

# **SUBJECT: Personal Development Curriculum**

Year Group	Year 8					
Rationale	To develop positive attitudes and values by enhancing pupils' spiritual, moral, social and cultural development through Health Education, Relationships and Sex Education, Citizenship and Careers Education Guidance.					
	Autumn Term 1	Autumn Term	Spring Term 1	Spring Term 2	Summer Term	Summer Term
Careers		PDC: Pupils will be intro-duced to higher education through an exciting team activity. Human counters moved around the large board and teams answer a series of questions. Answers are given through mime, drawing and multiple choice questions and spelling. The aim is to raise the aspirations of young people to consider Higher Education.		PDC: Pupils are encouraged to consider a range of inspiring careers in relation to role models with the purpose of awakening and raising aspirations about the future. Pupils will recognise the value in seeking out enrichment opportunities to develop their skills and confidence		PDC: During the Review Day, pupils will celebrate through a presentation to their Form Tutor and parent/carers how they have strived to develop their broader skills and qualities by engaging in extra-curricular activities and the wider enrichment curriculum  PDC: VHAP pupils will be given the opportunity to visit a Higher Education establishment to raise their aspirations about considering a route into university.
Citizenship	PDC: Pupils will participate in the voting of Year Councillors and Whole School Councillors through putting themselves forward and then presenting their reasons for becoming the Form Representative and/or Year Representative.  PDC: Pupils will explore the issues around knife crime and how it can affect their lives and those around them. They gain an insight into the consequences and the role that the police play	PDC: Pupils will consider the issues that matter to them within the Wigan Borough and then vote for a candidate to represent them at the UK Youth Parliament.  History: Pupils will study the basic details of the process of becoming an MP through learning political terminology related to elections and campaigning.  History - Pupils will consider what qualities are needed for	Geography: Pupils will consider an alternative to renewable energy to establish different ideas for future generations. Students present their ideas and decide based on the evidence and debate which alternative renewable energy would be the most successful.  English: Students develop their reading and writing tasks based on a range of			

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	through courts	leadership and	activities/articles			
	and tribunals.	identify people who are "good	which focus on immigration.			
	RE: As part of a	leaders." Pupils	Pupils will be			
	unit of study	will identify	asked to			
	based around	current issues	consider			
	vocation and specifically	facing society and explore	people's thoughts and			
	religious	how as	feelings in			
	vocation. Pupils	Christians they	different			
	explore how	should respond	scenarios by			
	people may use their gifts and	to them.	raising pupils'			
	talents in the		awareness of real-life topics.			
	world of work.					
	Also how for					
	some "work"					
	may be itself a vocation.					
RSE & Health	Drama: Pupils	RE: Through	PE: Pupils will		PE: Pupils will	
Education	will develop the	learning about	learn and carry		understand the	
	skills needed to	inspirational	out basic		link between	
	identify and	Christians,	treatment for		physical activity	
<b>***</b>	resist peer and other types of	Martin Luther King Jn,	common injuries, life-		and well-being in particular the	
***	pressure	Maximillian	saving skills,		positive	
	(including sexual	Kolbe and	including how to		associations	
	pressure) to	The Holocaust,	administer CPR		between	
	conform	pupils will understand how	and the purpose of defibrillators		physical activity and promotion	
	Drama: Pupils	they showed	and when one		of mental	
	will learn how to	determination	might be		wellbeing,	
	be determined	and resilience	needed		including as an	
	and resilient in	in the face of	DE: Desire a least		approach to	
	the face of difficulty,	difficulty, including the	<b>RE</b> : During lent and Holy week,		combat stress	
	including the	strength of	pupils will know		Geography:	
	strength of	character to	and understand		Pupils will	
	character to	stand up for	the importance		explore the	
	stand up for truth and	truth and goodness in the	of self-giving love and		advantages and disadvan-	
	goodness in the	face of	forgiveness in a		tages of	
	face of pressure	pressure	relationship		globalisation	
			A . T		and will	
	Drama: Through work about		Art: Through a topic about		understand the impact of their	
	bullying, pupils		Pychadelic Art,		actions locally,	
	will learn and		pupils will learn		nationally and	
	understand the		the facts about		globally,	
	similarities and		legal and illegal		including the	
	differences between the		drugs and their associated		knowledge and understanding	
	online world and		risks, including		to ensure that	
	the physical		the link between		such judge-	
	world, including:		drug use, and		ments are well-	
	the impact of unhealthy or		the associated risks, including		informed	
	obsessive		the link to			
	comparison with		serious mental			
	others online		health			
	(including		conditions			
	through setting unrealistic		English: Whilst			
	expectations for		studying			
	body image),		refugees, pupils			
	how people may		will learn about			
	curate a specific image of their		discrimination, prejudice and			
	life online, over-		bullying and			
	reliance on		how to respond,			
	online		including			
	relationships		responsibilities			
			towards those	l		i

	(including social		who are			
	media)		experiencing			
	ŕ		these things			
	Drama: Through					
	<b>Drama</b> : Through		(Equality Act			
	work about		2010)			
	bullying, pupils					
	will be able to		English: Whilst			
	identify harmful		studying work			
	behaviours		about refugees,			
	online (including		pupils will learn			
	bullying, abuse		about justice,			
	or harassment)		through			
	and how to		understanding			
	report, or find		the impact of			
	support, if they		their actions			
	have been		locally,			
	affected by		nationally and			
	those		globally,			
	behaviours		including the			
	Bonaviouro		knowledge and			
	0		•			
	Geography:		understanding			
	Through work		to ensure that			
	exploring how a		such			
	country can		judgements are			
	achieve		well-informed			
			IIIOIIIIGU			
	development,		111.4			
	pupils will learn		History: Whilst			
	about justice,		studying the			
	and will		British Empire,			
	understand the		pupils will learn			
	impact of their		about the			
	actions locally,		potential			
	nationally and		tensions			
	globally,		between human			
	including the		rights, English			
	knowledge and		law and cultural			
	understanding to		and religious			
	•					
	ensure that such		expectations			
	judgements are		and practices			
	well-informed					
	MFL: Pupils will					
	•					
	explore the					
	advantages and					
	disadvantages					
	of physical					
	exercise and					
DOE O III. III	time outdoors.	DE. There !	DE. D 91 99		DE: D9- 99	
RSE & Health	Drama: Pupils	RE: Through	PE: Pupils will		PE: Pupils will	
Education	will develop the	learning about	learn and carry		understand the	
	skills needed to	inspirational	out basic		link between	
	identify and	Christians,	treatment for		physical activity	
	resist peer and	Martin Luther	common		and well-being	
W. O.	other types of	King Jn,	injuries, life-		in particular the	
W.A.	* '	Maximillian			•	
	pressure		saving skills,		positive	
· ·	(including sexual	Kolbe and	including how to		associations	
	pressure) to	The Holocaust,	administer CPR		between	
	conform	pupils will	and the purpose		physical activity	
		understand how	of defibrillators		and promotion	
	Drama: Pupils	they showed	and when one		of mental	
	will learn how to	determination	might be		wellbeing,	
			-			
	be determined	and resilience	needed		including as an	
	and resilient in	in the face of	RE: During lent		approach to	
	the face of	difficulty,	and Holy week,		combat stress	
	difficulty,	including the	pupils will know			
	including the	strength of	and understand		Geography:	
		character to			Pupils will	
	strength of		the importance			
	character to	stand up for	of self-giving		explore the	
	stand up for	truth and	love and		advantages	
	truth and	goodness in the	forgiveness in a		and	
	goodness in the	face of	relationship		disadvantages	
	face of pressure	pressure	•		of globalisation	
	p. 000010	1			and will	
				I .	and will	l .

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Drama: Through work about bullying, pupils will learn and understand the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, overreliance on online relationships (including social media)

Drama: Through work about bullying, pupils will be able to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours

### Geography:

Through work exploring how a country can achieve development, pupils will learn about justice, and will understand the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed

**MFL:** Pupils will explore the advantages and disadvantages

Art: Through a topic about Psychedelic Art, pupils will learn the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions

English: Whilst studying refugees, pupils will learn about discrimination, prejudice and bullying and how to respond, including responsibilities towards those who are experiencing these things (Equality Act 2010)

English: Whilst studying work about refugees. pupils will learn about justice, through understanding the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed

History: Whilst studying the British Empire, pupils will learn about the potential tensions between human rights, English law and cultural and religious expectations and practices understand the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed

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	of physical			
	exercise and			
	time outdoors			
	RE: Pupils will			
RSE & Health	study how some			
Education	people will			
	choose to be			
	celibate			
SHE	(unmarried) and			
A STATE OF THE STA	to refrain from			
	sexual activity,			
	e.g. single			
	people, priests			
	and those in			
	religious life			
	RE: Pupils will			
	learn about how			
	to be greatful to			
	others and to			
	God			
	000			
	RE: Pupils will			
	recognise their			
	personal			
	strengths and			
	qualities through			
	their gifts and			
	talents			
	Computing:			
	Pupils will learn			
	about the			
	similarities and			
	differences			
	between the			
	online world and			
	the physical			
	world, including:			
	the impact of			
	unhealthy or			
	obsessive			
	comparison with others online			
	(including			
	through setting			
	unrealistic			
	expectations for			
	body image),			
	how people may			
	curate a specific			
	image of their			
	life online, over-			
	reliance on			
	online			
	relationships			
	(including social			
	media), the risks			
	related to online			
	gambling			
	including the			
	accumulation of			
	debt, how			
	advertising and			
	information is			
	targeted at them			
	and how to be a			
	discerning			
	consumer of			
	information			
	online			
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#### Areas of the curriculum completed on a rotation or are ongoing throughout Year 8

# RSE & Health Education



#### Science

- Pupils will learn about the facts and science relating to immunization and vaccination
- Pupils will learn about the purpose and importance of immunisation and vaccination
- Through work about micro-organisms, spread of disease and defence against disease, pupils will learn
  about personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention
  of infection, and about antibiotics
- Through work about variation, pupils will learn that there are many different body shapes, sizes and physical attributes

#### PE

- Pupils will learn about discrimination, prejudice and bullying and how to respond, including responsibilities towards those who are experiencing these things (Equality Act 2010) through the context of sport
- Pupils will be encouraged to recognise their personal strengths and qualities
- Pupils will be encouraged to be respectful, able to identify other people's personal space and respect the
  ways in which they are different, valuing difference and diversity in a sporting context
- Pupils will be encouraged to be forgiving, through developing the skills to allow reconciliation in relationships, including the ability to sincerely ask for and to offer forgiveness in a sporting context
- Pupils will learn about justice and understand the impact of their sporting actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed

#### **English**

Through exploring a variety of English texts, pupils will learn how to be determined and resilient in the face of difficulty, including the strength of character to stand up for truth and goodness in the face of pressure