

## Year 9 Pastoral Curriculum Schedule 2022-2023

### Term 1

Month	Summary of term	Date	Focus for each weekly session
September	Relationships	W/b 6 <sup>th</sup>	Student council
		W/b 12 <sup>th</sup>	Session 1 - How and why do relationships change over time?
		W/b 19 <sup>th</sup>	Session 2 - Managing relationships.
		W/b 26 <sup>th</sup>	Session 3 - Understanding the importance of respecting other people.
October	RPA - Wellbeing	3 <sup>rd</sup> period 1	Promoting mental wellbeing
October		W/b 3 <sup>rd</sup>	Session 4 – What is bullying?
		W/b 10 <sup>th</sup>	Session 5 – Why might bullying occur?
		W/b 17 <sup>th</sup> (school closes 21 <sup>st</sup> )	Session 6 – Rumours.
		W/b 31 <sup>st</sup>	<b>Mental wellbeing – Be active</b>
November	Physical health Risks and consequences of alcohol use.	W/b 7 <sup>th</sup>	Session 1 - Young people and alcohol
		W/b 14 <sup>th</sup>	Session 2 - Short term and long term risks of alcohol
		W/b 21 <sup>st</sup>	Session 3 - Influences reflection
		W/b 28 <sup>th</sup>	
November		29 <sup>th</sup> period 1	Substance misuse
December		W/b 5 <sup>th</sup>	Student council
		W/b 12 <sup>th</sup>	<b>Enrichment review</b>
		W/b 19 <sup>th</sup> (school closes 21 <sup>st</sup> )	<b>Mental wellbeing – Connect</b>

### Term 2

Month	Summary of term	Date	Focus for each weekly session
January	Growing and Changing	W/b 9 <sup>th</sup>	Session 1 – Dealing with Change
		W/b 16 <sup>th</sup>	Session 2 - Dealing with stresses
		W/b 23 <sup>rd</sup>	Session 3 – Options advice
	Careers – RPA Options	W/b 30 <sup>th</sup>	
February		W/b 6 <sup>th</sup>	
		W/b 13 <sup>th</sup> (school closes 17 <sup>th</sup> )	
		W/b 27 <sup>th</sup>	<b>Mental wellbeing – Keep learning</b>
March		3 <sup>rd</sup> period 1	Term 2 review. British Values
March	Physical health What is the right sense of 'Self-Worth'?	W/b 6 <sup>th</sup>	Session 1 - Why does a false sense of self-worth develop?
		W/b 13 <sup>th</sup>	Session 2 - Why do eating disorders develop?
		W/b 20 <sup>th</sup>	Session 3 - What are common eating disorders?
		W/b 27 <sup>th</sup> (school closes 30 <sup>th</sup> )	<b>Mental wellbeing – Give to others.</b>

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### Term 3

Month	Summary of term	Date	Focus for each weekly session
April		W/b 17 <sup>th</sup>	Session 4 - How to guard against eating disorders?
		W/b 24 <sup>th</sup>	Session 5 - The importance of exercise
May		10 <sup>th</sup> period 5	All about me.
May	Study Skills- preparing for Y9 exams	W/b 1 <sup>st</sup>	1. Preparation for Assessment week only. Review of all subject topics. Possible booklet provided.
		W/b 8 <sup>th</sup>	2. Revision techniques.
		W/b 15 <sup>th</sup>	3. Preparation for Y9 Exams only - English – content and revision techniques
		W/b 22 <sup>nd</sup> (school closes 26 <sup>th</sup> )	4. Preparation for Y9 Exams only - Maths – content and revision techniques
June		21 <sup>st</sup> period 1	Term 3 review. Review Day preparation
June	Study Skills- preparing for Y9 exams	W/b 5 <sup>th</sup>	5. Preparation for Science – content and revision techniques.
		W/b 12 <sup>th</sup>	6. Exam arrangements
		W/b 19 <sup>th</sup>	Enrichment review
		W/b 26 <sup>th</sup>	Mental wellbeing – Take notice.
July		3 <sup>rd</sup> period 5	Review Day preparation
July	Personal Safety- Exploitation	W/b 3 <sup>rd</sup>	Session 1 - What is exploitation?
		W/b 10 <sup>th</sup>	Session 2 – Different types of exploitation
		W/b 17 <sup>th</sup> (school closes 21 <sup>st</sup> )	