







SUBJECT: Personal Development Curriculum

Year Group	Year 8					
Rationale	To develop positive attitudes and values by enhancing pupils' spiritual, moral, social and cultural development through Health Education, Relationships and Sex Education, Citizenship and Careers Education Guidance.					
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Careers 		<p>PDC: Pupils will be intro-duced to higher education through an exciting team activity. Human counters moved around the large board and teams answer a series of questions. Answers are given through mime, drawing and multiple choice questions and spelling. The aim is to raise the aspirations of young people to consider Higher Education.</p>		<p>PDC: Pupils are encouraged to consider a range of inspiring careers in relation to role models with the purpose of awakening and raising aspirations about the future. Pupils will recognise the value in seeking out enrichment opportunities to develop their skills and confidence</p>		<p>PDC: During the Review Day, pupils will celebrate through a presentation to their Form Tutor and parent/carers how they have strived to develop their broader skills and qualities by engaging in extra-curricular activities and the wider enrichment curriculum</p> <p>PDC: VHAP pupils will be given the opportunity to visit a Higher Education establishment to raise their aspirations about considering a route into university.</p>
Citizenship 	<p>PDC: Pupils will participate in the voting of Year Councillors and Whole School Councillors through putting themselves forward and then presenting their reasons for becoming the Form Representative and/or Year Representative.</p> <p>PDC: Pupils will explore the issues around knife crime and how it can affect their lives and those around them. They gain an insight into the conse-quences and the role that the police play</p>	<p>PDC: Pupils will consider the issues that matter to them within the Wigan Borough and then vote for a candidate to represent them at the UK Youth Parliament.</p> <p>History: Pupils will study the basic details of the process of becoming an MP through learning political terminology related to elections and campaigning.</p> <p>History - Pupils will consider what qualities are needed for</p>	<p>Geography: Pupils will consider an alternative to renewable energy to establish different ideas for future generations. Students present their ideas and decide based on the evidence and debate which alternative renewable energy would be the most successful.</p> <p>English: Students develop their reading and writing tasks based on a range of</p>			



	<p>through courts and tribunals.</p> <p>RE: As part of a unit of study based around vocation and specifically religious vocation. Pupils explore how people may use their gifts and talents in the world of work. Also how for some “work” may be itself a vocation.</p>	<p>leadership and identify people who are “good leaders.” Pupils will identify current issues facing society and explore how as Christians they should respond to them.</p>	<p>activities/articles which focus on immigration. Pupils will be asked to consider people’s thoughts and feelings in different scenarios by raising pupils’ awareness of real-life topics.</p>			
<p>RSE & Health Education</p> 	<p>Drama: Pupils will develop the skills needed to identify and resist peer and other types of pressure (including sexual pressure) to conform</p> <p>Drama: Pupils will learn how to be determined and resilient in the face of difficulty, including the strength of character to stand up for truth and goodness in the face of pressure</p> <p>Drama: Through work about bullying, pupils will learn and understand the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships</p>	<p>RE: Through learning about inspirational Christians, Martin Luther King Jn, Maximillian Kolbe and The Holocaust, pupils will understand how they showed determination and resilience in the face of difficulty, including the strength of character to stand up for truth and goodness in the face of pressure</p>	<p>PE: Pupils will learn and carry out basic treatment for common injuries, life-saving skills, including how to administer CPR and the purpose of defibrillators and when one might be needed</p> <p>RE: During lent and Holy week, pupils will know and understand the importance of self-giving love and forgiveness in a relationship</p> <p>Art: Through a topic about Pychadelic Art, pupils will learn the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions</p> <p>English: Whilst studying refugees, pupils will learn about discrimination, prejudice and bullying and how to respond, including responsibilities towards those</p>		<p>PE: Pupils will understand the link between physical activity and well-being in particular the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress</p> <p>Geography: Pupils will explore the advantages and disadvantages of globalisation and will understand the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed</p>	




	<p>(including social media)</p> <p>Drama: Through work about bullying, pupils will be able to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours</p> <p>Geography: Through work exploring how a country can achieve development, pupils will learn about justice, and will understand the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed</p> <p>MFL: Pupils will explore the advantages and disadvantages of physical exercise and time outdoors.</p>		<p>who are experiencing these things (Equality Act 2010)</p> <p>English: Whilst studying work about refugees, pupils will learn about justice, through understanding the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed</p> <p>History: Whilst studying the British Empire, pupils will learn about the potential tensions between human rights, English law and cultural and religious expectations and practices</p>			
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<p>RSE & Health Education</p> 	<p>of physical exercise and time outdoors</p> <p>RE: Pupils will study how some people will choose to be celibate (unmarried) and to refrain from sexual activity, e.g. single people, priests and those in religious life</p> <p>RE: Pupils will learn about how to be grateful to others and to God</p> <p>RE: Pupils will recognise their personal strengths and qualities through their gifts and talents</p> <p>Computing: Pupils will learn about the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships (including social media), the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online</p>					
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Areas of the curriculum completed on a rotation or are ongoing throughout Year 8

<p>RSE & Health Education</p> 	<p>Science</p> <ul style="list-style-type: none"> ▪ Pupils will learn about the facts and science relating to immunization and vaccination ▪ Pupils will learn about the purpose and importance of immunisation and vaccination ▪ Through work about micro-organisms, spread of disease and defence against disease, pupils will learn about personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics ▪ Through work about variation, pupils will learn that there are many different body shapes, sizes and physical attributes
	<p>PE</p> <ul style="list-style-type: none"> ▪ Pupils will learn about discrimination, prejudice and bullying and how to respond, including responsibilities towards those who are experiencing these things (Equality Act 2010) through the context of sport ▪ Pupils will be encouraged to recognise their personal strengths and qualities ▪ Pupils will be encouraged to be respectful, able to identify other people’s personal space and respect the ways in which they are different, valuing difference and diversity in a sporting context ▪ Pupils will be encouraged to be forgiving, through developing the skills to allow reconciliation in relationships, including the ability to sincerely ask for and to offer forgiveness in a sporting context ▪ Pupils will learn about justice and understand the impact of their sporting actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed
	<p>English</p> <p>Through exploring a variety of English texts, pupils will learn how to be determined and resilient in the face of difficulty, including the strength of character to stand up for truth and goodness in the face of pressure</p>