



SUBJECT: Physical Education, Sport & Dance - Curriculum map

YEAR GROUP:	Year 8										
RATIONALE:	'Broadening Sporting Experiences' - Building on previous 'physical' skills taught in year 7, learners will access a high-quality physical education curriculum that inspires pupils of all abilities to succeed and excel in physical activity. The curriculum will expand opportunities for pupils to develop and acquire skills in order to improve physical confidence and mental confidence, through a wider range of physical activities. We aim to place pupils in situations where they can transfer core and advanced skills from one activity to another in order to deepen understanding, increase exposure and provide new experiences in their PE lessons.										
	Autumn Term 1		Autumn Term 2		Spring Term 1		Spring Term 2		Summer Term 1		Summer Term 2
Knowledge	Topic/Unit:								Topic/Unit:		
	Badminton Serving Return of serve Overhead clear Smash	Football Long passes Shooting Marking Attack/Defence	Rugby Kicking Scoring Tackle (Side) Attack/Defence	Hockey Passing Receiving Dribbling Tackling	Table Tennis Top spin Back spin Attack/Defence	Trampolining Shapes Twists Seat landings	Athletics – Track Starting & Finishing Leg action Stride Pattern	Athletics – Field Jumps- Sync Arms & Legs Flight Throws – Follow-through Angle of release Cross/Glide/Run-up	Striking & Fielding Fielding Bowling Batting		
	Gymnastics Partner jumps Full weight balances Difficulty of routine Spatial awareness	Hockey Slap passing Indian dribble Attack/Defence	Netball Passing Dodging Shooting Attack/Defence	Trampolining Front landing Back landing Combinations Routines	Badminton Serving Return of serve Overhead clear Smash	Dance Control Flexibility Balance Action Content Dynamic content					
Skills	<ul style="list-style-type: none"> Practical skills - Learners will demonstrate core and advanced skills with control in isolation, conditioned and competitive practice situations for their different activities. Decision making skills – Learners will use their knowledge to solve problems and plan/.devise tactics in order to apply skills to a variety of situations. Reflective/Analytical skills – Learners will learn to evaluate their own and their peers performances, whilst offering constructive feedback in order to improve performance. Officiating skills - Learners will have the knowledge of the basic rules and methods of scoring. Leadership skills Learners will be given opportunities to apply on fair play/team work and lead individual groups in warm-up activities and skill rehearsal practices. Social skills – Learners will be placed in situations where they will need to show sportsmanship, respect, cooperation, empathy, team spirit, inclusion and excellence. Communication skills – Learners will be given opportunity to develop verbal, non-verbal and signalling/gestures through practical and feedback tasks. 										
Assessments	<ul style="list-style-type: none"> Pupils will be assessed at the end of an activity (unit of work). The teacher will report a Head, Heart and Hands level in each activity. These pathways will be averaged and then contribute to their overall 'ME in PE' score. This will be compared to their target pathway to monitor progress. Pupils will also be given an AtL grade after each activity. 										
	Head Your knowledge and understanding in PE				Heart Your awareness of fitness in PE			Hands Your practical ability in PE			
	<ul style="list-style-type: none"> Create & Plan – You create ideas and use this and devise tactics. Evaluate & Analyse – You identify strengths and weaknesses and suggest improvements. 				<ul style="list-style-type: none"> Assess & Monitor – You identify your current fitness levels and what you need to do to improve. Commit & Improve – You work hard and push yourself to improve fitness levels. 			<ul style="list-style-type: none"> Acquire & Develop – You learn and improve skills in a variety of different activities. Select & Apply – You use the skills to impact performance in different situations. 			
Curriculum coverage during COVID-19 partial school closure	Activities covered during first term: Football & Badminton (Boys) Hockey & Gymnastics (Girls) Practical, Decision making, Reflective/Analytical, Officiating, Leadership, Social & Communication skills.				Assignment tasks linked with activity areas (that they were scheduled to do practically). Both practical and theory based tasks around 'Head, Heart and Hands'. Pupils choose which tasks to complete and achievement points awarded for completion. Activities covered during this term Rugby & Hockey (Boys) Netball & Trampolining (Girls)						
Curriculum coverage lost during COVID-19 partial school closure	None				Practical activities not able to cover during this term: Rugby & Hockey (Boys) Netball & Trampolining (Girls) Practical, Decision making, Reflective/Analytical, Officiating, Leadership, Social & Communication skills.						
Assessment opportunities completed during COVID-19 partial school closure	All pupils received a 'ME in PE' pathway score for each activity. All pupils received an AtL score for each activity. These have been recorded on our internal tracking system.				All pupils received an AtL score for each activity. These have been recorded on our internal tracking system.						



Are there currently any assessment gaps?	None	Pupils have not received a 'ME in PE' pathway score for each activity.	
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