

SUBJECT: PERSONAL DEVELOPMENT CURRICULUM

Year Group	YEAR 10 To develop positive attitudes and values by enhancing pupils' spiritual, moral, social and cultural development					
Rationale	To develop positive through Health Edu					
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Careers	PDC – Pupils will consider and explore the different routes available to them once they leave school by attending our school careers fair.		 PDC – Pupils will explore the different routes available to them when they leave school, specifically focussing on colleges, apprentices hips and work based training. PDC – Pupils will be set the challenge to visit a work place with a family member, friend or neighbour, and complete the Work Place Challenge booklet. 		PDC – Pupils will attend a group careers interview to explore possible routes after they leave school.	 PDC – Pupils will continue to attend a group careers interview to explore possible routes after they leave school. PDC – Pupils will write a Personal Statement and CV. PDC – Pupils will visit either Wigan and Leigh College or Leeds University to gain an insight into college and university life. PDC – Pupils will attend St John Rigby College for the day, participate in lessons and begin to make informed decisions about Post 16 opportunities.
Citizenship	 PDC - Pupils will participate in the voting of Year Council- lors and Whole School Council- lors through putting them- selves forward and then presenting their reasons for becoming the Form Represen- tative and/or Year Rep- resentative. PDC - Pupils will explore the issues around knife crime and how it can affect their lives and those around them. They gain an insight into the con- sequences and the role that the police play 	• PDC - Pupils will consider the issues that matter to them within the Wigan Borough and then vote for a candidate to represent them at the UK Youth Parliament.			Pastoral – Pupils are given the opportunity to apply to become a Prefect and/or Senior Prefect.	



	through courts					
RSE &	and tribunals.	- Salanaa	- Charta	- Drama	- DE Dunila	
Health	 Sports Studies about 	 Science – Biology unit. 	 Sports Studies - 	 Drama – When 	 PE – Pupils will under- 	
Education	discrimination,	Pupils will	Justice,	focusing on	stand the link	
Laucation	prejudice and	study the	understandi	the story of	between	
	bullying and	characteristi	ng the	Sophie	physical	
	how to respond,	cs and	impact of	Lancaster,	activity and	
	including	evidence of	their actions	pupils will	well-being in	
	responsibilities	what	locally,	develop	particular the	
\mathbf{v}	towards those	constitutes a	nationally	their under-	positive	
	who are	healthy	and globally,	standing of	associations	
	experiencing	lifestyle,	including the	distinguishin	between	
	these things	maintaining	knowledge	g between	physical	
	(Equality Act	a healthy	and unde-	'needs' and	activity and	
	2010) • RE – Unit about	weight, including the	rstanding to ensure that	'wants'. ■ Drama –	promotion of mental well-	
	religion,	links	such judge-	Pupil will	being,	
	relationships	between an	ments are	explore the	include-ing as	
	and families.	inactive	well-	character-	an approach	
	Pupils will learn	lifestyle and	informed.	istics of	to combat	
	how to be	ill health,	Sports	emotional	stress	
	respectful of	including	Studies –	and mental	 GCSE PE – 	
	their own	cancer and	Pupils will	health,	Pupils will	
	bodies,	cardio-	learn about	including	learn about	
	character and	vascular ill-	the physical	stress,	the physical	
	giftedness,	health.	and	anxiety and	and	
	including their	• MFL –	psychologic	depression,	psychological	
	emerging	Pupils will	al	self-harm	consequences	
	sexual identity RE - Unit about 	be able to identify the	consequenc es of	and suicide and their	of addiction, including	
	religion,	similarities	addiction,	potential	alcohol	
	relationships	and	including	impact on	dependency	
	and families.	differences	alcohol	oneself and	• GCSE PE –	
	Pupils will learn	between the	dependency	others	Pupils will	
	how to	online world	 Sports 		develop an	
	recognise that	and the	Studies –		awareness of	
	sexuality is a	physical	Pupils will		the dangers of	
	God-given gift	world,	develop an		drugs which	
	and that sexual	including:	awareness		are prescribed	
	inter-course is	the impact	of the		but still	
	the most	of unhealthy	dangers of		present	
	intimate	or obsessive	drugs which		serious health	
	expression of human love and	comparison with others	are		risks • GCSE PE -	
	should be	online	prescribed but still		Pupils will be	
	delayed until	(including	present		able to	
	marriage	through	serious		recognise the	
	 RE - Unit about 	setting	health risks		impact that	
	religion,	unrealistic	Sports		the use of	
	relationships	expectations	Studies –		substances	
	and families.	for body	Pupils will		(alcohol and	
	Pupils will learn	image), how	be able to		drugs) has on	
	the importance	people may	recognise		the ability to	
	and benefits of	curate a	the impact		make good	
	delaying sexual	specific	that the use		and healthy	
	intercourse until	image of	of		decisions.	
	ready,	their life	substances		RE – Pupils will loorn	
	considering the idea of	online, over- reliance on	(alcohol and drugs) has		will learn about the	
	appropriateness	online	on the ability		importance	
	and the	relationships	to make		and benefits	
	importance of	(including	good and		of delaying	
	marriage	social	healthy		sexual	
	 RE - Unit about 	media), the	decisions.		intercourse	
	religion,	risks related			until ready,	
	relationships	to online			considering	
	and families.	gambling			the idea of	
	Pupils will learn	including the			appropriatene	
	how there are	accumula-			ss and the	
	different	tion of debt,			importance of	
	emotions which	how adverti-			marriage	
	may emerge in	sing and				



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	the basis of a						
	loving, sexual						
	relationship						
	• RE - Unit						
	about family						
	planning and						
	contraception.						
	Pupils will know						
	how to manage						
	changes in						
	personal						
	relationships						
	including the						
	ending of						
	relationship						
	• RE - Unit						
	about family						
	planning and						
	contraception.						
	Pupils will learn						
	about parenting						
	skills and						
	qualities and						
	their central						
	importance to						
	 family life 						
	(including the						
	implications of						
	young						
	parenthood)						
	RE – Unit about						
	human sexuality						
	and its expres-						
	sion. Pupils will						
	learn how to be						
	self-disciplined						
	and able to						
	delay or forgo						
	gratify-cation for						
	the sake of						
	greater goods,						
	appreciating the						
	nature and						
	importance of						
	chastity in all						
	relationships.						
	RE - Unit about						
	religion,						
	relationships						
	and families.						
	Pupils will learn						
	the legal rights						
	and						
	responsibilities						
	regarding						
	equality						
	(particularly with						
	reference to the						
	protected						
	characteristics						
	as defined in						
	the Equality Act						
	2010) and that						
	everyone is						
	unique and						
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Health	religion,						
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between marriage in Church teaching, including sacra- mental ma- rriage, civil marriage, civil partnerships and other stable, long- term relation- ships. • RE - Unit about religion, relationships	m	arriage; the					
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Church teaching, including sacra- mental ma- rriage, civil marriage, civil partnerships and other stable, long- term relation- ships. • RE - Unit about religion, relationships							
teaching, including sacra- mental ma- rriage, civil marriage, civil partnerships and other stable, long- term relation- ships. • RE - Unit about religion, relationships							
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relationships	re	eligion,					
Pupils will		uhiis Mili					



<u>St Eamuna</u>	d Arrowsmith	Catholic Hi	<u>gn School :</u>	Curriculur	<u>n Map (2021</u>	<u>-2022) * *</u>
	understand that					
	loving, sup-					
	portive family					
	relationships					
	provide the best					
	environment for					
	a child.					
	 Music – Pupils 					
	will be able to					
	identify &					
	develop					
	strengths in					
	music					
	performance.					
	Sports Studies					
	Pupils will					
	explore how					
	media					
	portrayals of the					
	human body					
	may present a					
	false ideal of					
	bodily perfection					
	which does not					
	reflect real life					
	and can have a					
	negative impact					
	on the					
	individual.					
RSE &	 Sports Studies 	1				
Health	Pupils will learn					
Education	that discrim-					
	inatory					
	language and					
	behaviour is					
	unacceptable					
	(e.g. sexist,					
	racist, homo-					
\mathbf{v}	phobic, trans-					
	phobic, dis-					
	ablist) and the					
	need to chal-					
	lenge it and how					
	to do so.					
	 Sports Studies 					
	Pupils will					
	recognise					
	stereotypes and how they can					
	encourage					
	damage and					
	prejudice.					
	 RE - Unit about 					
	religion,					
	relationships					
	and families.					
	Pupils will					
	understand that					
	sensual					
	pleasure as a					
	gift from God					
	and the					
	difference					
	between					
	sensual and					
	sexual pleasure.					
	• RE - Unit about					
	religion,		1			
	relationships					
	and families.					
	Pupils will be					
			1			
	able to recognise the					



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spiritual context				
of the family as				
a community				
where members				
can grow in				
faith, hope and				
love.				
RE - Unit about				
religion,				
relationships				
and families.				
Pupils will				
understand the				
roles, rights and				
responsibilities				
of parents,				
carers and				
children in				
families and that				
those families				
can be varied				
and complex.				
RE - Unit about				
religion,				
relationships				
and families.				
Pupils will learn about abortion,				
including the current				
legislation about				
abortion,				
abortion,				

Areas of the curriculum completed throughout Year 10



RSE & Health	Art
Education	 Through self-directed themes, pupils will know how to talk about their emotions accurately and sensitively, using appropriate vocabulary Through self-directed themes, pupils will explore how the media portrayals of the human body may present a false ideal of bodily perfection which does not reflect real life and can have a negative impact on the individual Through self-directed themes, pupils will consider the concepts of sexual identity, gender identity and sexual orientation Through self-directed themes, pupils will learn about justice, understanding the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed Through self-directed themes, pupils will learn that discriminatory language and behaviour is unacceptable (e.g. sexist, racist, homophobic, transphobic, disablist) and the need to challenge it and how to do so Through self-directed themes, pupils will recognise stereotypes and how they can encourage damage and prejudice Through self-directed themes, pupils will understand the potential tensions between human rights, English law and cultural and religious expectations and practices
	 Pupils will learn about how physical activity can develop self-confidence and self-esteem Pupils will learn about discrimination, prejudice and bullying and how to respond, including responsibilities towards those who are experiencing these things (Equality Act 2010) through the context of sport Pupils will be encouraged to recognise their personal strengths and qualities Pupils are always encouraged to be respectful, able to identify other people's personal space and respect the ways in which they are different, valuing difference and diversity in a sporting context Pupils are encouraged to be forgiving, through developing the skills to allow reconciliation in relationships, including the ability to sincerely ask for and to offer forgiveness in a sporting context Pupils learn about justice and understand the impact of their sporting actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed