

# EYFS PSHE Overview

Autumn 1	Autumn 2	Spring 1
<p><b><u>Me and My Relationships</u></b></p> <p><b>Includes feelings/emotions/conflict resolution/friendships</b></p> <p>All about me</p> <p>What makes me special</p> <p>Me and my special people</p> <p>Who can help me?</p> <p>My feelings</p> <p>My feelings (2)</p>	<p><b><u>Valuing Difference</u></b></p> <p><b>Includes British Values focus</b></p> <p>I'm special, you're special</p> <p>Same and different</p> <p>Same and different families</p> <p>Same and different homes</p> <p>Kind and caring (1)</p> <p>Kind and caring (2)</p>	<p><b><u>Keeping Myself Safe</u></b></p> <p><b>Includes aspects of Relationships Education</b></p> <p>What's safe to go onto my body</p> <p>Keeping Myself Safe – What's safe to go into my body (including medicines)</p> <p>Safe indoors and outdoors</p> <p>Listening to my feelings (1)</p> <p>Keeping safe online</p> <p>People who help to keep me safe</p>
<p><b>Spring 2</b></p> <p><b><u>Rights and Responsibilities</u></b></p> <p><b>Includes money/living in the wider world/environment</b></p> <p>Looking after my special people</p> <p>Looking after my friends</p> <p>Being helpful at home and caring for our classroom</p> <p>Caring for our world</p> <p>Looking after money (1): recognising, spending, using</p> <p>Looking after money (2): saving money and keeping it safe</p>	<p><b>Summer 1</b></p> <p><b><u>Being My Best</u></b></p> <p><b>Includes keeping healthy/Growth Mindset/goal setting/achievement</b></p> <p><u>Bouncing back when things go wrong</u></p> <p><u>Yes, I can!</u></p> <p><u>Healthy eating (1)</u></p> <p><u>Healthy eating (2)</u></p> <p><u>Move your body</u></p> <p><u>A good night's sleep</u></p>	<p><b>Summer 2</b></p> <p><b><u>Growing and Changing</u></b></p> <p><b>Includes RSE-related issues</b></p> <p>Seasons</p> <p>Life stages – plants, animals, humans</p> <p>Life stages: Human life cycle – who will I be?</p> <p>Getting bigger</p> <p><b>Journey In Love - RSE</b></p>

# Year 1 PSHE Overview

Autumn 1	Autumn 2	Spring 1
<p><b><u>Me and My Relationships</u></b></p> <p>Includes feelings/emotions/conflict resolution/friendships Pre-assessment</p> <p>Why we have classroom rules</p> <p>Thinking about feelings</p> <p>Our feelings</p> <p>Feelings and bodies</p> <p>Our special people balloons</p> <p>Good friends</p> <p>How are you listening?</p> <p>Post assessment</p>	<p><b><u>Valuing Difference</u></b></p> <p>Includes British Values focus Pre-assessment</p> <p>Same or different?</p> <p>Unkind, tease or bully?</p> <p>Harold's school rules</p> <p>Who are our special people?</p> <p>It's not fair!</p> <p>Post assessment</p>	<p><b><u>Keeping Myself Safe</u></b></p> <p>Includes aspects of Relationships Education Pre-Assessment</p> <p>Healthy me</p> <p>Super sleep</p> <p>Who can help me? (1)</p> <p>Harold loses Geoffrey</p> <p>What could Harold do?</p> <p>Good or bad touches <a href="https://learning.nspcc.org.uk/research-resources/schools/pants-teaching">https://learning.nspcc.org.uk/research-resources/schools/pants-teaching</a></p> <p>Sharing pictures</p> <p>Post assessment</p>
<p><b>Spring 2</b></p> <p><b><u>Rights and Responsibilities</u></b></p> <p>Includes money/living in the wider world/environment Pre-assessment</p> <p>Harold's wash and brush up</p> <p>Around and about the school</p> <p>Taking care of something</p> <p>Harold's money</p> <p>How should we look after our money?</p> <p>Basic first aid</p> <p>Post assessment</p>	<p><b>Summer 1</b></p> <p><b><u>Being My Best</u></b></p> <p>Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment</p> <p><u>I can eat a rainbow</u></p> <p><u>Eat well</u></p> <p><u>Catch it! Bin it! Kill it!</u></p> <p><u>Harold learns to ride a bike</u></p> <p><u>Pass on the praise</u></p> <p><u>Harold has a bad day</u></p> <p>Post assessment</p>	<p><b>Summer 2</b></p> <p><b><u>Growing and Changing</u></b></p> <p>Includes RSE-related issues</p> <p>Inside my wonderful body</p> <p>Taking care of a baby</p> <p>Then and now</p> <p>Who can help (2)</p> <p>Surprises and secrets</p> <p><b>Journey In Love - RSE</b></p>

# Year 2 PSHE Overview

Autumn 1	Autumn 2	Spring 1
<p><b><u>Me and My Relationships</u></b></p> <p><b>Includes feelings/emotions/conflict resolution/friendships</b> Pre-assessment</p> <p>Our ideal classroom (1)</p> <p>Our ideal classroom (2)</p> <p>How are you feeling today?</p> <p>Bullying or teasing?</p> <p>Don't do that!</p> <p>Types of bullying</p> <p>Being a good friend</p> <p>Let's all be happy!</p> <p>Post assessment</p>	<p><b><u>Valuing Difference</u></b></p> <p><b>Includes British Values focus</b> Pre-assessment</p> <p>What makes us who we are?</p> <p>How do we make others feel?</p> <p>My special people</p> <p>When someone is feeling left out</p> <p>An act of kindness</p> <p>Solve the problem</p> <p>Post assessment</p>	<p><b><u>Keeping Myself Safe</u></b></p> <p><b>Includes aspects of Relationships Education</b> Pre-Assessment</p> <p>Harold's picnic</p> <p>How safe would you feel?</p> <p>What should Harold say?</p> <p>I don't like that!</p> <p>Fun or not?</p> <p>Should I tell?</p> <p>Some secrets should never be kept</p> <p>Post assessment</p>
<p><b>Spring 2</b></p> <p><b><u>Rights and Responsibilities</u></b></p> <p><b>Includes money/living in the wider world/environment</b> Pre-assessment</p> <p>Getting on with others</p> <p>When I feel like erupting</p> <p>Feeling safe</p> <p>How can we look after our environment?</p> <p>Harold saves for something special</p> <p>Harold goes camping</p> <p>Playing games</p> <p>Post assessment</p>	<p><b>Summer 1</b></p> <p><b><u>Being My Best</u></b></p> <p><b>Includes keeping healthy/Growth Mindset/goal setting/achievement</b> Pre-Assessment</p> <p><u>You can do it!</u></p> <p><u>My day</u></p> <p><u>Harold's postcard – helping us to keep clean and healthy</u></p> <p><u>Harold's bathroom</u></p> <p><u>My body needs...</u></p> <p><u>What does my body do?</u></p> <p>Post assessment</p>	<p><b>Summer 2</b></p> <p><b><u>Growing and Changing</u></b></p> <p><b>Includes RSE-related issues</b></p> <p>A helping hand</p> <p>Haven't you grown!</p> <p>Respecting privacy</p> <p>Basic first aid</p> <p>Journey In Love - RSE</p>

# Year 3 PSHE Overview

Autumn 1	Autumn 2	Spring 1
<p><u><a href="#">Me and My Relationships</a></u></p> <p><b>Includes feelings/emotions/conflict resolution/friendships</b> Pre-assessment</p> <p>As a rule</p> <p>My special pet</p> <p>Tangram team challenge</p> <p>Looking after our special people</p> <p>How can we solve this problem?</p> <p>Dan's dare</p> <p>Thunks</p> <p>Friends are special</p> <p>Post assessment</p>	<p><u><a href="#">Valuing Difference</a></u></p> <p><b>Includes British Values focus</b> Pre-assessment</p> <p>Family and friends</p> <p>My community</p> <p>Respect and challenge</p> <p>Our friends and neighbours</p> <p>Let's celebrate our differences</p> <p>Zeb</p> <p>Post assessment</p>	<p><u><a href="#">Keeping Myself Safe</a></u></p> <p><b>Includes aspects of Relationships Education</b> Pre-Assessment</p> <p>Safe or unsafe?</p> <p>Danger or risk?</p> <p>The Risk Robot</p> <p>Alcohol and cigarettes: the facts</p> <p>Super Searcher</p> <p>None of your business!</p> <p>Raisin challenge (1)</p> <p>Help or harm?</p> <p>Post assessment</p>
<p><b>Spring 2</b></p> <p><u><a href="#">Rights and Responsibilities</a></u></p> <p><b>Includes money/living in the wider world/environment</b> Pre-assessment</p> <p>Our helpful volunteers</p> <p>Helping each other to stay safe</p> <p>Recount task</p> <p>Harold's environment project</p> <p>Can Harold afford it?</p> <p>Earning Money</p> <p>Post assessment</p>	<p><b>Summer 1</b></p> <p><u><a href="#">Being My Best</a></u></p> <p><b>Includes keeping healthy/Growth Mindset/goal setting/achievement</b> Pre-Assessment</p> <p><u><a href="#">Derek cooks dinner! (healthy eating)</a></u></p> <p><u><a href="#">Poorly Harold</a></u></p> <p><u><a href="#">For or against?</a></u></p> <p><u><a href="#">I am fantastic!</a></u></p> <p><u><a href="#">Getting on with your nerves!</a></u></p> <p><u><a href="#">Body team work</a></u></p> <p><u><a href="#">Top talents</a></u></p> <p>Post assessment</p>	<p><b>Summer 2</b></p> <p><u><a href="#">Growing and Changing</a></u></p> <p><b>Includes RSE-related issues</b></p> <p>Relationship Tree</p> <p>Body Space</p> <p>Secret or Surprise?</p> <p>Basic first aid</p> <p>Journey In Love - RSE</p>



# Year 4 PSHE Overview

Autumn 1	Autumn 2	Spring 1
<p><u><a href="#">Me and My Relationships</a></u></p> <p><b>Includes feelings/emotions/conflict resolution/friendships</b> Pre-assessment</p> <p>An email from Harold!</p> <p>Ok or not ok? (part 1)</p> <p>Ok or not ok? (part 2)</p> <p>Human machines</p> <p>Different feelings</p> <p>When feelings change</p> <p>Under pressure</p> <p>Post assessment</p>	<p><u><a href="#">Valuing Difference</a></u></p> <p><b>Includes British Values focus</b> Pre-assessment</p> <p>Can you sort it?</p> <p>Islands</p> <p>Friend or acquaintance?</p> <p>What would I do?</p> <p>The people we share our world with</p> <p>That is such a stereotype!</p> <p>Post assessment</p>	<p><u><a href="#">Keeping Myself Safe</a></u></p> <p><b>Includes aspects of Relationships Education</b> Pre-Assessment</p> <p>Danger, risk or hazard?</p> <p>Picture Wise</p> <p>How dare you!</p> <p>Medicines: check the label</p> <p>Know the norms</p> <p>Keeping ourselves safe</p> <p>Raisin challenge</p> <p>Post assessment</p>
Spring 2	Summer 1	Summer 2
<p><u><a href="#">Rights and Responsibilities</a></u></p> <p><b>Includes money/living in the wider world/environment</b> Pre-assessment</p> <p>Who helps us stay healthy and safe?</p> <p>It's your right</p> <p>How do we make a difference?</p> <p>In the news!</p> <p>Safety in numbers</p> <p>Logo quiz</p> <p>Harold's expenses</p> <p>Why pay taxes?</p> <p>Post Assessment</p>	<p><u><a href="#">Being My Best</a></u></p> <p><b>Includes keeping healthy/Growth Mindset/goal setting/achievement</b> Pre-Assessment</p> <p><u><a href="#">What makes me ME!</a></u></p> <p><u><a href="#">Making choices</a></u></p> <p><u><a href="#">SCARF Hotel</a></u></p> <p><u><a href="#">Harold's Seven Rs</a></u></p> <p><u><a href="#">My school community (1)</a></u></p> <p><u><a href="#">Basic first aid</a></u></p> <p>Post assessment</p>	<p><u><a href="#">Growing and Changing</a></u></p> <p><b>Includes RSE-related issues</b></p> <p>Moving House</p> <p>My feelings are all over the place!</p> <p>Preparing for periods</p> <p>Secret or surprise?</p> <p><u><a href="#">Journey In Love - RSE</a></u></p>

# Year 5 PSHE Overview

Autumn 1	Autumn 2	Spring 1
<p><b><u>Me and My Relationships</u></b></p> <p>Includes feelings/emotions/conflict resolution/friendships Pre-assessment</p> <p>Collaboration Challenge!</p> <p>Give and take</p> <p>How good a friend are you?</p> <p>Relationship cake recipe</p> <p>Being assertive</p> <p>Our emotional needs</p> <p>Communication</p> <p>Post assessment</p>	<p><b><u>Valuing Difference</u></b></p> <p>Includes British Values focus Pre-assessment</p> <p>Qualities of friendship</p> <p>Kind conversations</p> <p>Happy being me</p> <p>The land of the Red People</p> <p>Is it true?</p> <p>It could happen to anyone</p> <p>Post assessment</p>	<p><b><u>Keeping Myself Safe</u></b></p> <p>Includes aspects of Relationships Education Pre-Assessment</p> <p>'Thinking' about habits</p> <p>Jay's dilemma</p> <p>Spot bullying</p> <p>Ella's diary dilemma</p> <p>Decision dilemma</p> <p>Play, like, share</p> <p>Drugs: true or false?</p> <p>Smoking: what is normal?</p> <p>Would you risk it?</p> <p>Post assessment</p>
<p><b>Spring 2</b></p> <p><b><u>Rights and Responsibilities</u></b></p> <p>Includes money/living in the wider world/environment Pre-assessment</p> <p>What's the story?</p> <p>Fact or opinion?</p> <p>Rights, responsibilities and duties</p> <p>Mo makes a difference</p> <p>Spending wisely</p> <p>Lend us a fiver!</p> <p>Local councils</p> <p>Post assessment</p>	<p><b>Summer 1</b></p> <p><b><u>Being My Best</u></b></p> <p>Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment</p> <p><u>Getting fit</u></p> <p><u>It all adds up!</u></p> <p><u>Different skills</u></p> <p><u>My school community (2)</u></p> <p><u>Independence and responsibility</u></p> <p><u>Star qualities?</u></p> <p><u>Basic first aid</u></p> <p>Post assessment</p>	<p><b>Summer 2</b></p> <p><b><u>Growing and Changing</u></b></p> <p>Includes RSE-related issues</p> <p>How are they feeling?</p> <p>Taking notice of our feelings</p> <p>Dear Hetty</p> <p>Growing up and changing bodies</p> <p>It could happen to anyone</p> <p>Help! I'm a teenager – get me out of here!</p> <p>Dear Ash</p> <p>Stop, start, stereotypes</p> <p><b>Journey In Love - RSE</b></p>

# Year 6 PSHE Overview

Autumn 1	Autumn 2	Spring 1
<p><b><u>Me and My Relationships</u></b></p> <p>Includes feelings/emotions/conflict resolution/friendships</p> <p>Pre-assessment</p> <p>Working together</p> <p>Let's negotiate</p> <p>Solve the friendship problem</p> <p>Assertiveness Skills</p> <p>Behave yourself</p> <p>Dan's day</p> <p>Don't force me</p> <p>Acting appropriately</p> <p>It's a puzzle</p> <p>Post assessment</p>	<p><b><u>Valuing Difference</u></b></p> <p>Includes British Values focus</p> <p>Pre-assessment</p> <p>OK to be different</p> <p>We have more in common than not</p> <p>Respecting differences</p> <p>Tolerance and respect for others</p> <p>Advertising friendships</p> <p>Boys will be boys? – challenging gender stereotypes</p> <p>Post assessment</p>	<p><b><u>Keeping Myself Safe</u></b></p> <p>Includes aspects of Relationships Education</p> <p>Pre-Assessment</p> <p>Think before you click!</p> <p>Traffic lights</p> <p>To share or not to share?</p> <p>Rat Pack</p> <p>What sort of drug is...?</p> <p>Drugs: it's the law!</p> <p>Alcohol: what is normal?</p> <p>Joe's story (part 1)</p> <p>Joe's story (part 2)</p> <p>Post assessment</p>
<p><b>Spring 2</b></p> <p><b><u>Rights and Responsibilities</u></b></p> <p>Includes money/living in the wider world/environment</p> <p>Pre-assessment</p> <p>Two sides to every story</p> <p>Fakebook friends</p> <p>What's it worth?</p> <p>Jobs and taxes</p> <p>Action stations!</p> <p>Project Pitch (parts 1 and 2)</p> <p>Happy shoppers</p> <p>Democracy in Britain 1 – Elections</p> <p>Democracy in Britain 2 – How (most) laws are made.</p> <p>Post assessment</p>	<p><b>Summer 1</b></p> <p><b><u>Being My Best</u></b></p> <p>Includes keeping healthy/Growth Mindset/goal setting/achievement</p> <p>Pre-Assessment</p> <p>Five Ways to Wellbeing project</p> <p><u>This will be your life!</u></p> <p><u>Our recommendations</u></p> <p><u>What's the risk? (1)</u></p> <p><u>What's the risk? (2)</u></p> <p><u>Basic first aid</u></p> <p>Post assessment</p>	<p><b>Summer 2</b></p> <p><b><u>Growing and Changing</u></b></p> <p>Includes RSE-related issues</p> <p>Helpful or unhelpful? Managing change</p> <p>I look great!</p> <p>Media manipulation</p> <p>Pressure online</p> <p>Is this normal?</p> <p>Dear Ash</p> <p>What is HIV?</p> <p><b>Journey In Love - RSE</b></p>