



Using your Knowledge Expert Book

This is **your** knowledge expert book.

Becoming a knowledge expert happens over time. It is a complex process that requires effort.

How well you learn will be dependent upon **how hard you work in lessons** and the **learning strategies that you decide to use**. This book will help you to choose, and use, the most effective revision strategies.

This knowledge expert book is for you to use throughout the year to organise your revision. The book can be used for all your subjects and there is no specific way to set out your notes.

When doing your study and review sessions at home it is important to find a suitable space to work.

- You should **remove any distractions** such as mobile phones. Excessive mobile phone use leads to poor concentration. Having your phone out whilst doing homework or revision can reduce your performance by up to 20%.

- A **quiet and tidy work environment** is very important as it can boost productivity and help you to focus. ideally you should **sit at a desk or table** when completing your work at home.

- If you like to listen to music whilst working at home you should **choose calming music without any lyrics**. Many studies on the subject have found that listening to music can negatively impact your recall of information and your ability to focus.

- **Having a routine** allows you to organise your time and prioritise what is important – so **set aside an appropriate amount of time each evening** when you will complete homework and independent study.

Each school day you should be spending sixty to ninety minutes completing homework or undertaking independent study at home. You should complete any revision in this knowledge expert book.

You should **take pride in how you present your revision**, each page should be clearly dated, with the name of the subject and the topic being studied used as a title. Each piece of work should be presented neatly and there should be an appropriate amount of work.

When you complete a page in your book, we want to see it to give you feedback – so **show it to your subject teacher**. Your teacher will sign and date the completed page, and award you a knowledge expert champion achievement point.

You should bring your knowledge expert book to school **EVERYDAY**.

Revision should be active and not passive. This means you should **not just copy** from your exercise book or knowledge organiser into your knowledge expert book.

If you are going to remember what you are studying, **revision requires thought and needs to be effortful**.

If you revise effectively, using the strategies in this book, it will **help you to become a knowledge expert** and so **help you achieve your targets** in the assessments you will complete this year.