






**SUBJECT: Personal Development Curriculum**

Year Group	<b>YEAR 7</b>					
Rationale	To develop positive attitudes and values by enhancing pupils' spiritual, moral, social and cultural development through Health Education, Relationships and Sex Education, Citizenship and Careers Education Guidance.					
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>Careers</b> 				<p><b>PDC</b> - Pupils will be able to identify, develop and assess some of the key skills that employers value. They consider what makes them unique and will develop their skills of self-awareness and reflection, which supports them with making decisions about their future.</p> <p><b>PDC – VHAP</b> Pupils will be exposed to the world of work through participating in Business Breakfasts with Ambassadors from key industries.</p>	<p><b>PDC</b> – Pupils will learn the skills required to present themselves in an appropriate way in preparation for the Review Day</p>	<p><b>PDC</b> – During the Review Day, pupils will celebrate through a presentation to their Form Tutor and parent/ carers how they have strived to develop their broader skills and qualities by engaging in extra-curricular activities and the wider enrichment curriculum</p>
<b>Citizenship</b> 	<p><b>PDC</b> - Pupils will participate in the voting of Year Councillors and Whole School Councillors through putting themselves forward and then presenting their reasons for becoming the Form Representative and/or Year Representative.</p> <p><b>PDC</b> - Pupils will explore the issues around knife crime and how it can affect their lives and those around them. They gain an insight into the consequences and the role that the police play through courts and tribunals.</p>	<p><b>PDC</b> - Pupils will consider the issues that matter to them within the Wigan Borough and then vote for a candidate to represent them at the UK Youth Parliament.</p> <p><b>PDC</b> - Pupils will develop their understanding of refugees, asylum seekers and migrants. They develop their understanding of why someone might have to flee their home which helps our young people to empathise with people arriving in new places.</p>	<p><b>English</b> - Pupils will study what Citizenship is through First News where they are introduced to print media and types of news stories.</p>			



	<p><b>RE</b> - Pupils will identify their own gifts and talents and reflect on how they can use these gifts and talents through active citizenship.</p>	<p><b>History</b> - Pupils will study the basic details of how Britain is governed including the structure of the British Government and role of key individuals.</p> <p><b>Geography</b> - Pupils will design a sustainable settlement through critically exploring social issues by weighing up evidence and debating through reasoned arguments why their settlement is the most sustainable.</p>				
	<p><b>Autumn Term 1</b></p>	<p><b>Autumn Term 2</b></p>	<p><b>Spring Term 1</b></p>	<p><b>Spring Term 2</b></p>	<p><b>Summer Term 1</b></p>	<p><b>Summer Term 2</b></p>
<p><b>RSE &amp; Health Education</b></p> 	<p><b>PDC</b> – Pupils will explore the issues around knife crime and how it can affect their lives and others around them.</p> <p><b>PDC</b> – Pupils will explore how to travel to school safely and in an environmental way</p> <p><b>RE</b> – Pupils will be able to understand that their uniqueness, value and dignity derive from God and hence, recognise the respect they should have for themselves.</p> <p><b>RE</b> – Pupils will study the meaning of the creation story in Genesis 1 by to understanding that their uniqueness, value and dignity derive from God and hence, recognise the</p>	<p><b>PDC</b> – Pupils will identify harmful behaviours online (including bullying) and how to report, or find support, if they have been affected by those behaviours</p> <p><b>PDC</b> – Pupils will learn how to be respectful, able to identify other peoples’ personal space and respect the ways in which they are different, valuing difference and diversity</p>	<p><b>PDC</b> – Pupils will learn about the risks when using different modes of transport, in particular road safety risk and responsibilities, behaviour, distractions, and impact and consequences of their actions</p> <p><b>PE</b> – Pupils will learn and carry out basic treatment for common injuries, life-saving skills, including how to administer CPR and the purpose of defibrillators and when one might be needed</p> <p><b>RE</b> – Pupils will develop an understanding of a catholic marriage through self-discipline and the ability to delay or forgo gratification for the sake of greater goods, appreciating the nature and</p>	<p><b>MFL</b> – Pupils will recognise their personal strengths and qualities by describing their personality and understanding other people’s personal qualities</p> <p><b>RE</b> – Through work about the Sacrament of Reconciliation, pupils will learn and understand about forgiving, by developing the skills to allow reconciliation in relationships, including the ability to sincerely ask for and to offer forgiveness</p> <p><b>RE</b> – Pupils will understand the nature of sacramental marriage and the importance of marriage as the foundation of society and its role in the domestic Church</p>	<p><b>PE</b> – Pupils will understand the link between physical activity and well-being in particular the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress</p>	<p><b>RE</b> – Pupils will learn to distinguish between wants and needs</p> <p><b>RE</b> - Pupils will learn about justice, and understand the impact of their actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed</p> <p><b>RE</b> – Pupils will demonstrate how they can be prophetic in their ability to identify injustice and speak out against it locally, nationally and globally, including the recognition of the necessity to accept the unpopularity this often entails</p> <p><b>RE</b> – Pupils will know and understand that they have</p>



	<p>respect they should have for themselves</p> <p><b>Computing</b> – Pupils will demonstrate an awareness of exploitation, bullying and harassment in relationships (including the unique challenges posed by online bullying and the unacceptability of physical, emotional, sexual abuse in all types of teenage relationships, including in group settings such as gangs) and how to respond.</p> <p><b>Computing</b> – Pupils will know how to use technology safely, including social media and consideration of their “digital footprint” and the law regarding the sharing of images.</p> <p><b>Computing</b> – Pupils will learn that not all images, language and behaviour are appropriate, including the negative effects of pornography and the dangers of online exploitation.</p>		<p>importance of chastity in all relationships</p> <p><b>RE</b> – Through their work on Reconciliation, pupils will learn to recognise that they are responsible for their own behaviour and how to inform their conscience</p> <p><b>RE</b> – Through the learning of the Parable of the Good Samaritan, pupils will link the Parable with the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal</p>	<p>RE – Through work about Sacrament of Reconciliation and the Parable of forgiving father, pupils will learn to recognise the importance of forgiveness in relationships and know something about Jesus’ teaching on forgiveness</p>	<p>responsibilities towards their local, global and national community and creation</p>
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*Areas of the curriculum completed on a rotation or are ongoing throughout Year 7*



**RSE & Health Education**



**Science**

- Pupils know and understand the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, through learning about a balanced diet.
- Pupils will learn how to maintain healthy eating and the links between a poor diet and health risks
- Pupils will understand the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood
- Pupils will learn key facts about puberty, the changing adolescent body and menstrual wellbeing
- Pupils will know and understand the main changes which take place in males and females, and the implications for emotional and physical health
- Pupils will learn about human reproduction, including the structure and function of the male and female reproductive systems and the correct terms for the reproductive body parts, both internal and external
- Pupils will learn about gestation and birth, including the effect of maternal lifestyle on the foetus through the placenta, e.g foetal alcohol syndrome
- Pupils will know the different stages in the development of an unborn child in the womb from the moment of conception to birth
- Pupils will understand the menstrual cycle and the function of gametes (sperm and ova), in fertilisation
- Pupils will be able to recognise the impact that the use of substances (alcohol and drugs) has on the ability to make good and healthy decisions

**PE**

- Pupils will be encouraged to recognise their personal strengths and qualities
- Pupils are encouraged to be respectful, able to identify other people's personal space and respect the ways in which they are different, valuing difference and diversity in a sporting context
- Pupils are encouraged to be forgiving, through developing the skills to allow reconciliation in relationships, including the ability to sincerely ask for and to offer forgiveness in a sporting context
- Pupils learn about justice and understand the impact of their sporting actions locally, nationally and globally, including the knowledge and understanding to ensure that such judgements are well-informed

**English**

Through exploring a variety of English texts, pupils will learn how to be determined and resilient in the face of difficulty, including the strength of character to stand up for truth and goodness in the face of pressure