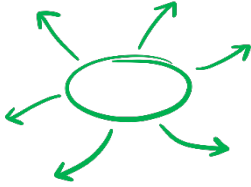




How to make and use mind maps

MIND MAPS SHOULD BE USED AS A VISUAL WAY TO HELP YOU ORGANISE AND REMEMBER INFORMATION.

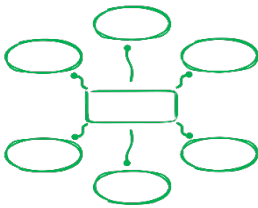
1



START WITH THE CENTRAL IDEA

- Select an appropriately sized piece of paper.
- Write your topic of focus in the centre.
- Draw a circle around it to make it stand out.

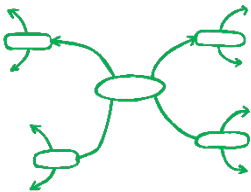
2



ADD THE SUBTOPICS

- Draw branches out from the central idea.
- Each one should be a key subtopic or theme.
- Carefully consider the position of each sub-topic to ensure you have enough room for step 3.

3



ADD THE DETAIL

- From each subtopic, draw smaller branches to add more detail.
- These can include definitions, keywords, examples, dates, formulas, or anything you need to remember.
- Keep it short and concise.

4



ENHANCE WITH COLOUR AND IMAGES

- Add simple drawings or symbols to help you to remember things more effectively.
- Use colours to group ideas, subtopics, or to highlight important points.

HOW TO USE YOUR MIND MAP EFFECTIVELY



Cover parts of your mind map with sticky notes. The next day try to recall what's hidden. Repeat with different parts on different days to keep testing your memory.



Give yourself a time limit (e.g. 10 minutes) to try and recreate everything you can remember from your mind map. Use a different colour to add anything you miss.



Explain your mind map out loud, as if you are teaching the topic to someone else. As you do this, try to expand on each point and add explanations.



Ask a friend or family member to quiz you. They can ask questions like: "What comes next?", "Can you expand on this?", or "What does this mean?".



Don't make it too complicated. Don't write in full paragraphs and don't try and cram too much information onto one mind map.



Marvellous Mind Maps

