

## St Gregory's Primary School PSHE Policy

Health and wellbeing are central pillars to St Gregory's **Personal, Social, Health and Economic education (PSHE)**, and this - along with recent commitments to mandatory relationships education - means that we believe our teaching helps our pupils to be **RESPONSIBLE** and **REFLECTIVE** neighbours of the world.

Our children's wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with children. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

### British Values

At St Gregory's School we provide opportunities for pupils to be **CURIOUS** about their own culture and have a clear understanding and appreciation of a wide range of cultural influences that have shaped **British Values**. In particular, our promotion of spiritual, moral, social and cultural understanding are embedded and interwoven within our skills based curriculum which gives children real and meaningful opportunities to explore these values. We believe it is important to ensure our children understand that the world we live in, is diverse. We would like to ensure our children receive a curriculum that enhances diversity and provides first-hand experiences. We want our children to recognise and value the things we have in common across a range of different cultural, religious, ethnic, social-economic communities. Thus hopefully preparing them to be well-rounded, **RESPONSIBLE** and **RESILIENT** individuals and citizens.

### Upcoming updates September 2020

PSHE welcomes a new government commitment to mandatory health education in addition to existing commitments to mandatory relationships and sex education.

St Gregory's will read the guidance carefully and respond accordingly to ensure proposals meet their full potential, and for our teachers have the training and support they need.

### Rationale:

At St Gregory's, personal, social, health and economic (PSHE) education is an embedded part of our broad and balanced curriculum. This policy reflects St Gregory's overarching aims and objectives in supporting our children to become healthy and responsible members of society, as well as preparing them for life and work.

### Aims:

Below are our aims for our pupils in key areas:

#### Health & Wellbeing

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and wellbeing.

- Be aware of safety issues, including how to respond in an emergency and First Aid.
- Know how to manage change, including transition.

### Relationships

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

### Living in the Wider World

- Know the importance of responsible behaviours and actions.
- Be **RESPONSIBLE** and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

### Organisation / Provision

PSHE is delivered within a whole school approach which includes:

- Dedicated curriculum time and teaching through the use of SCARF Coram Life Education Programme <https://www.coramlifeeducation.org.uk/>  
Their programme are aligned with the National Curriculum (Citizenship, PSHE Education), covering all Key Stages. Coram Life Education helps schools meet their statutory requirements for children's Spiritual, Moral, Social and Cultural development, and Ofsted inspection criteria for personal development, behaviour and welfare.
- Teaching PSHE through and in other subjects/curriculum areas.
- Coram Life Education Bus
- Circle Time
- Special worship or assemblies
- School Events
- Visiting speakers
- Big Picture News and resources

### **Teaching:**

Pupils can explain accurately and confidently how to keep themselves healthy. They make informed choices about healthy eating, fitness and their emotional and mental well-being. They have an age-appropriate understanding of healthy relationships and are confident in staying safe from abuse and exploitation

### **Assessment and Recording:**

Teachers assess work in PSHE by making informal judgements as they observe children during lessons and discussions. Recording of work will be in a form appropriate to the planned focus. Evidence of PSHE will be in a variety of forms e.g. See Saw, photographs, artwork etc. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this.

### **Subject leader:**

The subject leader will observe PSHE lessons as part of the school monitoring cycle. The subject leader will work closely with Coram Life Education to ensure continuity of coverage and quality of lessons. Evidence will also be uploaded to See Saw for monitoring purposes.

**Sarah Lewis, PSHE Subject Leader, updated May 2021**

