

Personal Development Curriculum Overview

The Personal Development Curriculum aims to develop positive attitudes and values in students by enhancing their spiritual, moral, social and cultural development through Health Education, Relationships and Sex Education, Citizenship and Careers Education Guidance. Any such experiences specifically enable students to:

- Develop lively, creative, enquiring minds, through a full range and breadth of subjects and experiences
- Acquire knowledge and skills relevant to adult life and a world of rapid and continuous change
- Develop personal and moral values, respect for shared values and for other cultures, religions and ways of life
- Develop an understanding of the world in which they live which includes their local community and beyond
- Appreciate their achievements and aspirations
- Experience success and celebration of their achievements
- Take their place in society as informed, confident and responsible global citizens
- Become fully equipped to make well thought out decisions and develop life-long skills to search for and succeed in the future.

Within the Personal Development Curriculum and the wider school community there is a shared responsibility and co-ordinated approach to successfully deliver the students' entitlement of the four strands (Health Education, Relationships and Sex Education, Citizenship and Careers Education Guidance) which creates enjoyment, and an opportunity for students to challenge their thinking and views. The Personal Development Curriculum is ever changing which responds to the needs of our school community by encouraging students to become more inquisitive about the world around them, through equipping them with the skills and values needed for life in making a positive contribution as responsible citizens in their communities.

Implementation: How is the curriculum delivered?

All students follow the Personal Development Curriculum, where a variety of delivery methods are used to meet the needs of all students. There are no explicit lessons taught within curriculum time. Content is delivered through informal workshops, assemblies, discussions, written work, role-play and theatre productions and pastoral curriculum time. Citizenship is taught explicitly through RE, English, Geography, History and Maths at Key Stage 3. Spiritual, moral, social and cultural education permeate all areas of the Personal Development Curriculum.

Key Stage 3 **PERSONAL DEVELOPMENT ACTIVITIES** Termly Overview

Autumn Term		Spring Term		Summer Term	
Year	Activities	Year	Activities	Year	Activities
7	<ul style="list-style-type: none"> • School Council Assemblies & Elections • Year & Whole School Council Elections • Citizenship in RE (Community) • Extended Pastoral Curriculum (1) • Year & Whole School Council Meetings • Citizenship in History (How is Britain Governed?) • Citizenship in Geography (Designing a sustainable settlement) • Wellbeing Survey in Computing/Form • Extended Pastoral Curriculum (2) • Anti-bullying, performance of HOPE • Citizenship in Geography (Global Citizenship Development) • Extended Pastoral Curriculum (3) 	7	<ul style="list-style-type: none"> • Urban Camouflage (Road Safety) • Extended Pastoral Curriculum (4) • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (5) • Citizenship in English (Charity Speeches) • First Aid (in PE lessons) • Year Council & Whole School Council Meetings • Safe4Summer (Water Safety) • Extended Pastoral Curriculum (6) • Cultural Diversity (Empathy & Migration) workshop • Meet the Professional (Careers) 	7	<ul style="list-style-type: none"> • Cultural Diversity (Empathy & Migration) workshop • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (7) • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum 8&9 (Review Day preparation) • Pupil Review Day
8	<ul style="list-style-type: none"> • School Council Assemblies & Elections • Year & Whole School Council Elections • Citizenship in RE (Vocation) • Extended Pastoral Curriculum (1) • Fire Safety • Year & Whole School Council Meetings • Citizenship in History (How to become an MP?) • Extended Pastoral Curriculum (2) • Citizenship in Geography • Extended Pastoral Curriculum (3) 	8	<ul style="list-style-type: none"> • Extended Pastoral Curriculum (4) • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (5) • First Aid (in PE lessons) • Year Council & Whole School Council Meetings • Safe4Summer (Water Safety) • Extended Pastoral Curriculum (6) 	8	<ul style="list-style-type: none"> • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (7) • Raising Aspirations (Job Sectors) • Broadening Horizons (Careers) • Citizenship in English (Refugees & Immigration) • Citizenship in Geography (How should we generate electricity in the future?) • Honours (Citizenship) Day • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum 8&9 (Review Day preparation) • Pupil Review Day

9	<ul style="list-style-type: none"> • School Council Assemblies & Elections • Year & Whole School Council Elections • Citizenship in RE (Messiah) • Extended Pastoral Curriculum (1) • Year & Whole School Council Meetings • Extended Pastoral Curriculum (2) • Citizenship in Geography • Options – Introduction to Future Pathways • Extended Pastoral Curriculum (3) • Citizenship in History (What kinds of governments exist in the world?) 	9	<ul style="list-style-type: none"> • Options Market Place and STEM/Careers Networking • Making Choices (Careers) Workshops • Extended Pastoral Curriculum (4) • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (5) • RSE Lesson 1 (in RE lessons) • First Aid (in PE lessons) • RSE Lesson 2 (in RE lessons) • RSE Lesson 3 (in RE lessons) • Year Council & Whole School Council Meetings • Safe4Summer (Water Safety) • Extended Pastoral Curriculum (6) 	9	<ul style="list-style-type: none"> • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (7) • Citizenship in English (Viewpoint on a topical issue) • Financial Awareness & Money Management (Mathematics) • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum 8&9 (Review Day preparation) • Pupil Review Day
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Key Stage 4 **PERSONAL DEVELOPMENT ACTIVITIES** Termly Overview

Autumn Term		Spring Term		Summer Term	
Year	Activities	Year	Activities	Year	Activities
10	<ul style="list-style-type: none"> • School Council Assemblies & Elections • Year & Whole School Council Elections • Careers Progress Questionnaire • Careers Fair • Extended Pastoral Curriculum (1) • Workplace Experience Launch • Year & Whole School Council Meetings • Extended Pastoral Curriculum (2) • Wellbeing Survey in Computing/Form • Extended Pastoral Curriculum (3) 	10	<ul style="list-style-type: none"> • Extended Pastoral Curriculum (4) • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (5) • Introduction to Pathways Post 16 (Careers) • RSE Lesson 1 & 2 (in PE lessons) • Year Council & Whole School Council Meetings • Safe4Summer (Water Safety) • Extended Pastoral Curriculum (6) • Wigan & Leigh College Sampling Day Assembly 	10	<ul style="list-style-type: none"> • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (7) • St John Rigby Taster Day Assembly • University of Leeds Open Day • Wigan & Leigh College Sampling Day • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum 8&9 (Review Day preparation) • St John Rigby 'Look at College Life' • Deadline for completion of Workplace Experience • Pupil Review Day
11	<ul style="list-style-type: none"> • School Council Assemblies & Elections • Year & Whole School Council Elections • Y10, Careers Fair • RSE (in Core PE) • Choosing Options Post 16 (Pathways) • Completion of CVs & Personal Statements • Guidance Evenings (Post 16 Providers attending) • Extended Pastoral Curriculum (1) • Interview Preparation • Year & Whole School Council Meetings • Extended Pastoral Curriculum (2) • Mock Interview Day • Extended Pastoral Curriculum (3) 	11	<ul style="list-style-type: none"> • Extended Pastoral Curriculum (4) • Year Council & Whole School Council Meetings • Extended Pastoral Curriculum (5) • Year Council & Whole School Council Meetings • Safe4Summer (Water Safety) • Extended Pastoral Curriculum (6) 	11	

Key Stage 3 **PASTORAL CURRICULUM** Termly Overview

Autumn Term			Spring Term			Summer Term		
Year	Focus	Sessions will cover:	Year	Focus	Sessions will cover:	Year	Focus	Sessions will cover:
7	Relationships	Making friends Teamwork Respect Targets Friends & School Relationships	7	Careers	Identifying Skills and Qualities What are effective participants? Creative thinker Team worker Personal organisation	7	Study Skills	Getting Ready for Assessment Using your Revision Timetable How do I learn? Using Knowledge Organisers
	Study Skills	Getting ready How do I learn?		Personal Safety	What is exploitation? Identifying exploitation Exploitation in friendship Peer Pressure		Personal Safety	Introduction to Knife Crime Dialogue between Two Friends Why Carry a Knife? The Reality about Carrying a Knife
8	Relationships	What are values? Different types of relationships Key to a good relationship Dealing with tricky relationships How do we feel about ourselves? Qualities admired in a person	8	Growing and changing	Unhelpful thoughts Identifying unhelpful thoughts Reframing unhelpful thoughts	8	Study Skills	Getting Ready for Assessment Using your Revision Timetable How do I learn? Using Knowledge Organisers
	Physical Health	What is self-worth? What am I worth to society? The sleep factor Tobacco and Nicotine What is the difference between tobacco and nicotine? Spotting influences		Careers	Roles Models and Characteristics Mapping my Future Volunteering and Extra-Curricular Defining Entrepreneurship Being Enterprising		Personal Safety	Introduction to Knife Crime Real Life Stories What are the Consequences of Carrying a Knife? Giving Advice
9	Relationships	Identifying unhealthy relationships Managing unwanted attention Reducing inappropriate behaviours	9	Personal Safety	What is exploitation? Child Criminal Exploitation	9	Study Skills	Getting Ready for Assessment Using your Revision Timetable How do I learn? Using Knowledge Organisers
	Physical Health	Risks and consequences of alcohol Short and long term risks Influences of alcohol		Careers	Introduction to Careers Taking the first steps Putting yourself first Helpful ways of making decisions Choosing a Careers Dealing with stress Dealing with stress when change happens		Personal Safety	Introduction to Knife Crime The Reality of Knife Crime Real Life Stories (Victims) Real Life Stories (Victims' Families)

Key Stage 4 **PASTORAL CURRICULUM** Termly Overview

Autumn Term			Spring Term			Summer Term		
Year	Focus	Sessions will cover:	Year	Focus	Sessions will cover:	Year	Focus	Sessions will cover:
10	Relationships	What is bullying? Banter or Bullying? Social bullying Cyber bullying	10	Personal Safety	What is exploitation? Grooming Child Sexual Exploitation	10	Study Skills	Getting Ready for Assessment Using your Revision Timetable How do I learn? Using Knowledge Organisers
	Study Skills	Getting ready How do I learn? How to recognise exam stress Dealing with exam stress		Physical Health	What is body dysmorphia? Body Image and Eating Body Image and Eating – Getting Help		Careers	What is a CV? What is a Personal Statement? Step-by-Step guide for writing your CV Step-by-Step guide for writing your Personal Statement
11	Study Skills	Different ways to study Exploring revision techniques	11	Growing and changing	Thriving in Post 16 Education/Training Potential Pitfalls Identifying Strategies Techniques to overcome stress Planning	11		
	Personal Safety	What is exploitation? What is sexual grooming? County Lines		Study Skills	Study Skills. Why study? Revisions Timetable Study Techniques			

Key Stage 3 & 4 **EXTENDED PASTORAL CURRICULUM** Termly Overview

EXTENDED Pastoral Curriculum	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn Term	Attitudes to Mental Wellbeing	Promoting Mental Wellbeing	Healthy & Unhealthy Coping Strategies	New challenges and reframing negative thinking	Promoting mental wellbeing
	Me and My Body	Healthy eating	Substance misuse	Anti-social behaviour	Exploring the Risks & Consequences of Substance Misuse
	British Values	Tolerance and Respect	Review Data for Assessments	Extremism and Intolerance	Valuing Diversity
Spring Term	Review Data for Assessments	Influences of social media on our Physical Well Being	Equality and Diversity	Review Data for Assessments	Trial Exams
	Influences of social media	Review Data for Assessments	Maintaining a healthy relationship with social media	Thinking critically about what we see online	Trial Results issued
	Preparation for Assessments	Preparation for Assessments	Preparation for Assessments	Preparation for Assessments	Exploring Identity Online
Summer Term	All About Me	All About Me	All About Me	CVs and Personal Statements	Leavers Mass
	Review Day Prep	Review Day Prep & Honours Citations	Review Day Prep	Review Day Prep	
	All About Me	All About Me	All About Me	CVs and Personal Statements	
	Review Day Prep	Review Day Prep	Review Day Prep	Review Day Prep	