1 (non-Calculator) - 1hr	Paper 1 (non-calculator) -
EDEXCEL	Paper 3 (calculator) - 1 hr 30	not only during the start of Year 10 but	1hr 30 mins	30 mins	1hr 30 mins
	mins	also from the previous term in Year 9	Paper 2 (calculator) - 1 hr 30	Paper 2 (calculator) - 1 hr 30	Paper 2 - (calculator) - 1 hr
	-	and before.	mins	mins	30 mins
	The assessments cover the				Paper 3 - (calculator) - 1 hr
	following content headings:	Paper1(non-calculator)-45 minutes		Pupils will sit either the	30 mins
	1 Number	Paper 2 (calculator) - 45 minutes	The content of each	"Higher" tier or the	
	2 Algebra		assessment will be different	"Foundation" tier. This will be a	Pupils will sit either the
	3 Ratio, proportion and rates	The content of each assessment will be	based on class sets. All	GCSE past paper containing	"Higher" tier or the
	of change	different based on class sets. All	information will be	content that pupils have	"Foundation" tier. This will
	4 Geometry and measures	information will be communicated with	communicated with a	studied throughout their	be a GCSE past paper
	5 Probability	a revision list and appropriate revision	revision list and appropriate	previous 4 years and official	containing content that
	6 Statistics	resources for the assessment closer to	revision resources for the	grade boundaries will be used.	pupils have studied
		the time.	assessment closer to the		throughout their previous 4
	Two tiers are available:	<u>Higher (Sets 1,2,3,4)</u>	time.	The content of each	years and official grade
	Foundation and Higher	Solving and Graphing Inequalities		assessment will be different	boundaries will be used.
	(content is defined for each	including Quadratics (Y10) (MW Clip	The assessments will	based on class sets. All	
	tier)	212)	contain content from what	information will be	Pupils will be given a
	Tonis area (Maighting	Scales and Bearings (Y10) (MW Clip	they have studied up to and	communicated with a revision	revision list closer to the time.
	<u>Topic area / Weighting</u> Foundation	124)	including Year 10. Revision lists and appropriate	list and appropriate revision resources for the assessment	ume.
	Number 22 - 28%	Iteration and Triple Brackets (Y10) (MW	revision resources will be	closer to the time. Revision lists	
	Algebra 17 - 23%	Clip 180 and 178)	given to pupils closer to the	and appropriate revision	
	Ratio, Proportion, Rates of	Further Trigonometry and Pythagoras	time.	resources will be given to pupils	
	change 22 - 28%	(Y10) (MW clip 202a and 202b)		closer to the time.	
	Geometry and Measures 12 -	Direct and Inverse Proportion (Y9/Y10)			
	18%	(MW clip 199)			
	Statistics & Probability 12 -	Cumulative Frequency and Boxplots			
	18%	(Y9/Y10) (MW clip 186)			
		Histograms and Frequency Polygons			
	<u>Higher</u>	(Y9/Y10) (MW clip 205)			
	Number 12 - 18%	Simultaneous Equations (Y9/10)(MW			
	Algebra 27 - 33%	clip 162)			
	Ratio, Proportion, Rates of	Volume and Surface Area (Y9) (MW clip			
	change 17 - 23% Geometry	119)			
	and Measures 17 - 23%	±±3)			
		Foundation (Sets 5,6,7,8,9)			
		<u>i ounuation (Sets 5,0,7,0,5)</u>			

	Statistics & Probability 12 - 18%	Scattergraphs (Y10) (MW clip 129) Ratio and Fractions (Y10) (MW clip 107) Angle Properties (Y9/Y10) Expressions, equations and Inequalities (Y9/Y10) (MW clip 137) Two way tables and Averages (Y9/Y10) (MW clip 61) 3D shapes and volume (Y9) (MW clip 115 and 119) Venn diagram and set notation (Y9) (MW clip 185) Working with Quadratics (Y9) (MW clip 157)			
Music Exam board- EDUQAS	Component 1: Performing (30%) - 2x performances submitted (minimum 4 minutes in length)	Component 1: Performing (30%) 1 x performance (recorded between October & December) Component 2: Composing (30%)	Component 1: Performing (30%) 1 x performance (solo or ensemble)	Component 1: Performing (30%) 2 x performance (1 solo and 1 ensemble)	Component 1: Performing (30%) 4 minutes worth of performance (minimum of 1 solo and 1 ensemble)
	Component 2: Composing (30%) - 2x compositions submitted (1 free and 1 from set brief by exam board) Component 3: Listening & Appraising (40%) 1hr 15 min exam paper <u>4 areas of study; 2x 12mark Q</u> on each AoS1 Classical Western Tradition AoS2 Music for Ensemble AoS3 Film Music AoS4 Popular Music	Component 3: Listening & Appraising (40%) 1 x composition (best of either practice composition or free brief composition so far) Small listening test	Component 2: Composing (30%) 1 x composition (free brief) Component 3: Listening & Appraising (40%) 1hr 15 min exam paper Listening exam on two AoS covered: Musical forms and devices & Popular Music. 8 x 12 mark questions	Component 2: Composing (30%) 2 x composition (free brief and set brief) Component 3: Listening & Appraising (40%) 1hr exam paper Listening exam on three AoS covered: Musical forms and devices, Popular Music, Music for Ensemble. 6 x 12 mark questions	Component 2: Composing (30%) 2 x composition (free brief and set brief) Component 3: Listening & Appraising (40%) 1hr 15 min exam paper Full listening exam on all four AoS covered: Musical forms and devices, Popular Music, Music for Ensemble, Film Music.

PE	Exam assessment unit	Exam Assessment (45 marks)	Exam assessment	Paper 1 – Physical factors	Paper 1 – Physical factors
	Paper 1 – 1hr			affecting performance - 45	affecting performance (60
	30% of grade	Exam content (one paper)	Paper 1 – Physical factors	marks	marks)
Exam board- OCR	* Applied anatomy and	Physical factors affecting	affecting performance - 45 marks	* Skeletal system	* Skeletal system
	physiology	performance.		* Muscular System	* Muscular System
	* Movement analysis	* Skeletal system	* Skeletal system * Muscular System	* Movement Analysis	* Movement Analysis
	 * Physical training * Use of data 	* Muscular System	* Movement Analysis	* Components of fitness	* Components of fitness
	Ose of data	* Movement Analysis	* Components of fitness	* Principles of training	* Principles of training
	Exam assessment unit		* Principles of training	* Cardiovascular System	* Cardiovascular System
	Paper 2 – 1hr	Socio-cultural issues and sports	* Cardiovascular System	* Respiratory System	* Respiratory System
	30% of grade	psychology	* Respiratory System		* Preventing injury
				Paper 2 – Socio-cultural issues	
	* Sports psychology	* Engagement patterns	Paper 2 – Socio-cultural	and sports psychology (45	Paper 2 – Socio-cultural
	* Socio-cultural influences		issues and sports	minutes, one lesson)	issues and sports
	* Health, fitness and well-	NEA – Non-exam assessed unit	psychology - 30 marks	* Engagement patterns	psychology (45 marks)
	being	40% of grade	poyenerogy se marks	* Commercialisation	* Engagement patterns
	* Use of data		* Engagement patterns	* Ethical and socio-cultural	* Commercialisation
		* One practical activity (Individual,	* Commercialisation	issues	* Ethical and socio-cultural
	NEA – Non-exam assessed unit	team and another) – 20 marks	* Ethical and socio-cultural	* Sports Psychology	issues
	40% of grade		issues		
	-0/0 01 grade			NEA – Non-exam assessed unit	NEA – Non-exam assessed
	* Three practical activities		NEA – Non-exam assessed		unit
	(Individual, team and another)		unit	* Three practical activities	
	internally assessed and		* Thus a use stigs locativities	(Individual, team and another)	* Three practical activities
	externally moderated.		* Three practical activities (Individual, team and	internally assessed and	(Individual, team and
			another) – 20 marks each	externally moderated 20	another) internally assessed and externally moderated.
	* Coursework – Analysis and		anothery zo marks cach	marks each	20 marks each
	Evaluation of Performance		* Updated coursework	* Updated coursework marks	
	(AEP) internally assessed and externally moderated.		marks from AEP – 20 marks	from AEP – 20 marks	* Updated coursework
	externally moderated.				, marks from AEP – 20 marks

BTEC	Exam Board – Pearson	September to December of Y10:	January to April of Y10:	September to December of	January to April Y11:
Performing	Name of qualification – Btec			Y11:	
Arts	Performing Arts (Acting,	Component 1 – Exploring the	Component 2 – Developing	Mock of Component 3 –	Component 3 – Responding
	Dance, Production)	Performing Arts	skills and techniques in the	Responding to a Brief.	to a Brief.
		Students will study 3 set professional	performing arts	Students will use the	Students will work from a
	Component 1 – Exploring the	works. Students will research the	Students will work from a	completed practical mock of	set brief which will be
	Performing Arts	works, look at theatre roles, production	set PSA (a given brief) and	component 3 to complete the	released on January 1 st .
	This component looks at the	process and practical exploration. After	will produce a piece of	written evaluation that goes	Students will work in groups
	arts from a professional perspective highlighting	choosing one of the works as their focus students will produce a detailed	practical work from a	alongside this. This is a 4-part	to produce an
	performers, backstage and	log of their process. This will be a	professional work. Students	evaluation and will make up	improvised/devised
	technical roles and production	written component and 30% of the	will be recorded throughout	the 40% of the final grade	performance. This will be
	process. This is a written	final grade. This will be submitted in	the developing/rehearsing process and then a final	along with the practical mark	recorded and then
	component which is	December of Y10.	recording of their	given.	examined externally.
	moderated.		performance will be		
			submitted alongside this. In		Students will use the
	Component 2 – Developing		conclusion to this practical		completed practical
	skills and techniques in the		process, a written		examination process of
	performing arts		evaluation will be		component 3 to complete a
	Students will work from a set		submitted. The deadline for		written evaluation that goes
	PSA (a given brief). This is the		this component is April and		alongside this. This is a 4-
	first practical based		is worth 30% of the final		part evaluation and will
	assessment. Students must		grade.		make up the final 40% of
	perform from a set work such				the overall grade along with
	as a scripted piece, a piece of		May to July of Y10:		the practical mark given.
	musical theatre, perform a				
	song, design a costume from a musical etc.		During the summer term,		
	musical etc.		students will take part in a		
	Both components 1 and 2 can		Mock of Component 3 –		
	include re-sits. This will be		Responding to a Brief.		
	determined after pupils have		Students will work from a		
	received their marks for each		set brief to produce an		
	and in discussion with both		improvised/devised performance. This will be		
	the student and parents.		recorded and examined		
			externally.		
	Mock of Component 3 –		externally.		
	Responding to a Brief.				
	Students will work on a				
	'showcase' performance that				

	links to the brief given by the exam board. This must be professionally produced and performed with costume and technical aspects of theatre. The written evaluation will be produced under exam conditions. This whole unit is examined externally.				
Physics	Physics Paper 1 1hr 45 mins	<u>1 hour Physics Paper</u> Unit 1 – Energy Unit 2 – Electricity	<u>1 hour 45 minute Physics</u> <u>Paper</u> Unit 1 – Energy	<u>1 hour 45 minute Physics Paper</u> Unit 1 – Energy Unit 2 – Electricity	<u>1 hour 45 minute Physics</u> Paper Unit 5 - Forces
Exam board- AQA	Physics Paper 2 1 hr 45 mins	Unit 2 – Electricity	Unit 2 – Electricity Unit 3 – Particle Model of Matter Unit 4 – Atomic Structure	Unit 3 – Particle Model of Matter Unit 4 – Atomic Structure	Unit 6 - Waves Unit 7 – Magnetism and Electromagnetism Unit 8 – Space Physics
Photography	Coursework – 60% of grade: A series of practical projects	The first assessment in December will be based on the mainly completed first	The second assessment in June will be based on the	The first assessment in October will be based on the mainly	The Trial Exam is the first half of the actual exam
Exam board- AQA	that are all marked as one large body of work and assessed against four assessment objectives that are summarised below: AO1 – Developing ideas by exploring ideas whilst demonstrating understanding of other artists. AO2 – Refining work whilst exploring ideas and experimenting using relevant media and techniques. AO3 – Recording ideas through photographs, drawing or other methods. AO4 – Present a personal outcome/project that ties	 project. It will be assessed against the objectives in column 2. Project 1 – Portraits. Students will explore teacher directed artists and complete photo shoots on the theme of portraits. Project 2 – Architecture. Students will explore teacher directed artists and complete photo shoots on the theme of Architecture. Workshops – Students will explore facets or media of photography, creating responses to these to demonstrate understanding. (These projects will occur at different times depending on the teacher.) 	fully completed first and second projects, along with supplementary work. It will be assessed against the objectives in column 2.	completed first project. It will be assessed against the objectives in column 2. In year 11 students will study the "Abstract/Surreal topic" where they explore this theme and develop a project of their own inspired by it.	project, including a small first outcome and is marked against the AOs as with all other work. The trial exam mark also considers the coursework up to that point. It includes a period of exam condition, as with the real exam.

	work together and demonstrates understanding of photographers and photography techniques. Exam 40% of grade: Another project that runs from Jan-April. The exam board sets 7 themes and the student picks one. It concludes in 10hrs of exam condition making time. It is marked against the same assessment objectives.				
RE Exam board- AQA Spec B	Paper 1 – 1hr 45 mins 50% of final grade Catholic Christianity Students to answer four areas from the following six: • Creation • Incarnation • Triune God • Eschatology • Church & Kingdom of God • Redemption Paper 2 – 1hr 45 mins 50% of final grade Paper 2Y Perspectives on faith (Judaism) • Judaism Beliefs • Judaism Practices Paper 2A Perspectives on faith (Themes) • Religion, Relationship and Families	 1 hr 20 mins Paper 3 Questions from units studied in Y10 and the Summer Term in Y9. Creation Triune God Religion, Relationship and Families Pupils in 10R5 are following a GCSE Short Course and will be advised by their class teacher the details of their assessment. 	 1hr 45 mins 4 questions taken form the units covered so far: Creation Triune God Religion, Relationships and Families Judaism Beliefs Judaism Practices Pupils in 10R5 are following a GCSE Short Course and will be advised by their class teacher the details of their assessment 	2 X 50 mins Pupils will sit two exams in lesson time. The content will depend upon the progress of pupils in Y10. They will cover content completed so far in Y10 and Y11. Questions will be taken from the following units: Creation Triune God Eschatology Incarnation Religion, Relationships and Families Judaism Beliefs Judaism Practices	Paper 1 – 1hr 45 mins 50% of final grade Catholic Christianity Students to answer four areas from the following six: • Creation • Incarnation • Triune God • Eschatology Paper 2 – 1hr 45 mins 50% of final grade Paper 2Y Perspectives on faith (Judaism) • Judaism Beliefs • Judaism Practices Paper 2A Perspectives on faith (Themes) • Religion, Relationship and Families

Science assessed exam. assessment (30 marks). coursework assessment (80 marks). marks). Topic area 1 - Different factors Topic area 1 - Different factors Exam board- OCR Reducing the risk of sports injuries and dealing with common medical conditions Task 2: Components of fitness applied in sport - 12 marks Task 3: Apply principles of training in sport - 24 marks Topic area 2 - Warm up and cool down routines. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 1 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Dif	 Religion, Peace and Conflict 				 Religion, Peace and Conflict 	
Science assessed exam. assessment (30 marks). coursework assessment (80 marks). marks). Topic area 1 - Different factors Topic area 1 - Different factors Exam board- OCR Reducing the risk of sports injuries and dealing with common medical conditions Task 2: Components of fitness applied in sport - 12 marks Task 3: Apply principles of training in sport - 24 marks Topic area 2 - Warm up and training a fitness training programme - 14 marks Topic area 2 - Warm up and training a fitness training programme - 14 marks Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 4 - Different types and causes of sports injuries. Topic area 4 - Different types and causes of sports injuries. Topic area 4 - Different types and causes of sports injuries. Topic area 4 - Different types and causes of sports injuries. Topic area 4 - Different types and causes of sports	Unit R180 – Written exam	Unit R180 – Written exam (35	Unit R181 –Written	Unit R181 - Written coursework	Unit R180 – Externally	Sports
Exam board- OCR Ihr 15mins - 40% of Grade Task 1: Components of fitness applied in sport - 12 marks Topic area 1 - Different factors which influence the risk and severity of injury. T Reducing the risk of sports injuries and dealing with common medical conditions Task 2: Components of fitness applied in sport - 18 marks Task 2: Components of fitness applied in sport - 18 marks Task 4: Organising and planning a fitness training programme - 14 marks Topic area 2 - Warm up and cool down routines. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Topic area 3 - Different types and causes of sports injuries. Task 1 and 2 will be assessed after any improvements. Unit R183 - Internally asse	(70 marks).					-
Exam board- OCR Reducing the risk of sports injuries and dealing with common medical conditions in sport - 12 marks Task 2: Components of fitness applied in sport - 18 marks Task 4: Organising and planning a fitness training programme - 14 marks Topic area 2 · Warm up and cool down routines. Topic area 3 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. 40% of Grade Applying the principles of training: fitness and how it affects skills performance Task 1 and 2 will be assessed and externally moderated coursework. Task 1 and 2 will be assessed after any improvements. Task 1 : The nutrients needed for a healthy, balanced nutrition plan - 6 marks Topic area 1 · Different types and causes of sports injuries. Topic area 3 · Different types and causes of sports injuries. 20% of Grade Vnit R183 - Internally moderated coursework. Poice area 1 · Different types and causes of sports Topic area 3 · Different types and causes of sports Topic area 3 · Different types and causes of sports 20% of Grade Vnit R183 - Internally moderated coursework. Topic area 3 · Different types and causes of sports			marks).			
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injuries and dealing with common medical conditionsTask 2: Components of fitness applied in sport – 18 marksTask 4: Organising and planning a fitness training programme – 14 marksTopic area 2 - Warm up and col down routines.trUnit R181 – Internally assessed and externally moderated coursework.Task 5: Review own performance in planning and delivery of a fitness training programme – 12 marksTopic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.40% of GradeApplying the principles of training: fitness and how it affects skills performanceTask 1 and 2 will be assessed after any improvements.Task 1: The nutrients needed for a healthy, balanced nutrition plan – 6 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12 marksTask 2: Identify the dietary requirements of various sporting activities – 12				in sport – 12 marks		
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Unit R181 - Internally assessed and externally moderated coursework.planning a fitness training programme - 14 markscol down routines.in40% of GradeTask 5: Review own performance in planning and delivery of a fitness training: fitness and how it affects skills performanceInit R183 - Written moderated coursework.T40% of GradeUnit R183 - Internally assessed and externally moderated coursework.Unit R183 - Written marksm40% of GradeTask 1 and 2 will be assessed after any improvements.Task 1: The nutrients needed for a healthy, balanced nutrition plan - 6 marksT20% of GradeNutrition and sportsTogi careaT	rehabilitation of sports	Tonic area 2 - Warm up and	Task 4: Organising and			
Unit R181 - Internally assessed and externally moderated coursework.programme - 14 marksTopic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types and causes of sports injuries.Topic area 3 - Different types 	injuries and medical	-				
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Onit R183 – Internally n assessed and externally Task 2: Identify the dietary moderated coursework. requirements of various 20% of Grade sporting activities – 12 marks Nutrition and sports tr	<u>marks).</u>	for a healthy, balanced			-	
assessed and externally Task 2: Identify the dietary a moderated coursework. requirements of various requirements of various 20% of Grade b b Nutrition and sports to b	Task 3: Develop a balanced nutrition plan for a sporting	nutrition plan – 6 marks	improvements.			
20% of Grade requirements of various Nutrition and sports td	activity – 12 marks	Task 2: Identify the dietarv				
Nutrition and sports	,				moderated coursework.	
Nutrition and sports	Task 4: How nutritional behaviours can be managed	sporting activities – 12 marks			20% of Grade	
, , , , , , , , , , , , , , , , , , ,	to improve sports				Nutrition and sports	
	performance – 10 marks					
a	Task 1 and 2 will be assessed after any improvements.					

Sports	Unit R184 – Externally	Unit R185 - Written coursework	Unit R185 – Written	Unit R184 – Written exam (35	Unit R184 – Written exam
Studies.	assessed exam.	assessment (42 marks).	coursework assessment (80	<u>marks).</u>	<u>(70 marks).</u>
			<u>marks).</u>		
	1hr 15mins - 40% of Grade	Task 1: Key components of		Topic area 1 - Issues which	Topic area 1 and 2
Exam board-		performance – 28 marks	Task 3: Organising and	affect participation in sport.	
OCR	Contemporary issues in sport		planning a sports activity		Topic area 3 - The
		Task 2 you MUST: Apply practice	session – 14 marks	Topic area 2 - The role of sport	implications of hosting a
	Unit R185 – Internally	methods to support improvement in a		in promoting values.	major sporting event for a
	assessed and externally	sporting activity – 14 marks	Task 4: Leading a sports		city or country.
	moderated coursework.		activity session – 14 marks	<u>Unit R187 – Written</u> coursework assessment (18	Topic area 4 - The role
	40% of Grade		Task 5: Reviewing your own	marks).	National Governing Bodies
	40% 01 Grade		performance in planning	marks).	(NGBs) play in the
	Performance and leadership		and leading a sports activity	Task 1: The provision for	development of their sport.
	in sports activities		session – 10 marks	different types of Outdoor and	development of their sport.
				Adventurous Activities – 6	Topic area 5 - The use of
	Unit R187 – Internally		*Task 1 and 2 will be	marks	technology in sport.
	assessed and externally		assessed after any		
	moderated coursework.		improvements.	Task 2: Understand the	<u>Unit R183 – Written</u>
				equipment, clothing and safety	coursework assessment (22
	20% of Grade			aspects involved when	<u>marks).</u>
				participating in Outdoor and	
	Increasing awareness of			Adventurous Activities – 12	Task 3: Plan for and be able
	Outdoor and Adventurous			marks	to demonstrate knowledge
	Activities				and skills during an Outdoor
					and Adventurous Activity –
					12 marks
					Task 4: Evaluate your own
					performance and
					understand the value of
					participating in an Outdoor
					and Adventurous activity – 10 marks
					TO IIIdLKS
					Task 1 and 2 will be
					reassessed after any
					improvements.