



# St Edmund Arrowsmith Catholic High School

*Prepare the way of the Lord*

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Headteacher: Mr. M. J. Dumican  
B.A. (Hons), PGCE, NPQH, MSc, MEd

11 July 2024

Dear Parent/Carer

As you are aware your son/daughter is currently in their first year of their Sports Studies course. Next year they will be taking part in their 'Developing Knowledge and Skills in Outdoor Activities' unit as part of their overall qualification. This unit involves understanding the value that outdoor activities has; the health and safety implications and participation in a variety of outdoor activities.

As a department we are really looking forward to providing this opportunity and therefore, your son/daughter, will be taking part in the following outdoor activities: -

- Abseiling
- Canoeing
- Climbing
- Orienteering (for those not attending the activity day session)

### **Abseiling, Canoeing & Rock-Climbing sessions – Tuesday 17 September 2024**

For this activity, we will use an external provider 'Rock and River Outdoor Pursuits' based in Mawdesley, (L40 2RL). Pupils will be transported from school by coach at 8:30am and depart from the site at 3:30pm (*arrangements will need to be made for their safe journey home from school when we arrive back approx. 4:15pm*). Pupils will be allowed to wear their own clothes and will be advised about additional items of kit they will need for the session, especially for the water-based activity. Pupils will need to bring a packed lunch and refreshments for the day – if your child is eligible for free school meals one will be provided. Please indicate below on the reply slip.

### **Orienteering – Date to be confirmed**

These sessions will be run by school staff and will be during lesson time or after school. The sessions will be based at the '3 Sisters' (Ashton-in-Makerfield) and 'Amberswood' (Hindley). Pupils will be transported to the session by minibus. Consent forms will be issued upon arrangement of sessions.

**Costs Involved:** The 'Rock and River' activity day will cost **£10.00**, and this will be for all activities (canoeing, climbing and abseiling) and transport on the day. The remainder of the trip will be funded by the PE department.

**Payment can be made by:** **Cash** - payments should be given to the Finance Office in an envelope clearly marked 'Sports studies OAA' : via **Arbor** [reference: Sports studies OAA] or Cheque [made payable to St Edmund Arrowsmith Catholic High School - *should a cheque fail to clear then the cost will be forwarded to you*]. **\*Please note:** *If payment is made and a cancellation is subsequently requested by the parent/pupil, then a refund of monies will not be made*

All activities have been rigorously checked, risk assessments have taken place, and all health and safety guidelines will be followed. Please complete the attached 'Medical and Consent' from Rock and River.

I do hope that you will support your child's participation in these activities and if so, kindly complete and return the consent form below. However, if you have any questions, please do not hesitate to contact me at school.

Yours faithfully

*M Taylor*

**M TAYLOR**  
Teacher of PE

**Please return to: Mr M Taylor re: OAA Activity Day on Tuesday 17 September 2024**  
**BEFORE THURSDAY 18 JULY 2024**

NAME OF PUPIL: \_\_\_\_\_ FORM: \_\_\_\_\_

I give permission for the above-named to attend the OAA activity day on Tuesday 17 September 2024 at Rock and River (Mawdesley, Lancashire, L40 2RL)

- I enclose the payment of £10.00    Cash                          Cheque
- I confirm that payment has been made via Arbor
- I am entitled to and would like FSM on the day

SIGNED: \_\_\_\_\_ PARENT/CARER    Date: \_\_\_\_\_

FULL NAME: \_\_\_\_\_