



# St. Edmund's Catholic Primary School

## EYFS Knowledge Organiser

### Explore — Summer 2

**The topic is about ...** Fantastic Food

#### **What we already know...**

Fruit and vegetables are healthy foods to eat. Food gives us energy and makes us strong. We buy food from the supermarket and we eat breakfast, lunch and dinner. We also enjoy healthy snacks in school.

#### **By the end of the topic we will be able to (EYFS DM)**

**PD: 30-50/40-60/ELG**

Observe the effects of activity on their bodies.

Eat a healthy range of foodstuffs and understands need for variety in food.

Show some understanding that good practices with regard to exercise, eating, sleeping and hygiene can contribute to good health.

Understand the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Experiment with different ways of moving.

Negotiate space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. Show good control and co-ordination in large and small movements.

Move confidently in a range of ways, safely negotiating space.

**Writing: 30-50/40-60/ELG**

Give meaning to marks as they draw and paint.

Give meaning to marks we make as we draw, write and paint.

Hear and say the initial sound in words.

Segment the sounds in simple words and blend them together.

Use some clearly identifiable letters to communicate meaning, representing some sounds correctly and in sequence. Write our own names and other things such as labels, captions and lists.

Attempt to write short sentences in meaningful contexts.

Write some irregular common words.

Write simple sentences which can be read by ourselves and others.

Spell some words correctly.

**EAD: 30-50/40-60/ELG:**

Begin to move rhythmically.

Imitate movement in response to music.

Initiate new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences.

#### **Let's try this at home**

Bake and cook together as part of your weekly routine. Talk about the food you buy from the supermarket and where it originally comes from.

Talk about why sugary snacks are not good to eat all of the time and write lists together of your favourite foods and snacks to send into school.

Describe the texture and taste of foods and play the blindfold taste test game with some of your favourite foods and see if you can guess what they are through only taste or touch.

Exercise daily, walking, wake and shake, dancing etc and talk about how important food and exercise are for our bodies to grow.

#### **Key Dates for this half term**

Sports Day! TBC

Birthday celebration days, the last Friday in June and July (July date tbc)

Keep an eye out for messages via Seesaw and parent mail for trips and special days taking place in school this half term.

#### **Vocabulary**

Health/y

Grow

Meal

Farm

Field

Fruits

Vegetables

Sugar

Sweet

Dairy

Meat

Bake

Ingredients

Method

Cook

Chef

Ground

Diet

**We will also generate a bank of new vocabulary as we experience the stories each week. We will explore new words in depth in a variety of ways.**

#### **We are going to read...**

Supertato book series: Sue Hendra

Mr Wolf's Pancakes

Handas Surprise

I will never not ever eat a tomato

A is for avocado

Tea time for pirates

Let's go shopping Peppa

Busy Day: Chef

Oliver's Vegetables

Good enough to eat

The giant carrot

On the Farm at the market

The beastly feast